Introduction
I am a student on the Sustainability Semester, which is a new off-campus program featuring an intensive study of what it means to live “sustainably” in the face of today’s pressing environmental issues. To fulfill the CBL component of this semester, I was partnered with Aviva Gold, the executive director of GardenShare, because of my interest in food justice and non-profit work.

What is GardenShare?
GardenShare is a non-profit based in Canton, NY that seeks “to build a North Country where all of us have enough to eat and enough to share – where our food choices are healthy for us, our communities, and for the environment.”

Projects
• Researched the benefits and feasibility of forming a Food Policy Council in St. Lawrence Country
• Assisted in creating a presentation to the Canton Village Board on Food Policy Councils
• Compiled a list of resources available to North Country Children lacking sufficient nutrition outside of school meals

Outcomes
• Enriched understanding of North Country food security issues
• Gained experience writing for a non-academic audience
• Enhanced knowledge of non-profit functions and challenges

Conclusion
My time with GardenShare has opened my eyes to just how impactful community and non-profit initiatives can be. I have also gained a more thorough understanding of the role of non-profits in achieving sustainability-oriented goals.