

ACCEPTED OVER-THE-COUNTER ITEMS

Over-the-counter drugs that have been determined to be for medical purposes only.

Antiseptics

Antiseptic wash or ointment for cuts or scrapes
Benzocaine swabs
Boric acid powder
First aid wipes - creams
Hydrogen peroxide
Iodine tincture
Rubbing alcohol

Asthma Medications

Bronchodilator/Expectorant tablets
Bronchial asthma inhalers

Cold, Flu and Allergy Medications

Allergy medications
Cold relief syrup - tablets
Cough drops - syrup
Flu relief tablets or liquid
Medicated chest rub
Nasal decongestant inhaler, spray or drops
Nasal strips to improve congestion
Sinus & allergy nasal spray
Sinus medications
Vapor patch cough suppressant

Diabetes

Diabetic lancets
Diabetic supplies
Diabetic test strips
Glucose meters

Ear/Eye Care

Contact lens solutions
Ear drops for swimmers
Ear wax removal drops
Eye drops
Reading glasses

Health Aids

Antifungal treatments
Calamine lotion
Condoms
Diuretics and water pills
Hemorrhoid suppositories – creams
Incontinence supplies
Medicated bandages – gauze pads
Motion sickness tablets
Sleeping aids

Stomach Care

Acid reducers
Antacid products
Anti-diarrhea medications
Gas relief drops for infants/children
Ipecac syrup
Laxatives
Pinworm treatment
Upset stomach medications

Pain Relief

Arthritis, joint/muscle pain reliever
Bunion and blister treatments
Carpal tunnel wrist supports
Menstrual care products for pain and cramping
Oragel
Pain relievers, aspirin & non-aspirin
Sunburn ointment - cream
Throat pain medications

Personal Test Kits

Cholesterol tests
Colorectal cancer screening tests
Ovulation indicators
Pregnancy tests

Skin Care

Anti-itch lotion
Bunion and blister treatments
Cold sore / fever blister medications
Corn and callus removal medications
Diaper rash ointment
Eczema cream
Lice removal product
Wart removal medications

EXCLUDED OVER-THE-COUNTER ITEMS

Items that have been determined to be non-reimbursable under any circumstance. These items are considered to be for general health and well being or are considered toiletries.

Aromatherapy	Feminine care
Baby bottles and cups	Fragrances
Baby oil	Hair regrowth
Baby wipes	Low "carb" foods
Breast enhancement system	Low "calorie" foods
Cosmetics	One-A-Day vitamins
Cotton swabs	Petroleum jelly
Dental floss	Shampoo/conditioner
Deodorants	Skin care
Facial care - creams	Spa salts
	Sun tanning products
	Toothbrushes

DUAL PURPOSE

This list contains over-the-counter drugs and medicines that have both a medical purpose and a personal/cosmetic use. These items will require a medical practitioner's note or recommendation stating the specific condition the drug is to treat, and that it is not a cosmetic procedure.

Acne treatments
Dietary supplements
Fiber supplements
Glucosamine/Chondroitin for arthritis or other medical condition
Hormone therapy and treatment for menopause to treat hot flashes, night sweats.
Minerals
Nasal sprays for snoring
Pills for persons who are lactose intolerant
Prenatal vitamins
St. John's Wort for depression
Sunscreen
Thermometers
Weight-loss drugs to treat a specified disease (i.e. obesity)

Please note that this is a partial listing only and may be subject to change.

10/03