

# ST. LAWRENCE UNIVERSITY ATHLETICS POLICY MANUAL

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## ***ST. LAWRENCE UNIVERSITY MISSION STATEMENT FOR ATHLETICS***

In its commitment to student educational and developmental outcomes, the St. Lawrence University intercollegiate athletic program reflects the mission, goals and objectives of the University and, for the students involved, provides an opportunity not only for competitive accomplishment but one that continually reinforces such personal traits as responsibility, perseverance, sacrifice, honesty, respect, compassion, and other qualities that otherwise may be difficult to learn in a traditional learning environment. The athletic program will also serve to attract and retain well-rounded student-athletes whose academic performance is representative of the student body as a whole, both upon entry to the University and at graduation. The athletic department is committed to integration – that is, coaches, athletic staff, faculty, and student life staff must work closely together to accomplish the educational and student development goals of the University.

### ***ST. LAWRENCE UNIVERSITY PHILOSOPHY OF ATHLETICS***

The University currently offers 32 intercollegiate teams, the majority of which compete on the NCAA Division III level. There are 15 intercollegiate offerings for men, 15 for women, and one coeducational team. Competition is conducted with colleges of like size and standards on the Division III level while the Division I men's and women's ice hockey programs compete in the Eastern College Athletic Conference.

The University strongly supports a principle of equality of opportunity for its athletes. Men and women shall have equal opportunity to participate in intercollegiate athletics and equal access to support programs for intercollegiate teams.

The University strives for excellence in its athletic offerings, both through quality of schedules and the opportunities for post-season competition. The scheduling goals include providing teams with meaningful competition against colleges and universities of similar size, academic standards and athletic philosophies.

The University's coaches seek to attract high-quality student-athletes who will not only enrich St. Lawrence's athletic programs, but the University community as a whole.

St. Lawrence University encourages/applauds multi-sport participation by its student-athletes. In order to enhance such an opportunity within the educational experience of the student-athlete, full support of the coaching staff is essential. The student-athlete cannot be placed in a compromised position. Student-athletes are permitted to minimally participate in a pre-season that overlaps with the finish of a regular season. Coaches must take responsibility for the student-athlete's welfare and must meet jointly with the student-athlete to reinforce this message and establish a cooperative and flexible accommodation. The coach of the in-season sport must approve all involvement in the overlapping pre-season sport and non-traditional sport. Further, the student-athlete is required to have one full day off from both sports in each calendar week.

## I. ACADEMICS & ATHLETICS

### A. Competition schedules

- ◆ Athletic schedules will be established in such a way to minimize loss of class time. An effort is to be made to schedule as many events on weekends as possible, and midweek games will be scheduled on alternate days to avoid excessive impact on any one given class. In addition, competitions scheduled Monday through Friday will be established at the latest time possible.
- ◆ Departure times for all athletic teams will be determined prior to the season by the Coach and the Associate Athletic Director's for scheduling and transportation.
- ◆ Departure times of all athletic teams will be provided to the faculty at the beginning of each semester.

### B. Expectations for Student-athletes

- ◆ Student-athletes will meet with professors to discuss their athletic schedule & potential conflicts.
- ◆ Student-athletes will attend those classes on the day of departure held prior to established departure times.

### C. Pre-First Practice Procedures

- ◆ Prior to the start of any pre-season or regular season practices, any student wishing to try out for an athletic team must attend a scheduled meeting to complete clearance procedures.
- ◆ Among the clearance processes will be medical clearances, NCAA drug testing consent forms, NCAA student-athlete eligibility statements, sports information grade point release and sports information bio forms.
- ◆ The Athletic Director or his designee shall address the group with appropriate areas of concern and explain aspects of NCAA and St. Lawrence eligibility standards.
- ◆ Sessions will be held for all athletic teams. Athletes are encouraged to attend the earliest sessions for their respective sport. ***No athlete may participate in a practice prior to completing clearance.***
- ◆ Catch-up sessions will be periodically scheduled. One January session will be conducted for spring sport athletes (late comers) not included in fall sessions and for students returning from off-campus study.
- ◆ Incoming and current student athletes will be provided a pamphlet detailing and explaining key facets of St. Lawrence athletic policy.

#### D. Post-Season Play

- ◆ Post season schedule will be provided to faculty by athletic director.
- ◆ Students are individually responsible for contacting professors to make arrangements for potential academic conflicts.
- ◆ University policy discourages off-campus competition during final examination periods. However, if a team earns a post-season bid by said recognized sanctioning bodies, and receives endorsement of the Athletic Director/Chair, the Dean of Academic Affairs may grant final authorization/approval. In such cases, the burden of responsibility for resolving exam schedule conflicts rests with the student and his/her professor.
- ◆ St. Lawrence teams are eligible to compete in post-season play subject to the following:
  - a. Official sanctioning groups such as the following must sanction the competition: The Liberty League and the NCAA.
  - b. Prior to acceptance of a post-season bid, the Director of Athletics and the Chair of the department must approve the bid.
  - c. The team must have at least a 500 or better record.
  - d. For playoff games funded by SLU, final decision on acceptance of bids will be made in a collaborative effort by administration of the department.

#### E. Practice schedules for traditional and non-traditional seasons

- ◆ Academic labs/classes take priority over athletic practices.
- ◆ Afternoon practices are traditionally scheduled to begin at 4:00pm. It is noted that some practice/competition facilities are shared forcing the designation of practice times other than 4:00pm. In the event that early-morning practices are necessary (e.g. crew and swimming), it is essential that practices are completed in time to enable student-athletes to attend all classes on time. The department chair/athletic director must clear exceptions to the traditional 4:00 practice time.

## II. ATHLETIC TRAINING – Health Services

- A. **Policy Statement: At all times in making medical judgments in regard to student-athletes, the paramount concern of St. Lawrence University and its representatives is the long-term health and welfare of the student.** The Athletic Training Room and the Certified Athletic Trainers aim to maintain the health and well-being of all of the student athletes at St. Lawrence University, and to provide the cursory healthcare necessary to maintain this goal. To do this the Athletic Training Staff will provide the student athletes with access to evaluation and treatment of injuries, access and referral to team physicians and specialists, follow up care and rehabilitation for illness and injuries obtained while participating in athletics at the University.

## **B. Personnel and Responsibilities**

- ◆ The University employs four full-time certified athletic trainers as well as a number of student first-aiders.
- ◆ The athletic trainer administers first aid, performs initial evaluations of injuries and refers more serious injuries to a physician.
- ◆ The University Physician is responsible for the evaluation, treatment and referral if necessary, of all athletic injuries sustained during practice and competition.

## **C. Team Coverage Policies**

- ◆ The Athletic Trainers will also provide adequate coverage for all teams based on the most current NCAA guidelines and the risk classifications for their sport.
- ◆ All *collision sports* will have a Certified Athletic Trainer at all practices and home and away contests.
- ◆ All *contact sports* will have a Certified Athletic Trainer at all home contests and at least a student certified in CPR and First Aide techniques.
- ◆ All *non-contact sports* will have adequate/appropriate medical personnel on call for all games and practices. An example is the Alpine Skiing Team who will use the ski patrol to respond to any medical emergencies that may occur.
- ◆ All decisions regarding the cessation or return to play will be made by the highest ranking medical official on site.

Collision Sports = Defined as a sport where contact is an integral part of the rules of the game.

Contact Sports = Defined as a sport where contact occurs as a part of the game but is not a part of the rules.

Non-contact Sports = Defined as a sport where no contact occurs during participation

- ◆ The University Physician or his designee will provide physician coverage for home men's hockey and football games.
- ◆ All decisions regarding the cessation or return to play will be made by the highest ranking medical official on site.

## **D. Health Insurance Policies**

- ◆ The NCAA provides catastrophic health insurance to all student athletes. The deductible for this insurance is \$75,000.
- ◆ St. Lawrence University does not provide primary insurance for athletic injuries. The responsibility for insurance coverage lies with the student athlete and their choice of insurance coverage. All St. Lawrence University students are required to have medical coverage and are automatically billed for health and accident insurance, but can be waved out of that coverage by submitting a waiver form

(electronically) which provides proof of equivalent coverage and at least \$75,000 of coverage for athletic related injuries. The health and accident insurance offered and sponsored by the University provides a no deductible program with coverage for athletic related injuries up to \$75,000 with a minimal deductible program for prescriptions. The Athletic Department strongly recommends this coverage, especially for those student athletes who may be covered under their parents/guardians HMP/PPO programs and for those International students who may have very limited “out-of-the-country” benefits.

### III. MEDICAL COMPLIANCE

- ◆ All first year athletes are required by the University to have a pre-admission physical completed by a physician. They must also complete an annual health questionnaire. Those athletes not approved will not be covered by the University major medical insurance policies and the health center will not allow them to participate in any activity until they are approved.
- ◆ Returning athletes will be required to fill out health questionnaire to determine if their medical status has changed. If they are not approved by the health center they will not be allowed to participate in any activity.
- ◆ All decisions regarding medical clearances will be made by the University Health Centers Clinical Nurse Practitioners and Physicians.
- ◆ The Athletic Trainers will act as a liaison between the athletes, coaches and the University health center for medical clearances.
- ◆ If an athlete has a pre-existing medical condition and additional form will need to be completed and reviewed by the University health center.
- ◆ The athletic training staff will provide an updated list of athletes cleared by the Health Center on daily basis until the entire team is deemed cleared.
- ◆ Coaches must provide the athletic training staff with a completed roster.
  - a. Fall Sports rosters must be submitted by July 15th
  - b. Spring non-traditional season rosters must be submitted by August 1<sup>st</sup>.
  - c. Winter sports must submit their rosters by September 1<sup>st</sup>.

#### **A. Athletic Clearance**

- ◆ The attending Physician must clear all athletes evaluated by the student health service or outside physicians.
- ◆ Rehabilitation treatment is conducted under the supervision of the University Physician and the athletic trainer; however the University has limited rehabilitation equipment and personnel.
- ◆ Before an injured student is permitted to rejoin the team for practices or games, he/she must receive medical clearance from the University physician, and in the

case of severe injury, clearance from the physician who provided care of the injury.

- ◆ The training room will provide a daily roster of injured athletes and their status upon request by the head coach.

### **B. Treatment of Injuries**

- ◆ If the injury is thought to be uncomplicated, such as a laceration, contusion or minor sprain, treatment is provided by the University physician or team physician and the student is responsible for notifying his/her family.
- ◆ If the injury is deemed to be serious, the University physician or his representative will notify the parents and inform them of the injury and the options of care available.
  - a. Option 1 – treatment by an area specialist
  - b. Option 2 – referral to a specialist in the area of the patient’s home town
  - c. Option 3 – referral to a specialist in a larger hospital or clinic
- ◆ In the event of a serious injury in need of immediate attention and the parents are not immediately available, the University physician or his representative will initiate medical care and/or referral until the parents can be reached.
- ◆ If the extent of the injury is in question and another medical opinion by a specialist is desirable, the student will be informed. At this time the parents can be informed if the student wishes. If the student elects to see a local specialist and the injury is deemed to be not serious, it will be the student’s responsibility to notify the parents. If the injury is diagnosed as serious, the University physician or his representative will be responsible for notifying the parents.
- ◆ In cases of injury at an away game, examination and evaluation are performed by an athletic trainer and/or in some cases a local physician. If the injury is thought to be severe the St. Lawrence coach will contact the parents to inform them of the situation and inform them of their options.
  - a. Option 1 – return the student to campus to be evaluated and treated by an area specialist.
  - b. Option 2 – arrange through a physician to have the student admitted to a local hospital, a clinic, or a hospital of the parent’s choice.
  - c. Option 3 – transportation home for evaluation and treatment.
- ◆ The coach is responsible for making arrangements for the disposition of the student.
- ◆ In the case of a severe injury on the road, the Athletic Director and/or Chair of the department should be notified.
- ◆ In the event of hospitalization, the Athletic Director and Head Athletic Trainer should be notified.

**It shall be the intention of University representatives, in dealing with athletic injuries thought to be severe, to keep parents informed and to place upon the parent's responsibility for deciding matters such as which physicians/hospitals shall attend to the student and whether an operation should be performed.**

#### IV. SPORTS INFORMATION

- ◆ The office of Sports Information provides game/event coverage to include statistics where practical. It should also be noted, that while opposing or hosting sports information offices usually provide results and other information needed to report an event, there may be instances in which the cooperation of a team's coach is needed to receive results in a timely fashion for reporting to external media and posting on the web site. Statistical compilation will be done with dedicated and specialized computer software when available and the Office of Sports Information will be responsible for the procurement and updating of said software.

##### **A. Services for Intercollegiate Teams**

- ◆ Web site: Each team will have its web site maintained by the sports information office to include roster, schedule, statistics (where applicable), game stories, program history/background, coaches bios and bios of student/athletes. Bio pages will include head and shoulders pictures and roster pages will include team pictures. It is the responsibility of the coaches to schedule photo sessions for head shots and team pictures as early in the academic year as possible so the web pages may be brought up to date in a timely fashion. Coaches are also responsible for providing up to date and accurate roster and schedule information.
- ◆ Game Programs: Game programs will generally be one page, back-to-back with a color cover to include roster and other pertinent information. In some instances (horse shows, league or state tournaments/meets) a booklet type program will be produced.
- ◆ Schedule Posters / Event Posters / Schedule Cards: When requested, each team will receive schedule posters and event posters, schedule cards produced in house in limited amounts will be provided when requested.
- ◆ Athlete Honor Awards - Senior Scholar-Athlete, Outstanding Senior Athlete, Hoffmann First Year Scholar Athlete, and ECAC-Robbins. Responsibility includes soliciting nominations, counting the ballots and preparation/creation of photo awards for the winners.
- ◆ Nominations for Honor Awards (e.g. All-academic, All-league, All America) where a nomination process is required will be coordinated by the Sports Information Office.
- ◆ Statistical Reports: When required, statistical reports shall be submitted to league, regional and national offices.

## **B. Other Services**

- ◆ In order to maintain consistency and uniformity for the athletic department's image, sports information will also be responsible for the creation of logos for use by teams on uniforms, equipment, etc.
- ◆ The sports information office will provide team awards when requested and will coordinate the photography needs for each sport.

## **C. Services for External Relations – Intercollegiate Athletics**

- ◆ In addition to sport coverage, the office of Sports Information is also responsible for the external relations of the athletic department which may include:
- ◆ Media Relations: The Office of Sports Information is responsible for providing: 1) *News Releases* (e.g. the announcement of coaching/administrative hiring's); 2) *Game Reports* on all home athletic events and either arrange that reports be provided or provide reports on all away athletic events in a timely manner. Reports will include statistics or box scores when possible; 3) *Hometown News Stories* on athletes who earn weekly awards or have special accomplishments (breaking records, etc.); 4) *Requests from Media Outlets* for photos, feature story ideas and arrange interviews when appropriate; 5) *Media Guides* for selected sports.
- ◆ University Communications: The Office of Sports Information is responsible for providing the sports article for the University magazine, athlete/coach profiles for the admissions/athletics marketing page run by University Communications, the Year End Review of Athletics used by the Admissions Office, responding to requests for information/historical data by University Communications and other requests as needed.
- ◆ Other Services: The Office of Sports Information is responsible for the Stars of the Week program, flat screen programming for Augsburg and Newell lobbies, special multi-media productions, the Athletic Hall of Fame, athletic venue displays (photographs, etc.), maintaining various trophy cases, the Wall of Champions and All-America wall, working with the Student Athlete Advisory Committee on its web site and special projects, Summer Sports School web site maintenance.

## **D. Services for Recruiting Prospective Student-Athletes**

- ◆ The Office of Sports Information is responsible for providing a Year-End Athletic Review for admissions use, flat screen programming for visit days, a recruiting page as part of its web site, content for the Admissions Athletic Marketing page on the web site and content for recruiting brochures.

## V. AWARDS AND RECOGNITION

- ◆ The following Departmental awards shall be distributed at the “Senior Student Athlete Awards Dinner”; the Senior Scholar-Athlete Awards (male/female), the Martha Finch Outstanding Student-Athlete Awards (male/female), the Doc Littlejohn Award and the Bernie McKinnon Coach of the Year Award. The Ronald C. Hoffmann First-Year Scholar Athlete Awards (male/female) will be announced the following fall to allow for a full academic year to pass. Recipients of the Student-Athlete awards will be determined by nominations by coaches to include athletic and academic accomplishments, voted on by the department. The Doc Littlejohn Award is selected by a special committee, while the Bernie McKinnon Coach of the Year Award is voted on by the Student-Athlete Advisory Committee.
- ◆ Each team has the option to have special team awards (i.e. “Most Valuable Player,” “Most Improved Player” etc). However, the financing of the award may not come from Athletic Department accounts.
- ◆ National and Conference Awards: The ECAC, Liberty League and various national governing bodies sponsor awards to individual athletes. All awards that require a nomination process must be channeled through the athletic director and/or sports information director.
  - a. All-Conference Awards: The ECAC and Liberty League may provide certificates for athletes who are selected to post-season All-Conference teams.
  - b. National governing bodies provide All-America certificates to athletes who are selected to All-America teams. The department will purchase and display national awards in a timely manner.
- ◆ Special Recognition certificates are available from the sports information office to include citing special athletic accomplishment and other acknowledgement of support and/or accomplishment.
- ◆ Those athletes recognized for special accomplishment should also receive a letter from the Athletic Director and a letter from the coach recognizing that accomplishment.
- ◆ Each Monday during the Athletic year, coaches will have the opportunity to nominate one or more athletes for “Stars of the Week.” Athletes chosen by the coaching staff will receive a certificate from the Sports Information office, with a note from the Athletic Director. That certificate will also be placed on the Athletics web page.
- ◆ Senior Banquet: The Senior Dinner/Banquet will provide a forum to recognize and celebrate the accomplishments of all seniors and their respective teams.

These include institutional, conference, regional, and national awards. Other special awards will be presented at the Senior Dinner based on the discretion of the Athletics Director and the Athletics Recognition Committee. The Senior Dinner will ideally take place during Senior Week in coordination with University-planned activities for that week. Invitees to the dinner will be all senior student-athletes and coaches as well as administrators and special guests.

**A. Award Categories**

- ◆ St. Lawrence Awards:
  - a. Scholar-Athlete Awards: Departmental awards shall be distributed at the “End of Year Athletic Banquet”. These awards shall include the Ronald C. Hoffmann Freshman Scholar-Athlete (male/female) and the ECAC Senior Scholar-Athlete (male/female). Recipients of the awards will be determined by nomination by coaches to include athletic and academic accomplishments. Nominees will be voted on by the department.
  - b. Senior Athlete of the Year (male/female): Recipients of the awards will be determined by nomination of coaches, citing athletic accomplishments (season and career). Nominees will be voted on by the department. Athletes shall be presented the awards at the End of the Year Athletic Banquet.
  - c. Special Team Awards: Each team has the option to have special team awards (i.e., Most Improved, Rookie of the Year); however, the financing of the award may not come from athletic department accounts.
- ◆ Conference/National Awards: The ECAC, Upstate Collegiate Athletic Association and various national governing bodies sponsor awards to individual athletes. All awards that require a nomination process must be channeled through the athletic director/sports information director.
  - a. All Conference Awards: The ECAC and UCAA may provide certificates for athletes making post-season all conference teams.
  - b. National governing bodies provide All America certificates for athletes making All America teams. The department will purchase and display national awards in a timely manner.
- ◆ Special Recognition certificates are available from the sports information office to include citing special athletic accomplishment and other acknowledgement of support and/or accomplishment.
- ◆ Those athletes recognized for special accomplishment should also receive a letter from the athletic director and a letter from the coach recognizing that accomplishment.

## VI. STUDENT-ATHLETE DEVELOPMENT

- ◆ Student-Athlete Advisory Committee: The Mission of the St. Lawrence University Student-Athlete Advisory Committee is to enhance the student-athlete experience through communication and opportunities for athletes. Each of the 32 teams has a representative on the committee that meets monthly to plan programming and service for student-athletes. They also vote on NCAA legislation annually. SAAC supports NCAA and league expectations for sportsmanship and leadership pledging to represent the University in a positive manner during competition and support a no hazing policy.

## VII. ELIGIBILITY & COMPLIANCE

**Policy Statement:** All full-time students maintaining a full course load throughout the season of competition are eligible for intercollegiate competition assuming they also meet the University's compliance criteria and the NCAA compliance criteria.

### A. Academic Eligibility

- ◆ A student-athlete does not need to maintain a specific grade point average to be eligible for athletic competition as long as that student is considered by the University to be a full-time student enrolled in the applicable semester and making satisfactory progress toward fulfilling graduation requirements.

### B. Compliance (SLU)

(Note: compliance expectations for Division I Ice Hockey slightly differ from Division III eligibility standards and are available in the Athletic Director's Office.)

- ◆ All athletes must submit the St. Lawrence University *Annual Health Questionnaire*.
- ◆ All athletes must then be approved by the University physician prior to the first practice. (Those athletes not approved will not be covered by the University major medical insurance.)
- ◆ All athletes must submit the St. Lawrence University Sports Information Form

### C. Compliance (NCAA)

- ◆ All athletes must submit the *Student Athlete Statement – Division III & NCAA Drug Testing Consent Form*

### D. Compliance Meeting

- ◆ All prospective student-athletes are required to attend a compliance meeting that will be scheduled prior to the start of a sport season. Student-athletes are

encouraged to submit the Annual Health Questionnaire (available at the Augsburg Center Office) prior to the meeting to ensure that they can be cleared for participation prior to the first scheduled practice. All other forms will be signed at the compliance meeting.

**E. Transfer Students**

- ◆ As per NCAA guidelines, any student wishing to transfer may self-release to the institution of their choice. All documentation must be confirmed with the Associate Athletic Director for compliance as well as the head coach of the appropriate team.

**F. Hardship Waivers**

- ◆ All requests for hardship waivers must follow established NCAA/Liberty League guidelines as found in Liberty League constitution.
- ◆ This procedure involves forms available in the Athletic Director's office.
- ◆ The Athletic Director must represent a request for hardship waiver to all Liberty League Athletic Directors during any of the scheduled conference meetings.
- ◆ Note: Requests for hardships must be medical in nature with documentation submitted by SLU training staff and appropriate physicians. Waivers should be submitted during the season in which the injury occurred, not prior to requested additional season.

**VIII. EQUIPMENT/UNIFORMS/FOOTWEAR**

**A. Uniform/Warm-Up Policy**

- ◆ The athletic department will offer each athlete the opportunity to purchase a sport warm-up of a common design, which will then become that athlete's personal property. A warm-up is defined as an outer-shell garment worn at game site, but not in the contest. Uniforms will be designed by the coach and athletes and must be approved by athletic director. Equipment orders will be processed through normal university purchasing procedures; each athlete will have the option to either pay by cash or check prior to ordering or to have his/her student account billed for the cost of the warm-up.

**B. Equipment Issue and Return**

- ◆ Pre-Season: The student-athlete will sign for practice equipment prior to the start of practice and return that equipment immediately following the contest. The time and date of equipment return will be determined by the coach/cage crew, but most come within one week of the conclusion of the season.
- ◆ Pre-Game: Game uniform and university-owned warm-up (when needed) will be signed out prior to contest or scheduled departure for away contest and returned immediately after the contest (or returned to campus). The athlete is accountable for any university-owned uniform/equipment.

- ◆ Post-Game: Failure to turn in equipment at the end of a season will result in automatic non-refundable billing. A coach will be present for equipment return.
- ◆ All equipment must be turned in within 24 hours of the last game (if the game is mid-week), or by Monday at 4:00 pm (if the game is played on a weekend). Coaches will help with check-in.

### C. Missing Equipment Policy

- ◆ Failure to return pre-issued equipment will result in direct billing of student's university account. Amount to be billed will be the cost of replacement plus.
- ◆ The coach should be present at the initial pre-season issuance and at the final equipment return to expedite the process and verify full return.
- ◆ Major equipment damage or theft will be directed to the Dean of Student Affairs for possible consideration by the Student Judiciary Board.

### D. Shoe Policy

- ◆ All athletes are responsible for the purchase of their own game and/or practice footwear.
- ◆ The Athletic Director must approve any individual exception to the policy.

## IX. PERSONAL AND SOCIAL RESPONSIBILITY

**Policy Statement:** St. Lawrence University Athletic Department aligns its policies with the Universities policies regarding illegal activities and will adhere to the procedures governing these matters as written in the student-handbook. The athletic department supports a zero tolerance policy regarding all illegal activities (e.g. hazing, substance abuse, property damage).

The athletic department endorses and participates fully in the NCAA Drug Testing Program as applied in post-season tournaments. A list of banned substances is available in the NCAA manual and in the training room, and student-athletes are advised to be aware of the list prior to participation in post-season play. Student-athletes are urged to abstain from use of any proscribed materials on the NCAA list as a matter of course and in their own health interests. The department will also fully support through proper documentation any student-athlete who is using physician-prescribed drugs, which may appear on the NCAA banned substance list.

The athletic department supports the right of each particular team to establish its specific training rules in regard to the consumption and use of alcoholic beverages during the season. However, philosophically, the athletic department discourages the use of *any* substance which would impede or impair athletic performance and could be detrimental to individual health.

Additionally, each coach may expand upon this policy by creating more extensive training rules for their individual team(s). It will be the responsibility of each coach, with the support of the athletic administration to administer these policies.

In addition: The use of any tobacco product is prohibited by any student-athlete or game management staff while participating in any team function (game, practices, or trips) and by all student-athletes in all athletic facilities.

Every effort will be made to detect and identify victims of substance abuse and those individuals will be advised to seek counseling and professional help.

#### **A. Hazing**

- ◆ Under New York State Penal Law (240.25.4): A person is guilty of hazing in the first degree when, in the course of another person's initiation into or affiliation with any organization, he/she intentionally or recklessly engages in conduct which creates a substantial risk of physical injury to such other person or a third person and thereby cause such injury (Class A misdemeanor).
- ◆ A person is guilty of hazing in the second degree when, in the course of another person's initiation or affiliation with any organization, he/she intentionally or recklessly engages in conduct which creates a substantial risk of physical injury to such other person or a third person.
- ◆ Hazing of any kind, physical or psychological, shall be eliminated from athletic team membership. Hazing is defined as any action taken or situation created, intentionally, whether on or off campus, to produce mental or physical discomfort, embarrassment, harassment or ridicule. Such activities and situations include creation of excessive fatigue, physical and psychological exercises, haircuts, wearing apparel which is conspicuous and not normally in good taste, engaging in public stunts and buffoonery, morally degrading or humiliating games, activities to include forcing anyone to do anything against their will, including drinking alcohol, late work sessions which interfere with scholastic activities or any other activities which are not consistent with policy or the regulations of St. Lawrence University.
- ◆ Any violation or infraction of the policy may result in severe disciplinary action against the individual(s) or team as a whole.

#### **B. Illegal Activities**

(Under-age consumption of alcohol, substance abuse, property damage, etc.)

- ◆ St. Lawrence University Athletics supports a zero tolerance policy regarding all illegal activities. In support of the Universities policies regarding these activities and the New York State penal law, the department will adhere to the procedures governing these matters as written in the student-handbook.
- ◆ The athletic department endorses and participates fully in the NCAA Drug Testing Program as applied in post-season tournaments. A list of banned substances is available in the NCAA manual and in the training room, and

student-athletes are advised to be aware of the list prior to participation in post-season play. Student-athletes are urged to abstain from use of any proscribed materials on the NCAA list as a matter of course and in their own health interests. The department will also fully support through proper documentation any student-athlete who is using physician-prescribed drugs, which may appear on the NCAA banned substance list.

- ◆ Additionally, each coach may expand upon this policy by creating more extensive training rules for their individual team(s). It will be the responsibility of each coach, with the support of the athletic administration to administer these policies.

### **C. Driving to Away Contests**

- ◆ Student-athletes are not permitted to drive or otherwise travel independently from the team to away contests.
- ◆ Athletes may leave the team travel group after contests provided the parent consent form has been approved prior to team departure from campus. (See parent consent form)
- ◆ The Athletic Director must approve exceptions.

### **D. Parent Consent Form**

- ◆ A Parent Consent Form signed by the legal guardian of the student-athlete must be approved and on file in the Athletic Director's office prior to team departure from SLU in order for a student-athlete to leave the team after competition in an away athletic contest.
- ◆ The Associate Athletic Director shall provide a copy of the approved form to each coach prior to team departure.
- ◆ Blank consent forms are issued in all away trip travel packets. While at an away site, coaches must collect signed forms directly from parent/guardian.

### **E. Drivers**

- ◆ Only SLU authorized drivers may drive university vehicles.
- ◆ Applications for student drivers are available in Assistant Athletic Director's office.

### **F. Early Return - Intersemester Housing**

- ◆ Fall teams shall begin practice according to NCAA guidelines/restrictions.
- ◆ Fall teams conducting early (prior to the start of classes) practices must establish squad sizes with Athletic Director prior to inviting student-athletes to

campus. Athletes must also be cleared medically prior to participation in any practice.

- ◆ Those teams which choose to or must return to campus during the intersemester break period will be housed and given per diems at University expense.

#### **G. Game Policies**

- ◆ All clothing worn during warm-up and competition must adhere to a common approved SLU design. Any combination of school colors may be worn. All athletes should dress alike.
- ◆ Baseball type caps (when not part of the normal uniform) will be permitted as long as they are St. Lawrence caps.

#### **H. Dress Code**

- ◆ Teams in a public environment shall be dressed appropriately (i.e. dress clothes, team uniform/warm-ups).