**Mission Statement:** To provide a day that promotes fun and healthy living through physical and educational activities while building a bridge between St. Lawrence and the local community.

**Our Event:**
Sunday Funday is a field day type of event where we plan to provide many activities and stations including sports and arts and crafts in order to give back to the local schools.

“Good PE programs provide the structure and discipline that young people need to perform in school effectively, make positive choices in their lives, persevere to see a project through to the end, and earn the respect of their peers” (Kelso).

**Importance of Physical Education:**
- Improves physical fitness
- Regulates physical activity
- Self-discipline
- Improved self-confidence and self-esteem
  — (National Association for Sport and Physical Education)

**Budget Cuts in Canton Schools:**
The budget cuts in the North Country are our main motivation for this event. These cuts will affect the extracurricular activities most including the arts and sports programs throughout the schools in this area. The schools are currently facing a budget gap of $2.4 million (Canton Central School District Newsletter).

**Advertising Team:**
My job was to help spread the word about the event to the local community as well as the student body at St. Lawrence. We made flyers that are easy to understand in order to appeal to the children and their families so that they will be eager to attend our event.

“Involve in the arts is associated with gains in math, reading, cognitive ability, critical thinking, and verbal skill” (Smith).

**Leading the Way to Sunday Funday**

**Importance of Arts in Elementary Education:**
- Encourages creativity
- Improves student connections
- Reduces student dropouts
- Promotes understanding and sharing of cultures (Bryant)
- Promotes social skills that enhances awareness of others (Bryant)
- Improves learning throughout all academic areas (Bryant)

**Development as a Leader:**
Planning and running this event has helped me to improve my leadership qualities of:
- Commitment
- Communication
- Responsibility
- Patience

— Dani Scanlon

By Dani Scanlon  Leadership in Action FYS