

Overnight Whitewater Rafting Gear List

- Raingear (jacket and pants)
- Swimsuit (recommended)
- 1 pr. long pants
- Hat-wool or fleece cap
- Synthetic/fleece jacket or sweater
- Brimmed hat (for sun/rain)
- Synthetic long underwear (top and bottom)
- 2-3 pr. wool/synthetic socks
- 1-2 cotton/synthetic t-shirts
- 1 long sleeve shirt
- 1 pr shorts
- Toiletries (toothbrush, paste, etc.)
- Underwear
- Light windbreaker
- 1 quart-sized water bottle
- Sunblock
- Sleeping bag (20 degree rating)
- Sleeping pad
- Headlamp or flashlight
- Insect repellent
- Daypack
- Towel
- Dry footwear (sneakers, etc.)
- Wet footwear (teva's, sneakers)
- Eyeglass retainer (croakies)
- Large duffle or pack for clothes, etc.