Career preparation is available to St. Lawrence students through coursework, advising, workshops and experiential learning beyond campus. That’s not new, but a lot of specific offerings are.

“We’re creating a culture of earlier career engagement and mindfulness for what comes after St. Lawrence,” says Geoff Falen, director of career connections. Here are some of the many opportunities to support professional growth, regardless of class year:

**Career Connections Internship Course** Worth a quarter credit, accompanying internships lasting six weeks or 50 hours. Students outline objectives, log observations and write a final reflection paper.

“The reflection paper was a perfect way to summarize what I completed at the Geothermal Technologies Office in the U.S. Department of Energy. Taking a step back and analyzing an experience is an important life skill.”

— Eric Lustgarten ’14

**Business Case Study Course** A half-credit course that takes “a liberal arts approach to analyzing problems in business,” explains Falen. The course culminates in the Case Study Competition judged by a panel of alumni, parents and friends in business.

“I learned that creativity and critical thinking are as important as accounting and finance to run a successful business.”

— Andy Chan ’14

**Shipley Center for Innovation** St. Lawrence partners with this Clarkson University-based program for students to explore entrepreneurial ideas.

“My Shipley advisor provided the tools to develop my clothing brand, Helm Apparel. We created a business plan to determine target demographics, revenue streams, anticipated costs, and more. I’ve learned time management, communication, networking, perseverance and the skills to start a company.”

— Jemell Senior ’15

**Laurentians Investing in Networking and Careers (LINC)** Connects first-years and sophomores with alumni to guide their professional growth. Mentorships, from October to May, involve monthly meetings and a visit to the mentor’s workplace. (Continued on Page 2)
CAREER PREP
(CONTINUED FROM PAGE 1)

“We’re creating a culture of earlier career engagement and mindfulness for what comes after St. Lawrence.”
– Geoff Falen

If That’s Not Enough for You...

Sophomore Career Boot Camp covers foundational career skills and networking opportunities

Shadow-A-Saint lets students shadow a Laurentian professionally for one to seven days

Networking Events are hosted throughout the academic year in Boston, New York City and Washington, D.C.

Laurentians in Residence brings successful alumni, parents and friends to visit classrooms, present as a panel and conduct informational interviews

Career Services Workshops:
• Searching for / acquiring internships
• Writing resumes and CVs
• Successful interviewing
• Financing Your Future
• Graduate School Series

COMING RIGHT UP!
FAMILY WEEKEND, SEPT. 26-28!

POSTER PRESENTATIONS / ART EXHIBITIONS
SPORTS / PERFORMANCES

FOR DETAILS, VISIT WWW.STLAWU.EDU/STUDENT-ACTIVITIES-AND-LEADERSHIP/FAMILY-WEEKEND.

“We took tests to show our personalities, preferences, strengths and weaknesses, which could guide us to specific fields. You learn a lot about yourself and careers that you may never have thought of.”
– Kristin Heidt ’17

Charting Your Career Path
A five-week non-credit course for second-semester first-years and first-semester sophomores, designed to guide major declaration.

SLU Connect D.C. Beginning in January, upperclass students interested in careers in Washington, D.C., may spend a week at workshops, site-visits and shadows with alumni. Carleen Pallante, associate director of career services, says that D.C. is “an ideal site for networking on a personal level.”

The Career Connections and Career Services staffs collaborate to ensure the most comprehensive guidance for students. Falen also affirms that parents are “valuable partners.”

Join the St. Lawrence LinkedIn Group and follow Career Services on Twitter @SLUCareers for consistent updates.

“Deena McCullough, President of Northern Insuring, came to campus a few times for our monthly meeting. Over Winter Break I spent two days at her office attending meetings and doing daily tasks. I feel like I’ve truly gained a mentor.”
– Olivia Kolb ’16
Your Family Weekend experience will reveal to you, in greater measure than you may have imagined, why our Alumni Council has adopted the motto “Laurentian for Life.” The Laurentian crest imprints permanently on all who join our community, an imprint that connects students and alumni with each other and with the University in resilient and precious bonds.

Laurentians for Life are faculty who motivate, staff who care, alumni who assist, and neighbors who appreciate. We do everything we can to encourage students to tap their full potential as they embrace the natural environment, engage with global challenges, and experience the relevance and adventure of a liberal arts education in a complex and changing world. We do this from the day we send that cherished acceptance letter, and we never stop.

Come to Family Weekend and see for yourself why St. Lawrence inspires such loyalty. You’ll meet the people to whom you have entrusted your son’s or daughter’s education, the people who will stand alongside, cheering and helping at every step, the people who declare themselves Laurentians for Life. When you hear this from your own student, you’ll know exactly what we mean.

— President William L. Fox ’75
President

All three main articles in this newsletter were written last spring by the students in English 409, Internships in Communications – just another example of an internship (this one for academic credit) that St. Lawrence offers its students.

SO WHO ARE THESE WRITERS, ANYWAY?

KEEP UP WITH THE LATEST FROM ST. LAWRENCE!

FACEBOOK.COM/STLAWRENCEU | TWITTER.COM/STLAWRENCEU
YOUTUBE.COM/STLAWRENCEU | INSTAGRAM.COM/STLAWRENCEU

Introducing our student-run Instagram account, featuring a new student’s St. Lawrence experience each week!

instagram.com/herewegosaints
“The new Quad lets students reinvent part of campus and create new traditions,” says Thelomathesian Society (Thelmo) President Kelly Appenzeller ’15. Renovations to the “green space” have enhanced the landscaping, leveled a 19-foot slope, created a terraced area leading up to the chapel, and added nearly 8,000 square feet to the Quad.

As a recreational area, the Quad is St. Lawrence’s traditional Ultimate Frisbee field. What people don’t see are the 24 geothermal wells driven 450 feet below the surface, for heating and cooling the new residence hall that borders it. Mariah Dignam ’16, the environmental conservation chair of Thelmo, says, “This is an awesome step in the right direction. I look forward to the University’s future innovations to ensure we have a long-term sustainable campus.”

This is an awesome step in the right direction. I look forward to the University’s future innovations to ensure we have a long-term sustainable campus.

– Mariah Dignam ’16

The Quad renovations and new residence hall have rejuvenated the northern end of campus. Christopher Hyde ’16 says, “I love eating at the open-air café.” The residence hall was built to alleviate the housing crunch brought on by a gradual increase of enrollment. The approximately 155-bed building has allowed the University to convert lounge spaces back into common areas throughout campus; and “whether it’s a beautiful or rainy day, the glass walkways have allowed us to embrace the views of the Quad, the arts walkway and the chapel,” says Molly Manning ’16.

With the renovation, the Quad is even more a place of prominence on campus. Says President of the Ultimate Frisbee team Eric Jameson ’14, “I look forward to coming back as an alumnus and playing on what could be the best green space in the North Country.”

Want to support the residence hall and/or Quad projects?

Please contact Tom Pynchon, Vice President for University Advancement, tpynchon@stlawu.edu or 315-229-5583.
Not all recent changes at St. Lawrence are as visible as the new residence hall and renovated Quad. We talked to Lorie MacKenzie in the Registrar’s office about the new registration system and the new spring semester schedule.

• What is new with class registration?
“APR 2.0” is a real-time registration system; students are notified immediately upon registering for a class. Students can access the program from any device with Internet. Each class section gives the student live updates of available seats. On the old batch system, students submitted requests, then waited four hours for them to be processed during the scheduled registration times.

• What are the benefits of APR 2.0?
The biggest benefit for students is planning: at any point, students can view what requirements they have fulfilled, both for general education and for major/minor requirements, and what they still have to complete. There is also the option to click “Try Another Program,” which shows a student’s progress in another major. The course catalog is available on APR 2.0, along with a calendar for students to plan future semesters.

• What if a student is abroad or without Internet access?
Students submit proxy forms, and a proxy registers the student during the registration period.

• What is the ultimate goal of APR 2.0?
We want to increase student satisfaction, and make registration equitable to everyone.

To learn more, visit: www.stlawu.edu/apr2.

• What is new about the spring semester schedule?
The spring semester will now be similar to fall: classes will start on a Wednesday, there will be a short (four-day) mid-semester break in February, and Spring Break will happen later in the semester.

• There is a new event on the spring calendar: Festival Day. What is it?
It is a day without classes so everyone can celebrate undergraduate scholarly and creative work through the Festivals of Science and Creativity. Festival Day is Friday before Moving-Up Day in late April.

To learn more, visit: www.stlawu.edu/academic-calendars.

Q&A: NEW REGISTRATION SYSTEM, NEW SPRING CALENDAR

By Tori Bean ’14

GO TO THE GAME! (STAY HOME, TOO)
Join the virtual crowd at St. Lawrence games. The Department of Athletics is webcasting more than 100 home sports contests this year. These games are shown in HD and are free!
To access the broadcasts, simply go to saintsathletics.com/broadcasts and click on the sport you’d like to watch.

Interested in learning more about St. Lawrence and how you can have a positive impact on your child’s college experience?

JOIN THE PARENTS COMMITTEE!
Connect with a Parents Committee member in your area by visiting:

www.stlawu.edu/parents/parents-committee-membership
Important Dates Fall 2014 - Spring 2015
www.stlawu.edu/academic-calendars

FALL SEMESTER 2014

September
26-28 Family Weekend!

October
9-10 Mid-semester Break

November
22-30 Thanksgiving Recess

December
11 Classes end
19 Final Exams end

SPRING SEMESTER 2015

January
14 Classes begin

February
12-13 Mid-semester Break

March
14-22 Spring Break

April
24 Festival Day
25 Moving-Up Day

May
1 Classes end
9 Final Exams end
17 Commencement!

This calendar is subject to revision by the University.