Continuum of Behaviors: Sex and Relationships

Categories of Behavior	Productive • Mutual • Healthy • Age-appropriate • Respectful • Safe	Neutral Not a threat to life or long-term health Neutral or Harmless in effect or influence	Ambivalent • Need to start assessing for intervention	Negative • Non-Mutual • Disrespectful • Age inappropriate (socially and legally)	Dangerous • Physical harm • Threat to life
Categories of Consent or Lack of Consent	Positive Consent Explicit consent	Positive to Probable Consent	Possible Consent Possible Sexual Misconduct	Sexual Misconduct	Sexual Misconduct
General examples Does not cover everything All factors do not need to be present	 You are clear-headed You have clear verbal and nonverbal consent to all sexual activities. No pressure. 	 No pressure on another to submit to sexual behavior. Any drinking or substance use is having little to no effect. Getting only nonverbal signs of consent and little to no verbal consent. Some passivity or nervousness coming from one of the individuals. 	 Few clear signals of consent. Unclear if individuals are feeling pressured to participate, but still participating. Passivity from a partner. Someone is under the influence and not clear how much they have consumed. Not sure of someone's age. Someone acting out of character. Not clear someone wants to be hit on or have someone hang out with them. 	 No clear signals of consent. Clear that someone is under the influence and/or not exhibiting good judgment. Someone is under age. Coercion or threat used on an individual. Fooling around with someone who is asleep. Removing the clothing, touching, exposing self or doing a sexual act to someone or in front of someone [or electronically] in any of the above examples. 	 Force or threat of force to make someone perform an act or stay with someone. Person incapacitated. Person has indicated a lack of consent or given no signals of consent. Person resists. Having sex with someone who is asleep and not consented to such an act. All examples listed under negative.
How to remedy	No need, enjoy yourself	Ask questions	Stop. Take a breath.	Stop the behavior.	Stop the behavior.
		"Seriously, I can?" "You ok with this?" "You want this, right?"	Break contact with the person. Take a bathroom break. Establish the person can make decisions without pressure. "How much did you drink (or	Remove yourself safely. Ask others to help. Intervene. Support. See if there is a need for	Remove yourself safely. Ask others to help. Intervene. Support. Call Campus Safety or the police

"Let's chill for a bit."

"We don't have to do anything."

take)?"

medical attention or

Report Sexual Misconduct.

counseling.

if necessary.

Seek medical or mental health

attention as necessary.