Memorable Events

July
HEOP Read more on page 3

August 23-24
Canton Community Pre-Trip focused on exposure to the North Country and CCE programming Read more on page 6

October 6
3rd Annual Shawna’s Walk for Wishes raised over $10,000 for Make a Wish® Read more on page 2

November
Festival of Community Based Learning over 300 students presented CBL experiences Read more on page 4-5

March 22
Ogdensburg Boys & Girls Club recognized the CBL Program for the continued support through CBL student placements Read more on page 7

April 5
Relay for Life at SUNY Potsdam was well attended by SLU students Read more on page 6

April 7
Sunday Funday organized by Leadership FYS and promoted fun and healthy living through physical and educational activities Read more on page 6

April 13
Kick it for Claire Zumbathon® raised over $6,500 to help find a cure for Cystic Fibrosis Read more in article to the right

Kick it for a Cause!

After the success of the Kick It for Krissy Zumbathon® in 2012, organized by a SLU Community Based Learning student Madison Wilcox ’14; The Center for Civic Engagement hosted the second annual “Kick It For A Cause” event on Saturday, April 13th. This year Claire, a 2 year old with Cystic Fibrosis from Norwood, was honored and $6,550 was raised for the Cystic Fibrosis Foundation.

Kick It For Claire was planned and organized by the Community Mentor staff of the CCE. Madison joined the staff this year and along with Anna Manning ’15, served as CCE Event Coordinators and were the liaisons for the Kick It event. There was lots of Zumba®, a silent auction and raffle, a 50/50 raffle and lots of groups on campus who volunteered with kids activities. Along with the CCE, other sponsors included the SLU Thelomathesian Society, Student Life, Cornerstone Services, the Bears Den and MANY local businesses and residents who donated raffle/auction items. Also to be thanked is SLU Facilities, Dining Services, Athletics and Information Technology.

The CCE would like to thank all the volunteers and participants for coming out and making this event a huge success. Groups who volunteered included CCE Community Mentors, SLU Democrats, Volleyball and Swim Teams, Circle K, Omicron Delta Kappa, Male Athletes Against Sexual Violence, Alpha Tau Omega, Beta Theta Pi, Kappa Kappa Gamma, Delta Delta Delta, Chi Omega, Kappa Delta Sigma, SLU Men’s Hockey Team, SUNY Potsdam Women’s Hockey Team and SUNY Potsdam Arethusa.

Stay tuned for next year’s cause!

SAVE THIS DATE!

The fourth annual Shawna’s Walk for Wishes will be on Saturday, September 21

Story on Page 2
A Word From the Director

After a brief hiatus, we’re pleased to be offering our newsletter again, now called “Civic Engager”. As we bring to close another academic year, we’re excited to share this year’s accomplishments at the Center for Civic Engagement (CCE).

This year we hired 19 Community Mentors (CMs) to oversee the many campus-community partnerships and CBL students. In addition to managing CBL logistics, the CMs were instrumental in the success of our two major service events. Since its inception, the Community Mentor applicant pool has been largely female. In an effort to diversify the experience, one goal for the upcoming year is to increase male participation in the program.

Over the course of the year, we offered 21 courses and 19 independent studies, putting 381 students in the community for a total of 8,637 hours. This year we saw an increase in the number of students taking two courses with CBL in their first year at SLU; this is in large part due to our collaboration with the First Year Program. At the end of the day, we wouldn’t be able to do a large part of our programming without the Faculty that teach the many courses with CBL and the Community Partners that continue to welcome our students. Each semester, we worked with approximately 25 Community Agencies/Organizations including our work at Akwesasne, NY. With much appreciation, thank you for your continued support of the CBL Program. Beginning in the Fall of 2013, the CCE will be offering a series of Community Based Learning Roundtables made possible by an Innovation Grant through the President’s Office.

Finally, I’d like to welcome Ms. Alexandra (Alie) Sarhanis to the CCE. Alie joined the University this Spring as the “Community Coordinator” for both the Sustainability Semester and the CCE. In her work at the CCE, Alie will oversee the Community Mentor Program and work with a select group of Community Partners.

Best,

Brenda Papineau

3rd Annual Shawna’s Walk for Wishes

With fundraising efforts from both the local community, as well as many students from local schools and colleges, the 3rd Annual Shawna’s Walk for Wishes was a HUGE success. Through this effort $10,000 was raised and at least one wish will be granted to a child in St. Lawrence County with a life threatening medical condition. To date, Shawna’s Walk has raised over $32,000 for Make A Wish and has granted two wishes to St. Lawrence County children. Thank you to over 180 individuals, both students and community member who raised money and have helped Shawna make wishes come true.

Thank you to Taylor Capuano ’14 and Anna Manning ‘15, who assisted in planning and coordinating this event, along with the entire Community Mentor staff. They were both amazing in organizing the volunteers, with the fundraising and many of the logistics. To Chi Omega, KDS, Circle K and other SLU students who volunteered the entire day on Saturday...THANK YOU!

High Team Fundraisers:
$750+ Make it Happen and Let There Be Wishes
$500+ Norwood-Norfolk Central School Student Athletes, Grace Covenant Church, Team Ollie

Thank you to our sponsors:

4th Annual Shawna’s Walk for Wishes: Saturday, September 21st!
Keep updated on Facebook: https://www.facebook.com/events/522744931120038/
Courtney Fogarty serves as the Community Partner of the Campus Kitchens Program here at St. Lawrence. Courtney’s passion and dedication toward the program is influential and truly an inspiration to fellow students to burst the “St. Lawrence bubble” and become more involved within the surrounding community in the North Country. As a student, she majors in English Writing and Sociology. Courtney states that she is able to balance as a double major student along with her CKP responsibilities, even though she says it is not without difficulty.

In her hometown, Pepperell, MA, Courtney first found her interest in serving the community through her family; especially from her mother, by volunteering at local food banks, soup kitchens, half-way houses, etc. On campus, Courtney was introduced to Campus Kitchens through SLUWire when she was a freshman. Starting as a simple dishwasher, she began to develop within the program by taking initiative to contribute to the menu. Courtney enjoyed being creative with the food donated from Dana and Price Chopper. She looks forward to solving the mystery of how to combine the ingredients to make a complete dish.

Courtney’s attention and spirit at Campus Kitchens quickly moved her into a leadership position. She began to work with the CBL program and the students placed with CKP to support them in helping to make a difference in the local community. After college Courtney plans to keep up her interest in service work. This summer she will be interning at the US Department of Justice where she will be connecting with the community through governmental institutions. Eventually, Courtney dreams of writing professionally. Great job Courtney! The CCE thanks you for being so faithful to the Campus Kitchens mission- we spotlight you!

Cooper Thompson, a senior at St. Lawrence University, started his college career volunteering at the Ogdensburg Boys and Girls Club his freshman year, but he didn’t just complete the 15 hours and never look back. Inspired by the passion of his FYP professors, Jenny Hansen and Liz Regosin, Cooper decided to continue volunteering at the Boys and Girls Club even after his CBL ended. When asked why he volunteers and how he keeps himself motivated, Cooper says that it was his parents who instilled in him the value of volunteering and helping others. “I am lucky to be where I am today; I had some tremendous influences that have all helped me a great deal and it’s kind of like a circle; now that I am in the position to serve as a mentor, I am able to use the wisdom passed down by others and hopefully have a meaningful lasting impact on others.” In addition, Cooper believes that volunteering is a great learning experience that drives him to want to make a positive change in the world. He says, “On a personal level, I volunteer because there is a lot of hardship in the world. There are a lot of people that need a bit of guidance or just encouragement and someone to say, “yes you can.” To give this some perspective, at the Boys and Girls Club the majority of the kids cannot afford the $5 annual fee for membership; though it is easy to just remain isolated in our bubble here at SLU, Cooper believes that there is really no better time to volunteer than as a student. Great job Cooper! The CCE thanks you for your dedication to the local community– we spotlight you!

Since the summer of 2009, the Higher Education Opportunity Program (HEOP) has been collaborating with the CCE to get their Pre-First Year students engaged in service at the start of their collegiate careers. To date, approximately 70 students have participated in this “snapshot” experience of CBL; an academic experience within the CCE. For four weeks during the summer program, students work with the NYSARC Fitness program; a campus-community partnership that brings clients from NYSARC to the SLU campus to engage in physical activities. HEOP Associate Director, Erin Colvin, had this to say about the collaboration, “As we always say to our incoming class; HEOP at SLU is special, and it begins in the summer, you will see.” Ms. Colvin further states that, “It is sometimes hard to put into words what we mean by ‘special,’ but the HEOP/CBL connection we make in the summer is a huge part of that. Across the state, opportunity programs give a day of service, but HEOP at SLU goes beyond giving a day, we give four weeks and build in readings and discussions that help build a foundation that continues well beyond their Pre-First Year summer experience and through their four years.”
Serving the Community While Serving Ourselves

Christian Hout, Colton Ransom, Caroline Crandall, Emily DePoy

Introduction
Campus Kitchens Project is an organization that provides a free repurposed meal from Dana dining hall. This meal is provided every Monday at the Unitarian Church in downtown Canton, NY.

What is Campus Kitchens Project?
- National organization (33 schools)
- Repurpose food from cafeterias
- Brought to SLU by a student who applied for a grant for a Senior Project
- Helps to meet the nutritional needs of the community
- Strong relationship between student volunteers and the community

What we do at our CBL
Our role is to prepare a three course meal and serve it to Canton community members. While serving, we also engaged with the community and gained insight into their lives.

Connection to American Foodways
The meals that we provide to the patrons at our CBL are representative of a typical American three course dinner including:
- salad
- main course: meat, grain, vegetable
- dessert

What we took from Campus Kitchens Project
- Provided an opportunity to discover the lifestyle of the Canton community, while simultaneously preventing leftover food from going to waste
- Knowing that our work is benefiting the Canton public was very rewarding

Education and Agriculture at the Cornell Cooperative

By Scott Smolensky, Matt Farkas, Austin Meng, and Connor Wells at St. Lawrence University Canton, New York

Mission Statement: To provide unbiased, educational outreach to the North Country through research, education and demonstration in Food and Agricultural Systems, Life Skills, Community Engagement, Rural Stewardship, and Youth Development

Responsibilities:
- Maple Sugaring
- Setting up tree-tapping network
- Gathering sap
- Making maple syrup
- General upkeep of the farm, grinding, cleaning
- Working with sheep and other livestock

Education
- Experience in maple-sugaring process first hand
- Gained an understanding for how much work it takes to make maple syrup
- Got to taste home some of the maple syrup we helped make

Agriculture
- Community based learning is designed to be mutually beneficial
- "Volunteering" at a placement benefits the placement while educating the volunteer
- The various types of community-based learning
- How to apply what is learned in the classroom
- Reflections and leadership qualities and their application to our placement

From CBL 101
- "Social change agents are themselves not as successful who help or fix others, but as fellow members of a community working to make it better." (Harriess and Wagner, 38)

Special Thanks
- Community Ambassadors
- Charlie Kishman and Amy Fend
- Community Based Learning Staff
- Terrence Argue and Jude Johnson
- CBL Educator
- Sara McCallie

Sources

Favorite Aspects of the Program
- Application of the curriculum we designed
- Overall stress reducing property of the farm
- Understanding the process of maple sugaring
- Getting better grasp on the factors that affect an agricultural community
- Observing the sense of community between farmers

Education and Agriculture at the Cornell Cooperative Extension
Route 68 Canton, New York 13617-9132
http://www.cceslc.com/
Festival of CBL
SUNDAY FUNDAY
Building a Bridge Between SLU and the Local Community

Community Based Learning students from Deshaya Williams and Kelly Curtis’ First Year Seminar course Leadership in Action held a SUNDAY FUNDAY. The purpose of this event was to promote fun and healthy living through physical and educational activities, while building a bridge between St. Lawrence University and the local community. Over 80 local children attended and participated in events that included face-painting, musical chairs, tie-dying, dizzy bat, crab soccer, trail mix making, tug-o-war, parachute game and army crawl. The event was free to children ages 5-12. The children were paired up with a SLU student “buddy” and escorted around the events. Adults were able to either participate with their children or watch from the sideline.

First Year Student Organizers: Daniel Alexander, Travis Clark, Manny Collins, Rebecca Doser, Janelle Fredericks, Timothy Gavin, Nyesha Hanna-Wornum, Chris Hyde, Alimamy Kabia, Scott Kasson, Katherine Kolber, Bart Mackey, Tom Nunez, Lauren Quattrocchi, Catherine Rosen, Danielle Scanlon, Marisa Turner, Molly Underhill and Kyan Vasquez.

This event is made possible through the hard work of CBL students and funds from the Center for Civic Engagement and the Thelomathesian Society.

Canton Community Pre-Orientation Trip Fall 2012

This past Fall the Center for Civic Engagement and the Canton Ambassadors collaborated to offer a pre-orientation trip opportunity to help familiarize new students with the town of Canton; in an effort for them to become more aware of the community outside of St. Lawrence. Students spent time giving back to the community through service work at Heritage Park in Canton. Students also participated in a scavenger hunt that took them to Morgan’s Ice Cream, Josie’s Pizzeria, American Theatre and other favorite spots. Student leaders led 5 freshmen and shared their knowledge on how their time at SLU was enhanced through different forms of community engagement. The CCE will host another pre-trip this fall with the incoming class of 2017.

Relay for Life at SUNY Potsdam

On April 5th, Relay for Life took place at SUNY Potsdam in the Maxcy Field House. There was an overwhelming turnout from the SUNY Potsdam students, but St. Lawrence students of different classes and social groups made it over to support the fight against cancer. The Center for Civic Engagement represented St. Lawrence with their Team “SLUperman”, in spirit of the Super Hero theme of the event. In addition, the sisters of Kappa Delta Sigma attended the event, with at least one sister on the track all night. The most overwhelming turnout at Relay in Potsdam was from team “The Behr Necessities”, in support of their fellow student and friend Elaina Behringer. Dressed in their navy and green tanks, the group of SLU students dominated the field house, bringing so much enthusiasm to the environment. Among the activities that night were performances by the SUNY Potsdam dance team and martial arts club, a Luminaria Ceremony, and a Fight Back Ceremony. SLU student Alex Spencer said, “It was amazing to see students from all different schools and all different backgrounds come together for the same cause, there was so much energy in the field house that night”. Relay for Life is an annual event in the North Country, and the CCE looks forward to representing the University again next year.
SPECIAL RECOGNITION

Alex Fredette
Class of 2014

Award: Excellence in Community Based Learning

“Rather than being a passive volunteer waiting to be called upon, Alex sought out ways that he could contribute positively to the work of Maplewood. Most importantly, for the purpose of this award, Alex used what he was learning in our class about the functioning of institutional systems and psychological sense of community to inform how he approached his work and the staff at Maplewood.”

Mia Thomas
Class of 2016

Award: Excellence in Community Based Learning

“It’s not just that Mia thoroughly enjoyed the experience, she thoughtfully enjoyed the experience. Mia was one of the students who fulfilled her obligations with high marks for participation, and in the work she translated from CBL to Reiff, she made explicit an interesting connections to leadership and the mission of the farm (Bittersweet).”

Katie Kraunelis
Class of 2015

Award: Community Mentor Special Recognition

For her amazing ability to manage over thirty placements in her first term as a CM and for her outstanding artistic ability that has helped the CCE shine over the past year.

Elizabeth Bastien
Class of 2015

Award: Community Mentor Special Recognition

For her work with NYSARC Fitness and in her ability to forge strong relationships with Community Partners, faculty and students; as well as her willingness to always lend a helping hand to a fellow CM in need.

Taylor Capuano
Class of 2014

Award: Community Mentor Special Recognition

For her tireless efforts in serving as a CM for the Ogdensburg Boys and Girls Club and in planning and organizing events for the CCE to include the 3rd Annual Shawna’s Walk for Wishes that raised over $10,000.

Stemler Civic Engagement Award: Named for founder Lauren Elizabeth Stemler ’12, this award was created to recognize students that have gone above and beyond to be actively engaged both on and off campus. Service was deeply engrained in Lauren’s experience at St. Lawrence University and helped her realize how much she loved being a Laurentian and a member of the North Country. Lauren decided to create the Stemler Civic Engagement Award in May 2012 shortly after her own graduation as a meaningful way to give back to the institution that gave her so much.

Elizabeth Bastien
Class of 2015

Award: Stemler Civic Engagement Award

In her letter of nomination: “Having her at Banford has made my job easier and less stressful; she is 100% trustworthy, organized and professional. I can count on her without reservation! She has proven herself time and time again. To top it off, she is punctual, prepared and full of fun loving ideas and excitement.”

Danielle McBride
Class of 2014

Award: Excellence in Community Based Learning

In her letter of nomination: “Upon getting to know her through working with her in a CA role, I truly believe that nearly everything she does is in part motivated by a deep and clear need to assist others. She genuinely expresses an intrinsic nature of caring and compassion for all, and consistently displays this in her co-curricular involvement on campus.”

CBL Receives Community Award

As a result of many successful semesters and numerous SLU students engaging in service work at the Ogdensburg Boys and Girls Club (OBGC); the CCE was chosen as a honoree at this year’s OBGC Annual Expo, a major fundraiser, held from March 22nd-24th, 2013 in Ogdensburg, N.Y. Since 2005, the CCE has been sending students to the OBGC to assist with various programming efforts. Students can choose to help out in the gym, computer lab, kitchen, and can be found helping with homework. Along with the Director of CBL Partnerships, Brenda Papineau and their Community Mentor, Alex Spencer, the following students were present to accept the award: Emily Balter, Hannah Harper, Herve Mudahakana, Paul Piatelli and Peter Vredenburgh.
Fall 2013 Events

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<tr>
<th>Date</th>
<th>Event</th>
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<tr>
<td>Jul 2-Aug 1</td>
<td>HEOP Summer CBL Session</td>
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<tr>
<td>Aug 23-25</td>
<td>Canton Community Pre-Trip</td>
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<tr>
<td>Sept 14</td>
<td>Autism Awareness Walk sponsored by NYSARC</td>
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<tr>
<td>Sept 21</td>
<td>4th Annual Shawna’s Walk for Wishes</td>
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<tr>
<td>Oct 6</td>
<td>Habitat Walk sponsored by Racquette Valley Habitat for Humanity</td>
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<tr>
<td>Dec 10-12</td>
<td>Festival of CBL</td>
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Stay tuned for these Fall events...

Community Partner Roundtable

4 College Student Leadership Conference

Service Opportunity

VISTA members commit to serve full-time for a year at a nonprofit organization or local government agency, working to fight illiteracy, improve health services, create businesses, strengthen community groups and much more.

Website
www.americorps.gov/about/programs/vista.asp

CCE Staff

Brenda Papineau  
Director, CBL Partnerships  
Email: bpapineau@stlawu.edu  
Phone: 315-229-5255

Liz Regosin  
Senior Faculty Associate  
Professor, History, Piskor Hall 115  
Email: eregosin@stlawu.edu  
Phone: 315-229-5961

Julie Johnson  
Chief Clerk: Office Manager/Event Coordinator  
Email: jjohnson@stlawu.edu  
Phone: 315-229-5095

Faculty Associates

Frex Exoo, Government Department
Samantha Glazier, Chemistry Department
Paul Graham, English Department
Jennifer Hansen, Philosophy Department
Kara McLuckie, First Year Program
Cheryl Stuntz, Psychology Department

Alexandra Sarhanis  
Community Coordinator  
Email: asarhanis@stlawu.edu  
Phone: 315-244-8310

Community Mentors 12-13
Lizzie Bastien ’15  
Ben Breckenridge ’14  
Taylor Capuano ’14 (Abroad Sp’13)  
Liz Choiniere ’13  
Kelsey Colpitts ’15  
Caroline Fleischauer ’15  
Olympia Gioulekas ’15  
Julia Hall ’14 (Abroad Sp’13)  
Meg Herlihy ’13  
Alex King ’15 (Abroad Fa’13)  
Katie Kraunelis ’15  
Renee Lavigne ’14 (Abroad Fa’12)

Community Mentors 13-14
Anna Manning ’15  
Alie Miuta ’14 (Abroad 12-13)  
Marie Northrup ’15  
Molly Plunkett ’14 (Abroad Fa’12)  
Paxton Rountree-Jablin ’15  
Alex Spencer ’15  
Kayla Twardzik ’13  
Madison Wilcox ’14

New Community Mentors 13-14
Sophie Owen-Jankowski ’14  
Lexie Vining ’16  
Marissa Traver ’14

Fall 2013 Courses

AFS/ANTH/ENVS 255A Environmental Perceptions & Indigenous Knowledge  
Celia Nyamweru

CBL 100A Introduction to Civic Engagement  
Kara McLuckie

CBL/HIST 247B SPTP Doing Public History  
Judith DeGroat

PCA 344A Children’s Theatre  
Ann Marie Gardinier Halstead

SOC 224A Family, Community and Globalization  
Karen Dillon O’Neil

FRPG 187A Brown College - Making a Difference: The Role of Active Citizenship in a Democracy

FRPG 187N Priest College - Deconstructing Apocalyptic Narratives
