

NEW YORK STATE  
COLLEGIATE TRACK & FIELD CONFERENCE

2003 INDOOR  
CHAMPIONSHIPS

*HOSTED BY: ST. LAWRENCE UNIVERSITY*  
Friday and Saturday, February 28<sup>th</sup> & March 1<sup>st</sup>, 2003

**MEET SCHEDULE**

**FRIDAY, FEBRUARY 28<sup>th</sup>, 2003**

<b><u>TIME</u></b>	<b><u>FIELD EVENTS</u></b>
3:00 PM	LONG JUMP (men)
3:00	SHOT PUT (men)
3:00	HIGH JUMP (women)

5:00	LONG JUMP (women)
5:00	SHOT PUT (women)
5:00	HIGH JUMP (men)

<b><u>TIME</u></b>	<b><u>RUNNING EVENTS</u></b>
4:00 PM	55m HURDLE TRIALS (women)
4:20	55m HURDLE TRIALS (men)
4:40	400m DASH TRIALS (women)
4:55	400m DASH TRIALS (men)
5:10	55m DASH TRIALS (women)
5:25	55m DASH TRIALS (men)
5:40	DISTANCE MEDLEY RELAY SECTIONS (women)
6:00	DISTANCE MEDLEY RELAY SECTIONS (men)
6:15	200m DASH TRIALS (women)
6:35	200m DASH TRIALS (men)
6:55	5,000m RUN SECTIONS (women)
7:20	5,000m RUN SECTIONS (men)
7:40	4 x 200m RELAY SECTIONS (women)
7:55	4 x 200m RELAY SECTIONS (men)

If 18 or fewer athletes are declared in the 55m or 55m hurdles there will be only two rounds of competition in that event.

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**SATURDAY, March 1<sup>st</sup>, 2003**

<b>TIME</b>	<b>FIELD EVENTS</b>
10:00 AM	POLE VAULT (men)
10:00	35# WEIGHT (men)
10:00	TRIPLE JUMP (women)
12:00 NOON	TRIPLE JUMP (men)
12:00	20# WEIGHT (women)
12:00	POLE VAULT (women)

<b>TIME</b>	<b>RUNNING EVENTS</b>
10:00 AM	55m HURDLE SEMI (if needed) (women)
10:10	55m HURDLE SEMI (if needed) (men)
10:20	55m DASH SEMI (if needed) (women)
10:30	55m DASH SEMI (if needed) (men)
10:40	1500m RUN SECTIONS (women)
10:55	1500m RUN SECTIONS (men)
11:10	55m HURDLE FINAL (men)
11:20	55m HURDLE FINAL (women)
11:30	400m DASH FINAL (women)
11:40	400m DASH FINAL (men)
11:50	500m DASH FINAL (women)
12:10	500m DASH FINAL (men)
12:30	55m DASH FINAL (women)
12:40	55m DASH FINAL (men)
12:50	800m SECTIONS (women)
1:05	800m SECTIONS (men)
1:20	1000m SECTIONS (women)
1:35	1000m SECTIONS (men)
1:50	200m FINAL (women)
2:00	200m FINAL (men)
2:10	3000m RUN SECTIONS (women)
2:40	3000m RUN SECTIONS (men)
3:10	4 x 800m RELAY SECTIONS (women)
3:40	4 x 800m RELAY SECTIONS (men)
4:00	4 x 400m RELAY SECTIONS (women)
4:20	4 x 400m RELAY SECTIONS (men)

**Note** -Final time schedule will be based on the number of entries in each event.