

Licensed to Ottawa Lions T&F Club HY-TEK's Meet Manager 1/14/2012 05:16 PM  
 Dome Super Saturday Series Meet #2 - 1/14/2012  
 Dome@Louis-Riel  
 Ottawa, Ontario  
 Results

## Event 1 Women 60 Meter

## Top 18 Advance by Time

Name	Year	School	Prelims	H#
Preliminaries				
1 Akinsulie, Esther		Ottawa Lions	7.54q	1
2 Atangana, Delphine	84	France	7.55q	1
3 Brohman, Amelia	94	C.A.N.I.	7.88q	1
4 Warren, Madeline	94	C.A.N.I.	7.95q	1
5 Labarang, Charifa	95	Ottawa Lions	7.95q	1
6 Lindo, Kerry-Ann	93	C.A.N.I.	8.09q	2
7 De Carufel, Sarah	92	U.Ottawa	8.12q	1
8 McIntyre, Victoria	95	Ottawa Lions	8.16q	2
9 Kinsey, Hannah		St. Lawrence	8.17q	2
10 Jean, Kathleen	92	U.Ottawa	8.20q	3
11 Joannis, Ariane		Cirrus	8.21q	2
12 Dion, Marianne	92	Cirrus	8.28q	2
13 Biswal, Divya		St. Lawrence	8.40q	5
14 Biswal, Devyani	93	U.Ottawa	8.45q	2
15 Agboton, Renee	91	Cirrus	8.45q	3
15 Brady, Emily	87	Ottawa Lions	8.45q	4
17 Hendricks, Lia	97	Ottawa Lions	8.49q	4
18 Kaba, Saran	94	C.A.N.I.	8.50q	3
19 Remadji, Regina	97	Ottawa Lions	8.52	4
20 Jones, Reilly	96	Ottawa Lions	8.53	4
21 Dillon, Krista	92	U.Ottawa	8.54	5
22 Malcolm, Chantel	93	U.Ottawa	8.63	5
23 Laframboise, Alyssa	97	Cirrus	8.64	3
24 Robinson, Julie	96	C.A.N.I.	8.64	3
25 Pond, Anna		St. Lawrence	8.71	5
26 Bean, Victoria		St. Lawrence	8.74	6
27 Thompson, Colle	98	Ottawa Lions	8.74	5
28 Coulas, Cheryl	91	U.Ottawa	8.84	6
29 Lucien, Nafthalia	96	Ottawa Lions	8.85	6
30 MacMillan, Lindsey	98	Ottawa Lions	8.90	7
31 Yacob, Marina	91	U.Ottawa	8.94	4
32 Sprague, Emily	98	Ottawa Lions	8.94	6
33 Bell, Natasha		St. Lawrence	8.95	6
34 Alvarez Halpin, Jasmine	97	Ottawa Lions	8.99	8
35 Lismer, Ariane	96	Ottawa Lions	9.03	5
36 Matte, Audrey	97	Cirrus	9.04	7
37 Reimann, Michelle	99	Brockville Legio	9.05	8
38 Baillargeon, Catherine	97	Ottawa Lions	9.05	6
39 Michaud, Breana	99	Ottawa Lions	9.08	8
40 Whitley, Tayler	91	U.Ottawa	9.13	7
41 El Hares, Joanna	92	U.Ottawa	9.21	8
42 Peterson, Mia	95	Cirrus	9.35	9
43 Bien-Aime, Willianne	93	U.Ottawa	9.37	8
44 Menard, Sonia		R M C	9.40	4
45 Moise, Stephanie	92	ON Unattached	9.51	7
46 Kungu, Priscillah	98	Ottawa Lions	9.67	9
47 Cowan, Grace	01	Brockville Legio	9.85	10
48 Wann, Kadiatou	01	Gatineau (C.A.)	9.86	10
49 Petersen-Pelletier, Mala	97	Cirrus	9.96	9
50 Boursiquot, Abigail	97	Ottawa Lions	10.03	7
51 Tauvette, Linda	55	Ottawa Lions	10.04	9
52 Mailloux, Sarah	99	Ottawa Lions	10.12	10

53 Rich, Ainslie	96 Ottawa Lions	10.19	7
54 Maiorino, Anna	97 Ottawa Lions	10.36	8

## Event 1 Women 60 Meter

Name	Year School	Finals	H#
Finals			
1 Atangana, Delphine	84 France	7.47	3
2 Akinsulie, Esther	Ottawa Lions	7.53	3
3 Labarang, Charifa	95 Ottawa Lions	7.90	3
4 Brohman, Amelia	94 C.A.N.I.	7.91	3
5 Warren, Madeline	94 C.A.N.I.	8.00	3
6 Lindo, Kerry-Ann	93 C.A.N.I.	8.02	3
7 De Carufel, Sarah	92 U.Ottawa	8.02	2
8 McIntyre, Victoria	95 Ottawa Lions	8.13	2
9 Kinsey, Hannah	St. Lawrence	8.16	2
10 Dion, Marianne	92 Cirrus	8.17	2
11 Jean, Kathleen	92 U.Ottawa	8.23	2
12 Agboton, Renee	91 Cirrus	8.25	1
13 Joannis, Ariane	Cirrus	8.25	2
14 Biswal, Devyani	93 U.Ottawa	8.46	1
15 Biswal, Divya	St. Lawrence	8.47	1
16 Brady, Emily	87 Ottawa Lions	8.49	1
17 Hendricks, Lia	97 Ottawa Lions	8.50	1

## Event 2 Men 60 Meter

## Top 18 Advance by Time

Name	Year School	Prelims	H#
Preliminaries			
1 Sissoko, Moussa	85 U.Ottawa	6.92q	1
2 Makinde, Oluwasegun	91 U.Ottawa	6.97q	1
3 Montgiraud, Iseah	92 C.A.N.I.	7.02q	1
4 Makinde, Toluwalope	93 U.Ottawa	7.16q	2
5 Martineau, Brandyn	92 U.Ottawa	7.17q	2
6 Roberts, Jarell	St. Lawrence	7.22q	1
7 Cordeau, Felix-Olivier	R M C	7.24q	2
8 Frenke, Gordon	89 Ottawa Lions	7.25q	1
9 Kabia, Omaru	St. Lawrence	7.29q	3
10 Halog, Jonelle	95 C.A.N.I.	7.35q	4
10 Nsabua, David	93 C.A.N.I.	7.35q	2
12 Borsellino, Cree	91 U.Ottawa	7.39q	3
13 Ramiakajato, Eric	87 Cirrus	7.39q	5
14 Kaba, Sekou	90 U.Ottawa	7.41q	3
15 Gauthier-Kwan, Olivier	89 Ottawa Lions	7.43q	2
16 Hastings, Andrew	Queen's	7.47q	4
17 St-Victor, Olivier	95 Ottawa Lions	7.49q	4
18 Fisher, Andy	St. Lawrence	7.50q	3
19 Cotten, David	93 Ottawa Lions	7.53	6
20 Cave, Daryl	96 C.A.N.I.	7.54	3
21 Duncan, Bailey	96 C.A.N.I.	7.54	4
22 Gunawardena, Sandeep	95 Ottawa Lions	7.56	5
23 Hunter, Kristoff	93 U.Ottawa	7.57	6
24 Chung, Kevin	94 Ottawa Lions	7.58	6
24 Williams, Nathan	R M C	7.58	5
26 Vanie, Paulin Jr	88 Cirrus	7.62	7
27 Juha, Thomas	Queen's	7.64	2
28 Rublee, Aaron	84 Ottawa Lions	7.65	4
29 Egert, Nathan	97 Ottawa Lions	7.71	7
30 Rakotoarivelo, Lova	86 Cirrus	7.73	6
31 Spalik, Justin	St. Lawrence	7.77	4
32 Moore, Liam	96 Ottawa Lions	7.78	5
33 Glover, Jackson	94 Carleton Place	7.79	6

34	Aragon, Rafael	96	Cirrus	7.79	7
35	Ryan, Sean	92	U.Ottawa	7.84	5
36	Farnsworth, Mark	88	U.Ottawa	7.84	8
37	Dixon, Terrence		St. Lawrence	7.87	6
38	Dwyer, Riely	93	Carleton Place	7.95	9
39	Ranger, William	94	Cirrus	7.98	9
40	Kerr, Zachary	96	Ottawa Lions	8.00	8
41	St Louis, Isaac	97	Ottawa Lions	8.07	7
42	St-Lewis, Jamal	95	Ottawa Lions	8.13	8
43	Couture-Tremblay, Emmanu	96	Ottawa Lions	8.17	7
44	Sindani, Kidogbua	96	Ottawa Lions	8.25	8
45	MacDonald, Lake	97	Ottawa Lions	8.33	8
46	Derby, Brian	73	Ottawa Lions	8.39	9
47	DE Mardron, Sebastien	97	Ottawa Lions	8.54	10
48	Seguin, Jean-Philippe	98	Cirrus	8.57	9
49	Sani, Marino	60	Ottawa Lions	8.65	11
50	Brayman, Zack		R M C	8.69	9
51	Boogard, Andrew	96	Ottawa Lions	8.72	8
52	Earle, Josh		Ottawa Lions	8.95	10
53	Sprague, Kyle	00	Ottawa Lions	8.98	11
54	Percival, Jared	97	Ottawa Lions	8.98	10
55	Stewart, Terry	60	Running Goats	9.25	10
56	Cowan, Sam	98	Brockville Legio	9.27	10
57	Lange, Michel	98	Ottawa Lions	9.48	11
58	Hayashi, Tosh	44	Running Goats	9.93	11
--	Smellie, Gavin		Flying Angels	DQ	1

## Event 2 Men 60 Meter

Name	Year	School	Finals	H#
Finals				
1	Makinde, Oluwasegun	91 U.Ottawa	6.88	3
2	Sissoko, Moussa	85 U.Ottawa	6.90	3
3	Montgiraud, Iseah	92 C.A.N.I.	7.03	3
4	Frenke, Gordon	89 Ottawa Lions	7.19	2
5	Makinde, Toluwalope	93 U.Ottawa	7.19	3
6	Roberts, Jarell	St. Lawrence	7.19	3
7	Cordeau, Felix-Olivier	R M C	7.22	2
8	Halog, Jonelle	95 C.A.N.I.	7.27	2
9	Martineau, Brandyn	92 U.Ottawa	7.27	3
10	Kabia, Omaru	St. Lawrence	7.30	2
11	Nsabua, David	93 C.A.N.I.	7.31	2
12	Kaba, Sekou	90 U.Ottawa	7.31	1
13	Gauthier-Kwan, Olivier	89 Ottawa Lions	7.40	1
14	St-Victor, Olivier	95 Ottawa Lions	7.44	1
15	Ramiakajato, Eric	87 Cirrus	7.46	1
16	Hastings, Andrew	Queen's	7.47	1
17	Borsellino, Cree	91 U.Ottawa	7.55	2

## Event 3 Girls 60 Meter Hurdles Midget

Name	Year	School	Finals
1	Corrigan, Genevieve	98 Cirrus	10.30
2	Huang, Liya	96 Ottawa Lions	11.17

## Event 4 Boys 60 Meter Hurdles Midget

Name	Year	School	Finals
1	Bedard, Matthew	96 Ottawa Lions	9.24
2	Dobson, Connor	96 Ottawa Lions	9.28

## Event 5 Girls 60 Meter Hurdles Youth

Name	Year	School	Finals
1 Tierney, Alexandra	96	C.A.N.I.	9.52
2 Telford, Alexandra	96	Ottawa Lions	10.83

## Event 6 Boys 60 Meter Hurdles Youth

Name	Year	School	Finals
1 Plunkett, Jacob	95	C.A.N.I.	9.16

## Event 8 Women 60 Meter Hurdles Open

## Top 6 Advance by Time

Name	Year	School	Prelims	H#
Preliminaries				
1 Krech, Michele	86	Ottawa Lions	9.21q	2
2 Kaba, Saran	94	C.A.N.I.	9.39q	1
3 Biswal, Devyani	93	U.Ottawa	9.76q	1
4 Dobransky, Johanna	91	U.Ottawa	9.79q	1
5 Terrell, Emery	93	U.Ottawa	9.85q	1
6 Biswal, Divya		St. Lawrence	9.92q	2
7 Stolle, Anna	93	U.Ottawa	10.18	2
8 LaPorte, Kiersten		St. Lawrence	10.54	1
9 Hameline, Cassia		St. Lawrence	10.73	2
10 Yee, Samantha		St. Lawrence	10.93	2
11 Palmer, Emily		St. Lawrence	11.16	2

## Event 8 Women 60 Meter Hurdles Open

Name	Year	School	Finals
Finals			
1 Kaba, Saran	94	C.A.N.I.	9.34
2 Terrell, Emery	93	U.Ottawa	9.62
3 Biswal, Divya		St. Lawrence	9.82
4 Dobransky, Johanna	91	U.Ottawa	9.84
-- Biswal, Devyani	93	U.Ottawa	DNF

## Event 9 Men 60 Meter Hurdles Open

## Top 6 Advance by Time

Name	Year	School	Prelims	H#
Preliminaries				
1 Kaba, Sekou	90	U.Ottawa	8.13q	1
2 Chenery, Mark	88	U.Ottawa	8.40q	1
3 Chevrette Belisle, Huber	90	U.Ottawa	8.63q	2
4 Tesfaye, Gabriel	92	U.Ottawa	8.69q	2
5 Spalik, Justin		St. Lawrence	8.84q	1
6 Arbour, Patrick	88	Ottawa Lions	8.88q	1
7 Quevillon, Zachary	91	U.Ottawa	9.30	2
8 Fredericks, Jacob		St. Lawrence	10.00	2

## Event 9 Men 60 Meter Hurdles Open

Name	Year	School	Finals
Finals			
1 Kaba, Sekou	90	U.Ottawa	8.12
2 Chenery, Mark	88	U.Ottawa	8.42
3 Chevrette Belisle, Huber	90	U.Ottawa	8.59
4 Tesfaye, Gabriel	92	U.Ottawa	8.71

5 Spalik, Justin	St. Lawrence	8.92
6 Arbour, Patrick	88 Ottawa Lions	9.00

## Event 10 Mixed 150 Meter

Name	Year	School	Finals	H#
1 Sissoko, Moussa	M85	U.Ottawa	16.27	1
2 Makinde, Toluwalope	M93	U.Ottawa	16.50	1
3 Martineau, Brandyn	M92	U.Ottawa	16.88	1
4 Smithers, Cameron	M91	Ottawa Lions	17.29	5
5 Ramiakajato, Eric	M87	Cirrus	17.35	3
6 Burchill, Corey	M95	Ottawa Lions	17.46	2
7 Borsellino, Cree	M91	U.Ottawa	17.53	4
8 Kabia, Omaru	M	St. Lawrence	17.62	4
9 Juha, Thomas	M	Queen's	17.62	2
10 Hunter, Kristoff	M93	U.Ottawa	17.79	4
11 Atangana, Delphine	W84	France	17.87	2
12 Itani, Al	M95	Ottawa Lions	18.10	3
13 Vanie, Paulin Jr	M88	Cirrus	18.14	6
14 Rublee, Aaron	M84	Ottawa Lions	18.18	3
15 Mello, Nicholas	M	St. Lawrence	18.21	4
16 Ryan, Sean	M92	U.Ottawa	18.30	3
17 Glover, Jackson	M94	Carleton Place	18.34	5
18 Aragon, Rafael	M96	Cirrus	18.42	6
19 Rakotoarivelo, Lova	M86	Cirrus	18.42	5
20 Ranger, William	M94	Cirrus	18.44	7
21 Cronney, Malik	M97	Cornwall Cougar	19.00	6
22 Spoerri, Lindsay	W96	Ottawa Lions	19.35	7
23 Kinsey, Hannah	W	St. Lawrence	19.59	9
24 Dion, Marianne	W92	Cirrus	19.81	8
25 Joannis, Ariane	W	Cirrus	19.94	7
26 Agboton, Renee	W91	Cirrus	19.96	9
27 Seguin, Jean-Philippe	M98	Cirrus	20.02	8
28 De Carufel, Sarah	W92	U.Ottawa	20.05	7
29 Jean, Kathleen	W92	U.Ottawa	20.30	9
30 O'Doherty, Conor	M96	Gatineau (C.A.)	20.40	10
31 Pond, Anna	W	St. Lawrence	20.41	11
32 Dillon, Krista	W92	U.Ottawa	20.52	9
33 Malcolm, Chantel	W93	U.Ottawa	20.65	10
34 Brayman, Zack	M	R M C	20.67	11
35 Brady, Emily	W87	Ottawa Lions	20.69	8
36 Laframboise, Alyssa	W97	Cirrus	20.92	10
37 Sipprell, Krista	W93	U.Ottawa	20.92	13
38 Corrigan, Genevieve	W98	Cirrus	21.05	10
39 MacMillan, Lindsey	W98	Ottawa Lions	21.26	11
40 Cronney, Nikyla	W94	Cornwall Cougar	21.31	8
41 LaPorte, Kiersten	W	St. Lawrence	21.60	12
42 Earle, Josh	M	Ottawa Lions	21.68	12
43 Alvarez Halpin, Jasmine	W97	Ottawa Lions	21.75	14
44 Baynahm, Hillary	W	St. Lawrence	21.78	12
45 Bell, Natasha	W	St. Lawrence	21.83	14
46 Yacob, Marina	W91	U.Ottawa	21.99	13
47 Matte, Audrey	W97	Cirrus	22.19	12
48 Washington, Taylor	W	St. Lawrence	22.29	13
49 Huang, Liya	W96	Ottawa Lions	22.34	11
50 Michaud, Breana	W99	Ottawa Lions	22.49	16
51 Lange, Michel	M98	Ottawa Lions	22.55	18
52 Moise, Stephanie	W92	ON Unattached	22.59	15
53 Peterson, Mia	W95	Cirrus	22.77	19
54 Pelletier, Austin	W96	Ottawa Lions	22.85	19
55 Gilmer, Brynn	W98	Brockville Legio	22.89	16
56 Palmer, Emily	W	St. Lawrence	22.97	13
57 Bien-Aime, Willianne	W93	U.Ottawa	23.06	16
58 Mailloux, Melanie	W98	Ottawa Lions	23.49	18

59	Hayashi, Tosh	M44	Running Goats	23.85	18
60	Sprague, Kyle	M00	Ottawa Lions	23.91	17
61	Kungu, Priscillah	W98	Ottawa Lions	24.12	19
62	Mailloux, Emily	W98	Ottawa Lions	24.17	18
63	Sani, Sherry	W68	Ottawa Lions	24.38	15
64	Boreyko, Caitlin	W	St. Lawrence	24.44	14
65	Ayala, Carolina	W70	Ottawa Lions	24.48	15
66	Mailloux, Sarah	W99	Ottawa Lions	24.62	17
67	Cowan, Grace	W01	Brockville Legio	24.64	17
68	Petersen-Pelletier, Mala	W97	Cirrus	24.72	16
69	Tauvette, Linda	W55	Ottawa Lions	25.17	15

## Event 11 Mixed 300 Meter

Name	Year	School	Finals	H#
1	Robertson, Michael	M89 U.Ottawa	33.40	2
2	Makinde, Oluwasegun	M91 U.Ottawa	33.76	1
3	Frenke, Gordon	M89 Ottawa Lions	34.24	3
4	Smellie, Gavin	M Flying Angels	34.44	1
5	Reid, Jonathan	M Windsor Legion	34.60	3
6	Moses, Isaiah	M93 Ottawa Lions	34.82	4
7	Biocchi, Devin	M92 U.Ottawa	35.18	2
8	Jean-Jacques, Denray	M94 Ottawa Lions	35.21	5
9	Cordeau, Felix-Olivier	M R M C	35.28	1
10	Smithers, Cameron	M91 Ottawa Lions	35.56	5
11	Cave, Gordon	M91 U.Ottawa	36.50	4
12	Clerge, Nel-Bornelo	M92 C.A.N.I.	36.62	2
13	McNichol, Adam	M St. Lawrence	36.94	3
14	Roberts, Jarell	M St. Lawrence	37.05	1
15	Burchill, Corey	M95 Ottawa Lions	37.12	4
16	Williams, Nathan	M R M C	37.36	8
17	Paul, Shermar	M97 C.A.N.I.	37.48	7
18	Fouzie, Matt	M92 U.Ottawa	37.49	3
19	Payton, Christopher	M St. Lawrence	37.72	6
20	Akinsulie, Esther	W Ottawa Lions	37.83	7
21	Waters, Jay	M R M C	38.04	4
22	Gunawardena, Sandeep	M95 Ottawa Lions	38.16	6
23	Fredericks, Jacob	M St. Lawrence	38.29	6
24	Moore, Liam	M96 Ottawa Lions	38.34	7
25	Piepers, Taha	M95 C.A.N.I.	38.39	8
26	Rublee, Aaron	M84 Ottawa Lions	38.90	5
27	Arlidge, Kip	M Queen's	39.11	8
28	Egert, Nathan	M97 Ottawa Lions	39.46	9
29	Dixon, Terrence	M St. Lawrence	40.14	7
30	Smallwood, Nicholas	M94 Ottawa Lions	40.16	9
31	Richardson, Adam	M95 Ottawa Lions	40.30	9
32	Cuddihey, Justin	M97 Ottawa Lions	40.50	21
33	Okankwu, Gift	W92 C.A.N.I.	40.63	11
34	Putnam, Max	M Queen's	40.64	9
35	Couture-Tremblay, Emmanu	M96 Ottawa Lions	40.88	10
36	Dysart, Robert	M96 Ottawa Lions	41.09	19
37	Edge, Tyrone	M74 ON Unattached	41.11	11
38	MacDonald, Lake	M97 Ottawa Lions	41.14	13
39	Debuc, Andrea	W91 U.Ottawa	41.55	12
40	Macmillan, Vanessa	W94 C.A.N.I.	41.84	11
41	St-Lewis, Jamal	M95 Ottawa Lions	42.00	10
42	McIntyre, Victoria	W95 Ottawa Lions	42.16	10
43	Dwyer, Courtney	W96 C.A.N.I.	42.31	12
44	Sindani, Kidogbua	M96 Ottawa Lions	42.34	13
45	St Louis, Isaac	M97 Ottawa Lions	43.15	10
46	Galbraith, Emma	W94 Ottawa Lions	43.18	12
47	Desgagne, Corinne	W90 Cirrus	43.30	14
48	Remadji, Regina	W97 Ottawa Lions	43.39	15
49	Derby, Brian	M73 Ottawa Lions	43.65	11

50	O'Doherty, Conor	M96	Gatineau (C.A.)	44.25	12
51	Hendricks, Lia	W97	Ottawa Lions	44.32	14
52	DE Mardron, Sebastien	M97	Ottawa Lions	44.42	15
53	Mahlig, Alexia	W94	Cirrus	44.71	15
54	Shearman, Alanna	W96	Ottawa Lions	44.77	13
55	Stine, Carly	W	St. Lawrence	44.98	14
56	Kary, Lindsay	W95	Ottawa Lions	45.95	17
57	Pathak, Laura	W89	U.Ottawa	46.11	13
58	Allain, Isabelle	W	R M C	46.33	18
59	Thompson, Colle	W98	Ottawa Lions	46.72	17
60	Hameline, Cassia	W	St. Lawrence	46.81	17
61	Jones, Reilly	W96	Ottawa Lions	47.10	16
62	Lucien, Nafthalia	W96	Ottawa Lions	47.25	16
63	Croney, Nikyla	W94	Cornwall Cougar	47.42	15
64	Carroll, Kaela	W93	U.Ottawa	47.49	14
65	Favero, Nicholas	M95	Ottawa Lions	47.67	16
66	Bent, Vanessa	W96	Ottawa Lions	47.81	17
67	Rebehn, Emily	W	St. Lawrence	47.88	16
68	Robertson, Olivia	W96	Ottawa Lions	48.18	22
69	Baillargeon, Catherine	W97	Ottawa Lions	48.27	18
70	Racicot-Biocchi, Desiree	W95	Ottawa Lions	48.37	22
71	Scheunert, Maggie	W96	Ottawa Lions	48.92	22
72	Berriman, Emily	W98	Brockville Legio	49.17	18
73	Morris, Caitlin	W95	Ottawa Lions	50.40	21
74	Chagnon, Danielle	W	R M C	50.59	19
75	Menard, Sonia	W	R M C	50.92	20
76	Mailloux, Melanie	W98	Ottawa Lions	51.42	21
77	Nowlan, Madison	W00	Brockville Legio	51.60	20
78	Doonan, Hanna	W99	Brockville Legio	51.71	19
79	Ayala, Carolina	W70	Ottawa Lions	53.49	20
80	Sani, Sherry	W68	Ottawa Lions	53.56	19
81	Rich, Ainslie	W96	Ottawa Lions	54.39	18
82	Maiorino, Anna	W97	Ottawa Lions	55.19	20
83	Meek, Lily	W00	Brockville Legio	57.29	21

Event 12 Mixed 600 Meter Run

Name	Year	School	Finals
1	Potvin, Josh	M Queen's	1:22.90
2	Hutton, Alex	M Queen's	1:23.12
3	Knych, Jack	M St. Lawrence	1:23.59
4	Alhaddad, Saj	M92 U.Ottawa	1:23.62
5	Chevrette Belisle, Huber	M90 U.Ottawa	1:23.80
6	Primeau, Codie	M92 U.Ottawa	1:23.96
7	Palamar, Adam	M94 Ottawa Lions	1:24.04
8	Mountjoy, Jeff	M Queen's	1:24.10
9	Bobak, David	M92 C.A.N.I.	1:25.10
10	Anghelopoulos, Dionysis-	M95 C.A.N.I.	1:28.02
11	Meades, Liam	M96 C.A.N.I.	1:28.13
12	Eng, Jonathan	M St. Lawrence	1:28.49
13	Fausel, Spencer	M St. Lawrence	1:28.91
14	Hahnl, Corey	M St. Lawrence	1:28.92
15	Patterson, Bryson	M95 C.A.N.I.	1:29.11
16	Dumont, Teddy	M95 Ottawa Lions	1:29.20
17	Macci, Taylor	M St. Lawrence	1:29.39
18	Bonvouloir, Olivier	M R M C	1:29.86
19	O'Hara, Kyle	M95 C.A.N.I.	1:29.95
20	Goff, Paul	M R M C	1:30.74
21	Arlidge, Kip	M Queen's	1:31.04
22	Sanger, Tarek	M95 Ottawa Lions	1:32.11
23	Perrault, Jennifer	W88 U.Ottawa	1:32.28
24	Dobson, Connor	M96 Ottawa Lions	1:33.85
25	Lafleur, Hans	M96 C.A.N.I.	1:34.49
26	Yenn-Chui, Jeremy	M Queen's	1:34.97

27	Polos, Ian	M Queen's	1:37.67
28	Bedard, Matthew	M96 Ottawa Lions	1:38.33
29	Croney, Malik	M97 Cornwall Cougar	1:38.38
30	Plunkett, Jacob	M95 C.A.N.I.	1:38.69
31	Edirisinghe, Akhil	M95 C.A.N.I.	1:39.10
32	Gariba, Sarah	W91 C.A.N.I.	1:39.15
33	Walton, Shannon	W94 Ottawa Lions	1:39.80
34	Vadala, Jordan	M R M C	1:40.36
35	Marion, Chanel	W93 C.A.N.I.	1:42.19
36	Currier, Sydney	W96 C.A.N.I.	1:43.02
37	Dahms, Marie-Eve	W95 C.A.N.I.	1:43.52
38	Beland, Emilie	W R M C	1:43.72
39	Gaudet, Cierra	W92 U.Ottawa	1:44.52
40	Benazzouz, Rim	W97 C.A.N.I.	1:44.61
41	Boogard, Andrew	M96 Ottawa Lions	1:45.14
42	Horley, Caitlin	W98 Ottawa Lions	1:45.30
43	Gilmer, Brynn	W98 Brockville Legio	1:49.35
44	Timbrell, Reba	W90 U.Ottawa	1:49.35
45	Vodacek, Kayla	W St. Lawrence	1:50.78
46	Pennell, Nicole	W97 Ottawa Lions	1:51.12
47	Brown, Brittany	W99 Brockville Legio	1:59.94
48	Biklo, Vanessa	W99 Ottawa Lions	2:00.87
49	Doonan, Hanna	W99 Brockville Legio	2:02.72
50	Nowlan, Madison	W00 Brockville Legio	2:06.37
51	Nava, Samantha	W97 Ottawa Lions	2:07.98
52	Doyle, Paige	W01 Brockville Legio	2:12.75
53	Meek, Lily	W00 Brockville Legio	2:12.82
54	Oman, Ellyssa	W00 Cornwall Cougar	2:18.92
55	Cowan, Grace	W01 Brockville Legio	2:19.83
56	Alkerton, Alyshia	W03 Brockville Legio	2:20.91

## Event 13 Mixed 1000 Meter Run

Name	Year School	Finals
1 Nishiyama, Michael	M Queen's	2:28.86
2 Palamar, Adam	M94 Ottawa Lions	2:29.72
3 Fleming, Noah	M87 U.Ottawa	2:31.29
4 Saville, Sebastian	M94 Ottawa Lions	2:33.48
5 Berhe, Alex	M93 Ottawa Lions	2:34.60
6 Trapeau, Lucas	M96 Ottawa Lions	2:34.92
7 Day, Mickey	M95 Ottawa Lions	2:35.01
8 Donald, Scott	M94 Ottawa Lions	2:35.34
9 Knych, Jack	M St. Lawrence	2:36.15
10 Behan, Jeffry	M Queen's	2:36.39
11 Richardson, Adam	M95 Ottawa Lions	2:36.99
12 Binns, Remy	M91 U.Ottawa	2:38.90
13 Eng, Jonathan	M St. Lawrence	2:39.98
14 Turner, James	M Queen's	2:41.72
15 Driscoll, Daniel	M St. Lawrence	2:42.93
16 Bonvouloir, Olivier	M R M C	2:45.37
17 Smolensky, Scott	M St. Lawrence	2:46.97
18 Hayes, Richard	M R M C	2:47.74
19 Tousaw, Julia	W89 U.Ottawa	2:49.19
20 Cuddihey, Justin	M97 Ottawa Lions	2:50.99
21 Henderson, Eric	M R M C	2:51.73
22 Johnson, Corbin	M Queen's	2:51.85
23 Galbraith, Emma	W94 Ottawa Lions	2:53.39
24 Dysart, Robert	M96 Ottawa Lions	2:54.87
25 Polson, Matt	M91 U.Ottawa	2:55.32
26 Wynands, Eric	M95 Brockville Legio	2:55.39
27 Vadala, Jordan	M R M C	2:59.06
28 Day, Owen	M98 Ottawa Lions	2:59.54
29 Shearman, Alanna	W96 Ottawa Lions	3:00.91
30 Shannon, Colin	M R M C	3:01.53

31	Vervloet, Carlos	M96	Ottawa Lions	3:03.87
32	Robertson, Elysia	W86	Ottawa Lions	3:04.43
33	Ardern, Jeffrey	M89	U.Ottawa	3:04.75
34	Thow, Adrian	M	R M C	3:04.89
35	Favero, Nicholas	M95	Ottawa Lions	3:05.21
36	Kary, Lindsay	W95	Ottawa Lions	3:05.41
37	Robertson, Olivia	W96	Ottawa Lions	3:06.75
38	Rashid, Zeena	W91	U.Ottawa	3:10.08
39	Moore, Clara	W93	U.Ottawa	3:10.75
40	Tulloch, Cameron	M97	Ottawa Lions	3:11.08
41	Hallam, Gordon	M	R M C	3:13.96
42	Hodgins, Bronwyn	W	Queen's	3:15.80
43	Scheunert, Maggie	W96	Ottawa Lions	3:15.88
44	Horley, Caitlin	W98	Ottawa Lions	3:17.29
45	Locke, Tiffany	W88	U.Ottawa	3:18.70
46	Murawsky, Jennifer	W93	U.Ottawa	3:21.52
47	Morris, Caitlin	W95	Ottawa Lions	3:21.81
48	Codrington, Lia	W97	Ottawa Lions	3:22.03
49	Trapeau, Maeliss	W99	Ottawa Lions	3:22.06
50	Alkerton, Brittany	W99	Brockville Legio	3:23.07
51	Dwyer, Riely	M93	Carleton Place	3:27.13
52	Berriman, Emily	W98	Brockville Legio	3:31.10
53	Elliott, Kacia	W97	Ottawa Lions	3:31.32
54	Volodarets, Yana	W	R M C	3:36.29
55	Doyle, Paige	W01	Brockville Legio	3:40.04
56	Findlater, Paula	W	R M C	3:40.82
57	Trepanier, Veronique	W	R M C	3:42.50
58	Meek, Madelynn	W99	Brockville Legio	3:43.60
59	Rossi, Jenna	W00	Ottawa Lions	3:44.81
60	Brown, Brittany	W99	Brockville Legio	3:45.99
61	Wann, Kadiatou	W01	Gatineau (C.A.)	3:54.53
62	Vida, Nicholas	M99	Cornwall Cougar	3:54.58
63	Bryson, Sian	W99	Ottawa Lions	3:56.09
64	Stewart, Terry	M60	Running Goats	4:02.09
65	Alkerton, Alyshia	W03	Brockville Legio	4:09.11
66	Laperriere, Ludivine	W	R M C	4:22.20
67	Oman, Ellyssa	W00	Cornwall Cougar	4:33.54

## Event 14 Mixed 1500 Meter Run

Name	Year	School	Finals
1	McFall, Williams	M90 ON Unattached	4:01.28
2	Harrigan, Shane	M90 Ottawa Lions	4:09.47
3	Dunkerley, Jason	M Ottawa Lions	4:11.55
4	Vierula, Matthieu	M90 U.Ottawa	4:14.97
5	Bibb, Trevor	M St. Lawrence	4:15.80
6	Smolensky, Scott	M St. Lawrence	4:15.90
7	Byamungu, Muzungu	M95 Cirrus	4:16.32
8	Driscoll, Daniel	M St. Lawrence	4:21.98
9	Gendreau-Fillion, David	M94 Cirrus	4:22.87
10	Hayes, Richard	M R M C	4:31.21
11	Beaulieu, Julien	M94 Cirrus	4:32.84
12	Cameron, Jake	M93 Cornwall Cougar	4:33.68
13	Lapierre, Jeff	M72 Cornwall Cougar	4:34.86
14	Henderson, Eric	M R M C	4:39.89
15	Kallos, Alecia	W Queen's	4:43.14
16	Gaensler, Hannah	W94 Ottawa Lions	4:46.64
17	O'Higgins, Erin	W94 Ottawa Lions	4:47.77
18	Hulton, Megan	W St. Lawrence	4:56.87
19	Kanz, Isabelle	W93 U.Ottawa	4:58.50
20	Lafreniere-Abel, Olivier	M R M C	5:00.26
21	Slade, Erin	W Queen's	5:00.96
22	Mannix, Katie	W St. Lawrence	5:09.98
23	Seymour, Jill	W84 ON Unattached	5:11.30

24	Hallam, Gordon	M R M C	5:13.29
25	Mama-Yari, Zacharie	M98 Cirrus	5:18.70
26	Klawitter, Noella	W77 Ottawa Lions	5:19.54
27	Belanger-Sevigny, Milik	M98 Cirrus	5:20.06
28	Alkerton, Brittany	W99 Brockville Legio	5:26.52
29	Meek, Madelynn	W99 Brockville Legio	5:43.76
30	Timbrell, Shannon	W94 Cornwall Cougar	5:45.02
31	Volodarets, Yana	W R M C	5:47.01
32	McPhail, Camillia	W96 Cirrus	5:48.56
33	Lipin, Noah	M00 Ottawa Lions	5:57.20
34	Lipin, Charlotte	W00 Ottawa Lions	5:59.15
35	Trepanier, Veronique	W R M C	6:02.32
36	Azzi, Massilia	W94 Cirrus	6:12.36
37	Laperriere, Ludivine	W R M C	6:52.59

Event 15 Mixed 3000 Meter Run

Name	Year	School	Finals
1	Cashin, David	M Queen's	8:40.81
2	Patterson, Clay	M Queen's	8:44.73
3	Jakeman, Justin	M92 U.Ottawa	8:49.13
4	Costen, Jeff	M Queen's	8:51.00
5	Hathaway, Oliver	M Queen's	8:58.33
6	Tompkins, Aaron	M St. Lawrence	9:08.04
7	Kalbfleisch, Alan	M Queen's	9:09.48
8	Hewlett, Tyler	M92 U.Ottawa	9:13.21
9	Calderwood, Alex	M St. Lawrence	9:15.86
10	Nelson, Zachary	M St. Lawrence	9:17.42
11	Liponis, Timothy	M St. Lawrence	9:17.64
12	Clayer, Francois	M90 U.Ottawa	9:23.67
13	Sneddon, Jay	M92 Ottawa Lions	9:34.18
14	Zosiak, Kyle	M Queen's	9:39.88
15	Shannon, Colin	M R M C	9:58.32
16	de Boer, Scott	M91 U.Ottawa	9:59.19
17	Matthewman, Joshua	M88 U.Ottawa	10:07.32
18	Kinahan, Sam	M97 Ottawa Lions	10:25.64
19	Wilson, Colleen	W Queen's	10:28.11
20	Hulton, Jenna	W St. Lawrence	10:30.10
21	McQuire, Liz	W68 Ottawa Lions	10:32.04
22	Thow, Adrian	M R M C	10:36.08
23	Nuffer, McKayla	W St. Lawrence	10:37.69
24	Allan, Veronica	W Queen's	10:49.47
25	Costen, Laura	W Queen's	10:49.74
26	Edwards, Elizabeth	W St. Lawrence	10:50.10
27	Beccia, Ariel	W St. Lawrence	10:50.68
28	Britton, Julia	W90 U.Ottawa	11:01.98
29	O'Reilly, Elizabeth	W92 U.Ottawa	11:10.89
30	Morgan, Clive	M53 Physi-Kult	11:18.78
31	Morgan, Adrienne	W96 Physi-Kult	11:20.82
32	Rabideau, Anna	W St. Lawrence	12:05.45
33	Chelu-Penalagan, Bianca	W Queen's	12:41.48
34	Lapierre, Brooke	W00 Cornwall Cougar	12:45.96
35	Flynn, Siobhan	W90 U.Ottawa	13:05.55

Event 16 Women 4x200 Meter Relay

School	Finals	H#
1 U.Ottawa 'A'	1:49.09	1
1) Jacques, Farah 90		
2) Biswal, Devyani 93		
3) De Carufel, Sarah 92		
4) Jean, Kathleen 92		
2 Athletisme Cirrus 'A'	1:49.61	1
3 St. Lawrence 'A'	1:51.25	1
4 Athletisme Cirrus 'B'	1:51.71	2

5	U.Ottawa 'B'	1:56.64	2
	1) Dillon, Krista 92		2) Coulas, Cheryl 91
	3) Sipprell, Krista 93		4) El Hares, Joanna 92
6	U.Ottawa 'C'	2:01.79	2
	1) Whitley, Tayler 91		2) Yacob, Marina 91
	3) Bien-Aime, Willianne 93		4) Moise, Stephanie 92
7	St. Lawrence 'C'	2:02.84	2
8	St. Lawrence 'B'	2:03.51	1
	1) Palmer, Emily		2) Pond, Anna
	3) Rebehn, Emily		4) Yee, Samantha

## Event 17 Men 4x200 Meter Relay

School		Finals	H#
1	U.Ottawa 'A'	1:26.09	1
	1) Biocchi, Devin 92		2) Makinde, Oluwasegun 91
	3) Robertson, Michael 89		4) Makinde, Toluwalope 93
2	U.Ottawa 'B'	1:31.92	1
	1) Tesfaye, Gabriel 92		2) Kaba, Sekou 90
	3) Cave, Gordon 91		4) Borsellino, Cree 91
3	St. Lawrence 'A'	1:33.01	1
	1) Fredericks, Jacob		2) Mello, Nicholas
	3) Kabia, Omaru		4) Dixon, Terrence
4	Queen's University 'A'	1:36.75	2
	1) Nishiyama, Michael		2) Hastings, Andrew
	3) Juha, Thomas		4) Putnam, Max
5	Athletisme Cirrus 'A'	1:42.26	2

## Event 18 Women 4x400 Meter Relay

School		Finals	H#
1	U.Ottawa 'A'	3:56.81	1
	1) Perrault, Jennifer 88		2) Tousaw, Julia 89
	3) Debuc, Andrea 91		4) Stolle, Anna 93
2	C.A.N.I. Athletics 'A'	4:00.93	1
3	U.Ottawa 'B'	4:13.87	2
	1) Terrell, Emery 93		2) Gaudet, Cierra 92
	3) Dobransky, Johanna 91		4) Timbrell, Reba 90
4	C.A.N.I. Athletics 'C'	4:19.82	2
5	C.A.N.I. Athletics 'B'	4:20.01	1
6	U.Ottawa 'C'	4:23.32	2
	1) Malcolm, Chantel 93		2) Pathak, Laura 89
	3) Murawsky, Jennifer 93		4) Moore, Clara 93
7	U.Ottawa 'D'	4:32.26	2
	1) Carroll, Kaela 93		2) Rashid, Zeena 91
	3) Kanz, Isabelle 93		4) Locke, Tiffany 88
8	Royal Military College 'A'	4:34.06	2
	1) Beland, Emilie		2) Allain, Isabelle
	3) Menard, Sonia		4) Chagnon, Danielle
9	St. Lawrence 'A'	4:34.99	1
10	Ottawa Lions T.F.C. 'A'	4:40.02	2
	1) Spoerri, Lindsay 96		2) Remadji, Regina 97
	3) Baillargeon, Catherine 97		4) Maiorino, Anna 97
11	Ottawa Lions T.F.C. 'C'	4:49.85	2
12	Cornwall Cougar 'A'	5:28.92	2

## Event 19 Men 4x400 Meter Relay

School		Finals	H#
1	U.Ottawa 'A'	3:25.65	1
	1) Alhaddad, Saj 92		2) Fleming, Noah 87
	3) Primeau, Codie 92		4) Chenery, Mark 88

2	U.Ottawa	'D'		3:32.40	2
3	U.Ottawa	'B'		3:32.93	2
	1)	Fouzie, Matt	92		
	2)	Quevillon, Zachary	91		
	3)	Chevrette Belisle, Hubert	90		
	4)	Ryan, Sean	92		
4	Queen's University	'A'		3:33.02	1
	1)	Mountjoy, Jeff			
	2)	Hutton, Alex			
	3)	Polos, Ian			
	4)	Potvin, Josh			
5	St. Lawrence	'A'		3:35.00	1
	1)	Fisher, Andy			
	2)	Macci, Taylor			
	3)	McNichol, Adam			
	4)	Roberts, Jarell			
6	C.A.N.I. Athletics	'A'		3:38.09	1
7	C.A.N.I. Athletics	'B'		3:46.43	2
8	U.Ottawa	'C'		3:47.72	2
	1)	Binns, Remy	91		
	2)	Boast, Cody	91		
	3)	Dionne, Andrew	91		
	4)	Hewlett, Tyler	92		
9	St. Lawrence	'B'		3:49.16	2
10	Royal Military College	'A'		3:52.77	2
	1)	Bonvouloir, Olivier			
	2)	Goff, Paul			
	3)	Hayes, Richard			
	4)	Henderson, Eric			
11	Ottawa Lions T.F.C.	'A'		3:54.05	2
	1)	Bedard, Matthew	96		
	2)	Moore, Liam	96		
	3)	St Louis, Isaac	97		
	4)	Couture-Tremblay, Emmanuel	96		
12	Ottawa Lions T.F.C.	'C'		4:01.90	2
	1)	Gunawardena, Sandeep	95		
	2)	Dobson, Connor	96		
	3)	Egert, Nathan	97		
	4)	St-Lewis, Jamal	95		
13	Ottawa Lions T.F.C.	'B'		4:11.15	2
	1)	Sanger, Tarek	95		
	2)	Boogard, Andrew	96		
	3)	Sindani, Kidogbua	96		
	4)	DE Mardron, Sebastien	97		

Event 20 Women Pole Vault

Name	Year	School	Finals
1 Rock, Melinda	87	U.Ottawa	3.20m
2 Washington, Taylor		St. Lawrence	2.75m
3 Boreyko, Caitlin		St. Lawrence	J2.75m
-- Vuong, Kim-Quyen	85	Ottawa Lions	NH

Event 21 Men Pole Vault

Name	Year	School	Finals
1 Vukasovic, Jeffrey	85	Ottawa Lions	4.60m
2 Tavernier, Telvin	93	Ottawa Lions	4.10m
3 Macci, Taylor		St. Lawrence	J4.10m
4 Gauthier-Kwan, Olivier	89	Ottawa Lions	J4.10m
5 Chenery, Mark	88	U.Ottawa	3.65m
5 Farnsworth, Mark	88	U.Ottawa	3.65m
7 Kerr, Zachary	96	Ottawa Lions	3.35m
8 Cowan, Eric	96	Brockville Legio	3.05m
9 Percival, Jared	97	Ottawa Lions	2.15m
-- Arbour, Patrick	88	Ottawa Lions	NH

Event 22 Mixed High Jump Low Bar Star

Name	Year	School	Finals
1 Tuna, Zeran	M99	Brockville Legio	1.51m
2 Sprague, Emily	W98	Ottawa Lions	1.46m
2 Butler, Lauren	W98	ON Unattached	1.46m
4 Stolle, Anna	W93	U.Ottawa	1.41m

Event 23 Mixed High Jump High Bar Sta

Name	Year	School	Finals
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1	Kane, Brian	M	St. Lawrence	1.96m
2	Scott, Mike	M	St. Lawrence	1.91m
3	Spalik, Justin	M	St. Lawrence	1.71m
4	Quevillon, Zachary	M91	U.Ottawa	1.66m
4	Fredericks, Jacob	M	St. Lawrence	1.66m
6	Dobransky, Johanna	W91	U.Ottawa	1.56m
6	Krech, Michele	W86	Ottawa Lions	1.56m
8	Terrell, Emery	W93	U.Ottawa	1.51m
8	Coulas, Cheryl	W91	U.Ottawa	1.51m
8	Whitley, Tayler	W91	U.Ottawa	1.51m

## Event 24 Women Long Jump

Name	Year	School	Finals	
1	Alvarez Halpin, Jasmine	97	Ottawa Lions	4.70m
2	El Hares, Joanna	92	U.Ottawa	4.37m
3	Bean, Victoria		St. Lawrence	4.27m
4	O'Brien, Meghan		St. Lawrence	4.10m
5	Yee, Samantha		St. Lawrence	4.02m
6	Sprague, Emily	98	Ottawa Lions	3.91m
7	Baillargeon, Catherine	97	Ottawa Lions	3.78m
8	Nafthalia, Lucian		ON Unattached	3.75m
9	Pennell, Nicole	97	Ottawa Lions	3.69m
10	Bien-Aime, Willianne	93	U.Ottawa	3.52m
11	Reimann, Michelle	99	Brockville Legio	3.51m
12	Beland, Emilie		R M C	3.45m
13	Baynahm, Hillary		St. Lawrence	3.39m
14	Bent, Vanessa	96	Ottawa Lions	3.24m
15	Wann, Kadiatou	01	Gatineau (C.A.)	3.20m
16	Mailloux, Emily	98	Ottawa Lions	3.14m
17	Boursiquot, Abigail	97	Ottawa Lions	3.00m

## Event 25 Men Long Jump

Name	Year	School	Finals	
1	Spalik, Justin		St. Lawrence	5.70m
2	Dixon, Terrence		St. Lawrence	5.47m
3	Williams, Nathan		R M C	5.15m
4	Sanger, Tarek	95	Ottawa Lions	5.11m
5	Moore, Liam	96	Ottawa Lions	4.95m
6	Derby, Brian	73	Ottawa Lions	4.90m
7	St-Lewis, Jamal	95	Ottawa Lions	4.85m
8	Scott, Mike		St. Lawrence	4.81m
9	Gunawardena, Sandeep	95	Ottawa Lions	4.73m
10	Egert, Nathan	97	Ottawa Lions	4.70m
11	Dwyer, Riely	93	Carleton Place	4.42m
12	Tuna, Zeran	99	Brockville Legio	4.29m
13	Sindani, Kidogbua	96	Ottawa Lions	4.08m
14	Sprague, Kyle	00	Ottawa Lions	3.92m
15	Cowan, Sam	98	Brockville Legio	3.58m
--	Fartshaw, Bruce	68	Una - Ontario	FOUL

## Event 26 Women Triple Jump

Name	Year	School	Finals	
1	Dillon, Krista	92	U.Ottawa	11.10m
2	Sipprell, Krista	93	U.Ottawa	10.77m
3	Stine, Carly		St. Lawrence	9.13m
4	Rebehn, Emily		St. Lawrence	9.00m

## Event 27 Men Triple Jump

Name	Year	School	Finals
1 Itani, Al	95	Ottawa Lions	12.07m
2 Payton, Christopher		St. Lawrence	11.85m
3 Cotten, David	93	Ottawa Lions	11.50m
-- Chung, Kevin	94	Ottawa Lions	FOUL
-- Kane, Brian		St. Lawrence	FOUL

## Event 28 Women Shot Put

Name	Year	School	Finals
1 Klatt, Katie	95	Ottawa Lions	11.41m
2 Linder, Kristen		St. Lawrence	11.20m
3 Garcia, Leanna	95	ON Unattached	11.05m
4 Tyree, Jessica		St. Lawrence	9.01m

## Event 29 Men Shot Put

Name	Year	School	Finals
1 Genest, Vincent		ON Unattached	13.81m
2 Stuckless, Dylan	94	Elite Athletics	13.73m
3 Slepica, Jim	54	Elite Athletics	13.62m
4 Arbour, Patrick	88	Ottawa Lions	13.16m
5 Blaisdell, A.J.		St. Lawrence	10.91m

## Event 30 Women Weight Throw

Name	Year	School	Finals
1 Linder, Kristen		St. Lawrence	11.64m
2 Weber, Samantha		St. Lawrence	10.36m
3 Tyree, Jessica		St. Lawrence	10.25m

## Event 31 Men Weight Throw

Name	Year	School	Finals
1 Blaisdell, A.J.		St. Lawrence	13.28m