

Weekend Climbing Courses

- Climbing shoes*
- Harness*
- Helmet*
- Sleeping bag and pad*
- Warm layers
- Rain gear
- Toiletries
- Approach shoes (light weight hikers or runners)
- Sunscreen
- Large day pack for climbing gear
- *Personal utensils* (bowl, mug, spoon)
- Two full water bottles
- Headlamp
- Hat
- Sunglasses

*Can be borrowed from the OP equipment room. If you need to borrow climbing shoes or other gear, please come into the OP a few days before your clinic to reserve/size your shoes and sign out any other gear.