Aging Through the Eyes of Vic and Alice
By: Kim Weinberg

What I Do:
Every Wednesday I spend a significant amount of time with an older couple at Partridge Knoll. We do everything from playing cards and counting pennies to reminiscing about “the good ole days”. I read articles from WWII to Vic and we talk about the latest political issues. Vic and Alice can’t drive anymore so we also like to go on adventure to Subway and Long John Silver’s when the weather is “permitting”.

What They have taught me:
• To appreciate the small things in life like vacations to Maine and Cape Cod because one day you won’t be able to drive and the vacations won't happen as often as they used to.
• To be able to laugh at yourself
• Value the time you have with family now because one day they may be across the country
• It’s so easy to have fun even without technology
• Love and thoughtfulness are wonderful things
• And a whole lot about aging!

Related to Sociology
• Social security and pension
  ▪ Vic gets a $2,500 pension check each month
  ▪ Both receive S.S. However, Vic’s is larger
• Medicare and Medicaid
  ▪ Alice is always complaining about Medicare
  ▪ Sends and charges them for things they don’t really need.
  ▪ Aren’t allowed to send things back
  ▪ At least three phone calls a day related to Medicare.
• Types of living communities
  ▪ Partridge Knoll is an independent living community
  ▪ They do not accept Medicaid and Vic and Alice's rent is $2,771 a month
  ▪ They do not have nurses or doctors
  ▪ Some services like laundry, light housekeeping and an optional shared meal once a day
  ▪ There are all sorts of activities for the residents at Partridge Knoll
• Gerotranscendence
  ▪ Talk about the MG’s Vic you used to drive
  ▪ Maine
  ▪ Grocery store days
  ▪ Clinton and Cherry Valley

Aging In the Future:
• College round two
• Private and public
• Classes and electives
• Sports teams
• Activities
• Dorms/assisted living
• Financial aid and merit scholarships