

# SLU Holiday Relay Meet - 12/8/2007

## Meet Records

1	Women 4x800 Meter Relay	10:06.23	12/14/2002	- St. Lawrence A Barr, K DeAcetis, H Dwyer, M Doherty
2	Men 4x800 Meter Relay	7:57.22	12/14/2002	- St. Lawrence A Dana, A Van Nortwick, K Enwright, M Migonis
3	Women 55 Meter Dash	7.20	12/13/2003	Summer McCollum - Unattached
4	Men 55 Meter Dash	6.46	12/10/2005	Joe Reed - Oneonta
5	Women 55 Meter Hurdles	8.86	12/14/2002	Alissa Bibb - St. Lawrence
6	Men 55 Meter Hurdles	7.97	12/10/2005	Nick Perzanoski - St. Lawrence
7	Women 1600 Sprint Medley	4:26.94	12/10/2005	Rochester Institiute - RIT L Perez, L Kolceski, K Springate, T Sliker
8	Men 1600 Sprint Medley	3:39.68	12/10/2005	Nazareth - Nazareth B Wheeler, N Amorese, M Maguire, N Stenuf
9	Women 1 Mile Run	5:18.77	12/9/2006	Laura Clarke - St. Lawrence
10	Men 1 Mile Run	4:23.27	12/8/2001	Kris Enwright - St. Lawrence
11	Women 5000 Meter Run	17:37.45	12/11/2004	Jodie Schoppmann - Unattached
12	Men 5000 Meter Run	15:15.67	12/10/2005	Nate Lowe - RIT
13	Women 400 Meter Dash	57.85	12/11/2004	Ashlee Robertson - Oneonta
14	Men 400 Meter Dash	49.23	12/10/2005	Scott Pollard - Oneonta
15	Women Distance Medley	13:03.12	12/10/2005	Rochester Institiute - RIT A Gagnier, K Palermo, D Simmons, T Sliker
16	Men Distance Medley	10:26.09	12/14/2002	- St. Lawrence A Van Nortwick, S Coffin, K Enwright, M Migonis
17	Women 4x200 Meter Relay	1:48.48	12/9/2006	Oneonta - Oneonta M Verdier, M Kanterman, K Stein, J Sacca
18	Men 4x200 Meter Relay	1:31.35	12/9/2006	Plattsburgh - Plattsburgh A Hunsinger, G Sitch, M Bauer, D MacAlpine
19	Women 4x400 Meter Relay	4:24.17	12/13/2003	- Oswego D Richards, S McWilliams, A Oliver, J Kinne
20	Men 4x400 Meter Relay	3:29.50	12/10/2005	Plattsburgh State - Plattsburgh M Bauer, A Jinks, J Dobson, S Guthrie
21	Women Weight Throw	15.23m	12/13/2003	Allison Griggs - RIT
22	Men Weight Throw Follows W WT	21.69m	12/9/2006	Jesse Doty - Unattached
23	Women Shot Put Follows M WT	13.70m	12/9/2006	Alyssa Pirinelli - St. Lawrence
24	Men Shot Put Follows W SP	16.55m	12/9/2006	Josh Dupuis - Brockport
25	Women Pole Vault	3.22m	12/13/2003	Greta Elliot - St. Lawrence
26	Men Pole Vault Follows W PV	4.26m	12/13/2003	Jason Frank - St. Lawrence
27	Women High Jump Follows MHJ	1.67m	12/11/2004	Imola Major - Queens
28	Men High Jump	1.92m	12/9/2006	Andrew Krug - Plattsburgh
29	Women Long Jump	5.50m	12/14/2002	Kate De Puy - St. Lawrence
30	Men Long Jump Follows W LJ	6.73m	12/8/2001	Ohene Cornelius - St. Lawrence
31	Women Triple Jump Follows M LJ	10.81m	12/9/2006	Nicole Sosnoski - Brockport
32	Men Triple Jump Follows W TJ	14.01m	12/11/2004	Shaun Hurley - Oneonta