Campus Kitchens Project
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What We Do
- We serve a dinner each Monday at the Canton Unitarian Universalist Church from 5-7
- Around 30 people are served each week
- The meal is balanced with salad, a type of meat, a vegetable and a dessert
- The food is donated by local businesses and Dana Dining Hall
- Community members enjoy socializing with each other as well as with the volunteers

The Mission
The mission of the Campus Kitchens Project is to:
- **Strengthen Bodies** by using existing resources to provide nutritional meals to the community
- **Empower Minds** by providing leadership and service opportunities to students
- **Build Communities** by strengthening connections between community members and St. Lawrence University students

Connections to FYS
- Improving problems with rural access to food and food justice
- Reducing food waste from the University by re-constituting Dana’s left overs
- Helping with food insecurity
- Educating about healthy and well balanced meals
- Connecting local farmers to the greater Canton community
- Building community through a “slow food” approach to the meal

Quick Facts
- Campus Kitchens is a national organization with chapters at 34 schools around the country
- This year, the organization:
  - Recovered 751,898 thousand pounds of food
  - Prepared 280,969 nutritious meals
  - 5,434 student volunteers have dedicated 77,118 volunteer hours to the organization