

2009 Cardinal Classic Women.txt

2009 Plattsburgh State "Cardinal Classic"
Women's Results, Sept. 5, 2009

PLACE	TEAM	POINTS	PLACES	OF	FINISHERS	AVG.	TIME	SPREAD			
1	St. Lawrence	23	2	3	5	6	7	8	10	18:50.1	1:03.7
2	Plattsburgh	37	1	4	9	11	12	13	14	19:21.5	2:23.0
3	Clarkson	89	15	16	18	19	21	22	23	22:20.0	1:36.2
4	Norwich	112	17	20	24	25	26	27	28	24:21.1	4:38.9

PLACE	FINISHER	TIME	PACE
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1.	St. Lawrence		
2	Wendy Pavlus, Jr	18:20.8	5:55
3	Jenna Hulton, So	18:21.7	5:55
5	Johannah Ludington, Sr	18:44.5	6:03
6	Megan Derby, Fr	19:19.0	6:14
7	Jackie Lemme, Fr	19:24.5	6:16
8	Hillary St. John, Sr	19:38.3	6:20
10	McKayla Nuffer, So	19:58.2	6:27
Total Time = 1:34:10.5		Total Places = 23	

2.	Plattsburgh		
1	Jenny Schaffhouser, Sr	17:53.2	5:46
4	Stefanie Braun, So	18:29.0	5:58
9	Julia Warren, Fr	19:55.9	6:26
11	Natasha Deguile, So	20:13.2	6:31
12	Krystal Yernye, Jr	20:16.2	6:32
13	Colleen Coon, Fr	20:22.2	6:34
14	Erin Keenan, So	20:51.5	6:44
Total Time = 1:36:47.5		Total Places = 37	

3.	Clarkson		
15	Maureen Hill, So	21:33.6	6:57
16	Audrey Keene, So	21:55.4	7:04
18	Bethann Parmelee, So	22:23.0	7:13
19	Jessica Hernandez, Fr	22:38.1	7:18
21	Sydney Laramie, Fr	23:09.8	7:28
22	Rachel Bachman, Fr	23:37.4	7:37
23	Alicia Perras, Jr	23:58.1	7:44
Total Time = 1:51:39.9		Total Places = 89	

4.	Norwich		
17	Mallory Clark, Fr	21:59.5	7:06
20	Jaelyn McElligot, Jr	22:59.1	7:25
24	Sarah Copeland, Fr	24:14.3	7:49
25	Jana Balcarova, Fr	25:54.0	8:21
26	Jessica Corl, Sr	26:38.4	8:36
27	Kylee Treligan, Jr	27:12.2	8:47
28	Joy Palmer, So	27:41.8	8:56
Total Time = 2:01:45.3		Total Places = 112	

TEAM	PLACE	SCORE	FINISHER	TIME	PACE	TEAM
	1	1	Jenny Schaffhouser, Sr	17:53.2	5:46	Plattsburgh
	2	2	Wendy Pavlus, Jr	18:20.8	5:55	St. Lawrence
	3	3	Jenna Hulton, So	18:21.7	5:55	St. Lawrence
	4	4	Stefanie Braun, So	18:29.0	5:58	Plattsburgh
	5	5	Johannah Ludington, Sr	18:44.5	6:03	St. Lawrence

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6	6	Megan Derby, Fr	19: 19.0	6: 14	St. Lawrence
7	7	Jackie Lemme, Fr	19: 24.5	6: 16	St. Lawrence
8	8	Hillary St. John, Sr	19: 38.3	6: 20	St. Lawrence
9	9	Julia Warren, Fr	19: 55.9	6: 26	Plattsburgh
10	10	McKayla Nuffer, So	19: 58.2	6: 27	St. Lawrence
11	11	Natasha Deguile, So	20: 13.2	6: 31	Plattsburgh
12	12	Krystal Yernye, Jr	20: 16.2	6: 32	Plattsburgh
13		Melanie Solandt, So	20: 16.8	6: 33	St. Lawrence
14		Andrea Maynard, Fr	20: 18.0	6: 33	St. Lawrence
15	13	Colleen Coon, Fr	20: 22.2	6: 34	Plattsburgh
16		Katie Loignon, Jr	20: 26.0	6: 35	St. Lawrence
17		Chelsea Nuffer, Sr	20: 33.9	6: 38	St. Lawrence
18		Liz Atwood, So	20: 34.1	6: 38	St. Lawrence
19		Alexis Nuffer, Sr	20: 45.9	6: 42	St. Lawrence
20		Jenny Kaagan, So	20: 51.2	6: 44	St. Lawrence
21	14	Erin Keenan, So	20: 51.5	6: 44	Plattsburgh
22		Lizzy Edwards, Fr	20: 53.5	6: 44	St. Lawrence
23		Christina Smith, Fr	21: 17.5	6: 52	Plattsburgh
24	15	Maureen Hill, So	21: 33.6	6: 57	Clarkson
25		Meredit h Kelly	21: 40.8	7: 00	
26		Erikka Nuffer, Fr	21: 42.3	7: 00	St. Lawrence
27		Brittany Trahan, So	21: 49.5	7: 02	Plattsburgh
28		Gretchen Singer, Fr	21: 51.0	7: 03	Plattsburgh
29	16	Audrey Keene, So	21: 55.4	7: 04	Clarkson
30	17	Mallory Clark, Fr	21: 59.5	7: 06	Norwich
31		Caroline Raue, Fr	22: 01.5	7: 06	St. Lawrence
32	18	Bethann Parmelee, So	22: 23.0	7: 13	Clarkson
33	19	Jessica Hernandez, Fr	22: 38.1	7: 18	Clarkson
34		Sarah Pope, So	22: 52.4	7: 23	Plattsburgh
35	20	Jacl yn McEl ligot, Jr	22: 59.1	7: 25	Norwich
36	21	Sydney Laramie, Fr	23: 09.8	7: 28	Clarkson
37		Maria Towle, Sr	23: 23.6	7: 33	Plattsburgh
38	22	Rachel Bachman, Fr	23: 37.4	7: 37	Clarkson
39		Meaghan Sheehan, Fr	23: 43.4	7: 39	Plattsburgh
40	23	Alicia Perras, Jr	23: 58.1	7: 44	Clarkson
41		Kelwey Casale, Fr	24: 03.5	7: 46	Clarkson
42		Katelyn Cole, So	24: 10.4	7: 48	Plattsburgh
43	24	Sarah Copeland, Fr	24: 14.3	7: 49	Norwich
44		Cayla Starr, Fr	24: 25.7	7: 53	Plattsburgh
45		Claudette Fois y, Sr	24: 36.1	7: 56	Clarkson
46		Kathleen Lewicki, So	24: 43.9	7: 59	Clarkson
47		Kallie Desmond, So	25: 09.4	8: 07	Clarkson
48	25	Jana Balcarova, Fr	25: 54.0	8: 21	Norwich
49	26	Jessica Corl, Sr	26: 38.4	8: 36	Norwich
50	27	Kylee Trelagan, Jr	27: 12.2	8: 47	Norwich
51		Christa Harper, So	27: 32.8	8: 53	Clarkson
52	28	Joy Palmer, So	27: 41.8	8: 56	Norwich
53		Tamara Jacobsen, Fr	28: 24.0	9: 10	Norwich
54		Alisha Nowichi, Fr	28: 37.0	9: 14	Norwich
55		Holly Benson, Jr	29: 30.6	9: 31	Norwich
56		Julia Coombs, Fr	31: 14.1	10: 05	Norwich
57		Margaret Ngami, Fr	34: 03.9	10: 59	Clarkson
58		Hannah Dustin, Fr	34: 41.0	11: 11	Norwich
59		Kayla Dunn, Fr	38: 24.6	12: 23	Norwich