

Licensed to Saint Lawrence University HY-TEK's Meet Manager 1/16/2010 09:33 PM
 Dome Super Saturday Meet #2 - 1/16/2010
 Dome@Louis-Riel, Ottawa, On
 Results

Event 1 Women 60 Meter Dash

Name	Year Team	Prelims	H#
Preliminaries			
1 Jacques, Farah	Perfmax	7.84q	1
2 Lela, Christiane	Uottawa	8.01q	1
3 Maddex, Ashlea	On-Ottawa Lions	8.03q	1
4 Labarang, Charifa	On-Ottawa Lions	8.09q	2
5 Loyer, Celine	Dssg Atheletics	8.11q	1
6 Joanis, Arianne	Cirrus Gatineau	8.28q	2
7 Lavoie, Sabrina	Perfmax	8.30q	2
8 Yacob, Marina	Uottawa	8.38q	2
9 Ducasse, Sarah	Uottawa	8.42q	3
10 Zimmerly, Ayla	On-Ottawa Lions	8.46q	3
11 Goulet-Nadon, Amelie	Perfmax	8.49q	1
12 Becker, Corinne	St. Lawrence	8.56q	6
13 Agnew, Lauren	On-Ottawa Lions	8.62	2
14 Stille, Julia	On-Ottawa Lions	8.62	3
15 Tebrake, Julianna	On-Ottawa Lions	8.70	1
16 Ndikumasabo, Sandra	Uottawa	8.70	3
17 Gauthier, Marie-Eve	Uottawa	8.77	4
18 Biklo, Erika	On-Ottawa Lions	8.78	4
19 Rains, Kylie	Uottawa	8.79	2
20 Johnson, Nadine	Uottawa	8.81	3
21 Alexis, Wendy	On-Ottawa Lions	8.81	4
22 Charbonneau, Christina	On-Ottawa Lions	8.81	5
23 Whitley, Tayler	Uottawa	8.81	4
24 McBride, Alannah	On-Ottawa Lions	8.92	5
25 Zhang, Wendy	Uottawa	8.94	6
26 Leduc, Audrey	C.A Gatineau	9.09	5
27 Kadiattuv Marya, Wann	C.A Gatineau	10.71	6
28 Karelis, Kyriaki	Perfmax	10.82	5

Event 1 Women 60 Meter Dash

Name	Year Team	Finals	H#
Finals			
1 Jacques, Farah	Perfmax	7.84	2
2 Maddex, Ashlea	On-Ottawa Lions	7.99	2
3 Lela, Christiane	Uottawa	8.02	2
4 Loyer, Celine	Dssg Atheletics	8.11	2
5 Labarang, Charifa	On-Ottawa Lions	8.12	2
6 Lavoie, Sabrina	Perfmax	8.26	1
7 Zimmerly, Ayla	On-Ottawa Lions	8.34	1
8 Joanis, Arianne	Cirrus Gatineau	8.34	2
9 Ducasse, Sarah	Uottawa	8.39	1
10 Goulet-Nadon, Amelie	Perfmax	8.46	1
11 Becker, Corinne	St. Lawrence	8.49	1
-- Yacob, Marina	Uottawa	DQ	1

Event 2 Men 60 Meter Dash

Name	Year Team	Prelims	H#
Preliminaries			
1 Smith, Oluseyi	On-Ottawa Lions	6.79q	1

2	Sissoko, Moussa	Uottawa	6.93q	1
3	Robertson, Michael	Uottawa	6.94q	1
4	Greenaway, Christopher	Uottawa	7.09q	1
5	Gauthier-Kwan, Olivier	Uottawa	7.16q	2
6	Glaude, Hercules	West Island	7.26q	2
7	Dore, Alexandre	Perfmax	7.32q	2
8	Zaid, Francois	Perfmax	7.32q	3
9	Bussaretx, Carlolivier	Perfmax	7.35q	1
10	Faribault, Gabriel	Perfmax	7.39q	2
11	Clyke, Keneth	Perfmax	7.41q	3
12	Alexandre, Eynack	Perfmax	7.45q	2
13	Fisher, Andy	St. Lawrence	7.46	3
14	Cotten, David	On-Ottawa Lions	7.47	7
15	Ruble, Aaron	Uottawa	7.50	4
16	Gregoire, Chase	Uottawa	7.53	4
17	Yarney, Thaddeus Ekow	On-Ottawa Lions	7.57	5
18	DeJong, Dylan	On-Ottawa Lions	7.58	5
19	Tavitian, Zaven	Perfmax	7.58	2
20	Huybregts, Cory	Uottawa	7.59	3
21	Ramiakajato, Eric	Cirrus Gatineau	7.60	5
22	Hamel, Alexandre	Perfmax	7.61	4
23	Omara, Daniel	Cirrus Gatineau	7.64	5
24	Busseau, Bruno-Charles	Uottawa	7.68	3
25	Rajaratnam, Preedman	Perfmax	7.76	6
26	Liang, Kevin	On-Ottawa Lions	7.79	6
27	Nault, Kevin	On-Ottawa Lions	7.80	7
28	Murray, Tyler	Uottawa	7.82	5
29	Randez, Francisco	Perfmax	7.83	1
30	Rakotoarivelo, Tojo	Cirrus Gatineau	7.87	7
31	Schlossmacher, Oliver	On-Ottawa Lions	7.94	7
32	LeBlanc, Ben	St. Lawrence	7.97	5
33	Appianing, Richmond	Uottawa	8.12	6
34	Auguste, David	Uottawa	8.12	6
34	Schlossmacher, Thomas	On-Ottawa Lions	8.12	8
36	Ben Nejhm, Sami	Cirrus Gatineau	8.16	8
37	Dyer, James	On-Ottawa Lions	8.23	7
38	Morris, Mike	Unattached	8.73	8
39	Toth, Jason	Cornwall Cougars	8.74	8

Event 2 Men 60 Meter Dash

Name	Year Team	Finals	H#
Finals			
1	Sissoko, Moussa	Uottawa	6.89 2
2	Robertson, Michael	Uottawa	6.90 2
3	Greenaway, Christopher	Uottawa	6.97 2
4	Gauthier-Kwan, Olivier	Uottawa	7.14 2
5	Zaid, Francois	Perfmax	7.23 1
6	Glaude, Hercules	West Island	7.28 2
7	Bussaretx, Carlolivier	Perfmax	7.34 1
8	Alexandre, Eynack	Perfmax	7.35 1
9	Clyke, Keneth	Perfmax	7.36 1
10	Faribault, Gabriel	Perfmax	7.40 1
--	Dore, Alexandre	Perfmax	DQ 1

Event 9 Women 60 Meter Hurdles

Name	Year Team	Prelims	H#
Preliminaries			
1	Maddex, Ashlea	On-Ottawa Lions	9.06q 1
2	Krech, Michele	On-Ottawa Lions	9.66q 2

3	Dobransky, Johanna	Uottawa	10.03q	1
4	Whitley, Tayler	Uottawa	10.27q	1
5	Palmer, Emily	St. Lawrence	10.39q	1
6	Coulas, Cheryl	Uottawa	10.64q	2
7	Twardzik, Kayla	St. Lawrence	10.79	1
8	Houle, Allysa	St. Lawrence	11.75	2
9	LaPorte, Kiersten	St. Lawrence	11.82	2

Event 9 Women 60 Meter Hurdles

Name	Year Team	Finals
Finals		
1	Maddex, Ashlea	On-Ottawa Lions 8.86
2	Krech, Michele	On-Ottawa Lions 9.72
3	Dobransky, Johanna	Uottawa 10.16
4	Whitley, Tayler	Uottawa 10.28
5	Palmer, Emily	St. Lawrence 10.36
6	Coulas, Cheryl	Uottawa 10.54

Event 10 Men 60 Meter Hurdles

Name	Year Team	Prelims	H#
Preliminaries			
1	Fawcett, Tyler	Uottawa 8.28q	2
2	Makinde, Oluwasegun	Uottawa 8.88q	1
3	Spalik, Justin	St. Lawrence 9.00q	2
4	Bell, Spencer	Uottawa 9.67q	2
5	Spicer, Dylan	St. Lawrence 9.93q	1

Event 10 Men 60 Meter Hurdles

Name	Year Team	Finals
Finals		
1	Fawcett, Tyler	Uottawa 8.34
2	Makinde, Oluwasegun	Uottawa 8.39
3	Spalik, Justin	St. Lawrence 8.79
4	Spicer, Dylan	St. Lawrence 9.73
5	Bell, Spencer	Uottawa 9.79

Event 11 Mixed 150 Meter Dash

Name	Year Team	Finals	H#
1	Faribault, Gabriel	M Perfmax 16.85	1
2	Zaid, Francois	M Perfmax 17.08	1
3	Clerge, Nel Bornelo	M Unattached 17.29	2
4	Lavigne, Eric	M Unviersite Laval 17.35	3
5	Fisher, Andy	M St. Lawrence 17.37	4
6	Clyke, Keneth	M Perfmax 17.38	2
7	Bussaretx, Carlolivier	M Perfmax 17.44	1
8	Williams, Lawrence	M On-Ottawa Lions 17.60	3
9	Hamel, Alexandre	M Perfmax 17.66	1
10	Primeau, Codie	M On-Ottawa Lions 17.79	3
11	Yarney, Thaddeus Ekow	M On-Ottawa Lions 17.90	4
12	Olivier, Schneider	M Unattached 17.92	2
13	Gregoire, Chase	M Uottawa 17.94	8
14	Omara, Daniel	M Cirrus Gatineau 17.94	7
15	Chung, Kevin	M On-Ottawa Lions 18.19	5
16	Remond Lalonde, Philippe	M C.A Gatineau 18.24	6
17	Smyth, Graham	M On-Ottawa Lions 18.25	6

18	Scott, Sean	M St. Lawrence	18.31	9
19	Proulx, Emmett	M On-Ottawa Lions	18.33	5
20	Montgiraud, Iseah	M Unattached	18.36	3
21	MacDonald, Joel	M Louis-Riel High	18.53	9
22	Busseau, Bruno-Charles	M Uottawa	18.57	4
23	Randez, Francisco	M Perfmax	18.61	2
24	Nazerally, Riyadh	M On-Ottawa Lions	18.67	6
25	Maddex, Ashlea	W On-Ottawa Lions	18.85	7
26	Itani, Al	M On-Ottawa Lions	18.89	8
27	Spicer, Dylan	M St. Lawrence	18.98	6
28	Rakotoarivelo, Tojo	M Cirrus Gatineau	19.00	7
29	Schlossmacher, Oliver	M On-Ottawa Lions	19.00	4
30	Labarang, Charifa	W On-Ottawa Lions	19.16	8
31	Ben Nejhm, Sami	M Cirrus Gatineau	19.25	9
32	Cormack, Andrew	M On-Ottawa Lions	19.36	12
33	Loyer, Celine	W Dssg Atheletics	19.45	5
34	Joanis, Arianne	W Cirrus Gatineau	20.06	8
35	Rochon, Gabriele	W Cirrus Gatineau	20.12	10
36	Timbrell, Reba	W Uottawa	20.48	14
37	Agnew, Lauren	W On-Ottawa Lions	20.53	9
38	Goulet-Nadon, Amelie	W Perfmax	20.63	14
39	Dillon, Krista	W On-Ottawa Lions	20.95	10
40	Shearman, Alanna	W On-Ottawa Lions	21.19	11
41	Charbonneau, Christina	W On-Ottawa Lions	21.25	11
42	McBride, Alannah	W On-Ottawa Lions	21.26	12
43	Mahlig, Alexia	W Cirrus Gatineau	21.32	11
44	Biklo, Erika	W On-Ottawa Lions	21.40	12
45	Venezia, Jessica	W St. Lawrence	21.44	10
46	Gauthier, Marie-Eve	W Uottawa	21.51	10
47	Bush, Kendra	W St. Lawrence	21.62	11
48	Walton, Shannon	W On-Ottawa Lions	21.77	13
49	Shearman, Abigail	W On-Ottawa Lions	21.78	14
50	Toth, Jason	M Cornwall Cougars	21.81	15
51	Croney, Nikyla	W Cornwall Cougars	22.41	12
52	Carroll, Kaela	W Cornwall Cougars	22.97	13
53	Leduc, Audrey	W C.A Gatineau	23.24	13
54	Derouchie, Ashley	W Cornwall Cougars	23.98	13
55	Kadiattuv Marya, Wann	W C.A Gatineau	29.82	15

Event 12 Mixed 300 Meter Dash

Name	Year Team	Finals	H#
1	Robertson, Michael	M Uottawa	33.25 1
2	Smith, Oluseyi	M On-Ottawa Lions	34.22 1
3	Makinde, Oluwasegun	M Uottawa	34.41 1
4	Biocchi, Devin	M On-Ottawa Lions	34.99 2
5	Sissoko, Moussa	M Uottawa	35.22 1
6	Makinde, Tolu	M On-Ottawa Lions	35.60 3
7	Fawcett, Tyler	M Uottawa	35.75 2
8	Williams, Lawrence	M On-Ottawa Lions	36.30 4
9	Lavigne, Eric	M Unviersite Laval	36.87 3
10	Hamel, Alexandre	M Perfmax	36.99 4
11	Frymire, Leif	M St. Lawrence	37.33 5
12	Risling, Tony	M Uottawa	37.43 2
13	Rossi, Alexander	M West Island Trac	37.49 4
14	Mello, Nicholas	M St. Lawrence	37.52 4
15	Bell, Spencer	M Uottawa	37.61 3
16	Alexandre, Eynack	M Perfmax	37.75 5
17	Rublee, Aaron	M Uottawa	37.81 7
18	Remond Lalonde, Philippe	M C.A Gatineau	38.55 6
19	Murray, Tyler	M Uottawa	38.59 7
20	Huybregts, Cory	M Uottawa	38.71 6

21	Quosdorf, Kristian	M Cornwall Cougars	38.79	6
22	Nolan, Tyler	M Brockville Legio	38.85	3
23	Nault, Kevin	M On-Ottawa Lions	38.86	7
24	Nazerally, Riyadh	M On-Ottawa Lions	39.30	8
25	MacDonald, Joel	M Louis-Riel High	39.42	9
26	LeBlanc, Ben	M St. Lawrence	40.27	8
27	Callender, Fiona	W On-Ottawa Lions	40.35	8
28	Lela, Christiane	W Uottawa	40.69	7
29	Smallwood, Nicholas	M On-Ottawa Lions	41.04	8
30	Cormack, Andrew	M On-Ottawa Lions	41.31	10
31	Schlossmacher, Thomas	M On-Ottawa Lions	41.34	5
32	Auguste, David	M Uottawa	41.42	9
33	Lavoie, Sabrina	W Perfmex	42.53	9
34	Rochon, Gabriele	W Cirrus Gatineau	43.77	10
35	Goulet-Nadon, Amelie	W Perfmex	44.11	11
36	Yacob, Marina	W Uottawa	44.33	9
37	Timbrell, Reba	W Uottawa	44.40	11
38	Barr, Jenna	W On-Ottawa Lions	44.80	12
39	Rains, Kylie	W Uottawa	45.19	10
40	Walton, Shannon	W On-Ottawa Lions	45.46	12
41	Johnson, Nadine	W Uottawa	45.67	10
42	Mahlig, Alexia	W Cirrus Gatineau	45.68	13
43	Galbraith, Emma	W On-Ottawa Lions	45.70	11
44	Kary, Lindsay	W On-Ottawa Lions	46.79	14
45	Shearman, Abigail	W On-Ottawa Lions	47.36	13
46	Carmichale, Emily	W Brockville Legio	47.46	14
47	O'Higgins, Erin	W On-Ottawa Lions	47.56	11
48	Colwell, Declan	M Brockville Legio	47.65	12
49	Croney, Nikyla	W Cornwall Cougars	47.83	13
50	Koch, Whitney	W St. Lawrence	48.90	15
51	Derouchie, Ashley	W Cornwall Cougars	51.16	14
52	Ferguson, Chelsea	W Brockville Legio	56.79	15
53	Kadiattuv Marya, Wann	W C.A Gatineau	1:04.99	15

Event 13 Mixed 600 Meter Run

Name	Year	Team	Finals	
1		Pearson, Stuart	M On-Ottawa Lions	1:21.04
2		Taillon, Marc-Philippe	M Uottawa	1:22.66
3		Smithers, Cameron	M Uottawa	1:23.20
4		Ohlsen, Jack	M On-Ottawa Lions	1:23.66
5		Pelland, Andre	M On-Ottawa Lions	1:23.92
6		Moses, Isaiah	M On-Ottawa Lions	1:24.69
7		Biocchi, Devin	M On-Ottawa Lions	1:24.74
8		Pugliano, Christopher	M St. Lawrence	1:24.87
9		Fox, Michael	M St. Lawrence	1:24.98
10		Batt, Jeremy	M Uottawa	1:25.56
11		Mosenthal, Will	M St. Lawrence	1:25.76
12		LeBlanc, Josh	M St. Lawrence	1:25.96
13		Boast, Cody	M On-Ottawa Lions	1:26.08
14		Gunn-Doerge, Benjamin	M On-Ottawa Lions	1:27.03
15		Mackie, Kyle	M Uottawa	1:27.50
16		Garfinkle, Jordan	M St. Lawrence	1:27.67
17		Theriault, Augustin	M C.A Gatineau	1:27.75
18		Palamar, Adam	M On-Ottawa Lions	1:28.27
19		Bernatchez, Dave	M Royal Military C	1:28.76
20		Glaude, Hercules	M West Island	1:28.81
21		Dionne, Andrew	M Royal Military C	1:29.08
22		Donald, Scott	M On-Ottawa Lions	1:29.88
23		Murphy, Samantha	W On-Ottawa Lions	1:34.39
24		Mowbray, Brian	M Royal Military C	1:38.73
25		Smallwood, Nicholas	M On-Ottawa Lions	1:39.39

26	Marini, Jessica	W St. Lawrence	1:40.12
27	Slinn, Heather	W On-Ottawa Lions	1:41.97
28	Kanz, Isabelle	W On-Ottawa Lions	1:43.47
29	Schwennker, Liz	W St. Lawrence	1:43.52
30	Arsenault, Josh	M Royal Military C	1:44.28
31	Eryuzlu, Sheniz	W On-Ottawa Lions	1:44.34
32	Moore, Clara	W On-Ottawa Lions	1:45.01
33	Rebehn, Kelsey	W St. Lawrence	1:45.73
34	Alby, Noemie	W C.A Gatineau	1:46.58
35	Nuffer, Megan	W St. Lawrence	1:48.60
36	Low, Sydney	W On-Ottawa Lions	1:51.10
37	Elick, Sara	W Uottawa	1:51.64
38	Morin, Paige	W Brockville Legio	1:57.99
39	Loeper, Kristin	W Uottawa	2:00.79
40	Croney, Mathias	M Cornwall Cougars	2:13.49
41	Ferguson, Chelsea	W Brockville Legio	2:16.14
42	Lapierre, Brooke	W Cornwall Cougars	2:19.92

Event 14 Mixed 1000 Meter Run

Name	Year	Team	Finals
1	Day, Kieran	M On-Ottawa Lions	2:37.23
2	Cloutier, Philippe	M Uottawa	2:37.54
3	Trivers, Jacob	M Royal Military C	2:38.53
4	Bensouda, Amine	M Enduromax Club	2:39.29
5	Delaney, Liam	M Brockville Legio	2:39.48
6	Harrigan, Shane	M Uottawa	2:40.22
7	EL Moustir, Younes	M Enduromax Club	2:40.99
8	Bergeron, Michael	M Uottawa	2:44.09
9	Theriault, Augustin	M C.A Gatineau	2:46.52
10	Ouardani, Adam	M Enduromax Club	2:47.75
11	Towle, Andrew	M On-Ottawa Lions	2:49.46
12	Jessup, Jammie	M Royal Military C	2:51.06
13	Verret-Borsos, Zachary	M On-Ottawa Lions	2:51.65
14	Hoskins, Jeff	M Uottawa	2:53.86
15	Despatie, Mathieu	M Uottawa	2:54.23
16	Kary, Dave	M On-Ottawa Lions	2:54.45
17	Rodley, Garrett	M Thousand Island	2:54.79
18	Woods, Josh	M On-Ottawa Lions	2:55.51
19	Wetzl, Jesse	M Uottawa	3:00.73
20	Galbraith, Emma	W On-Ottawa Lions	3:00.94
21	Baxter, Iain	M On-Ottawa Lions	3:02.35
22	Wheeler, Patrick	M Royal Military C	3:02.61
23	Hulton, Jenna	W St. Lawrence	3:04.07
24	Bradley, Aaron	M Royal Military C	3:05.34
25	Norman, Emma	W On-Ottawa Lions	3:06.88
26	Kary, Lindsay	W On-Ottawa Lions	3:09.06
27	Lemme, Jacquelynn	W St. Lawrence	3:09.21
28	MacNaughton, Kate	W Uottawa	3:14.69
29	O'Higgins, Erin	W On-Ottawa Lions	3:15.03
30	Morin, Paige	W Brockville Legio	3:28.34
31	Macbeth, Abigail	W St. Lawrence	3:30.15
32	Raue, Caroline	W St. Lawrence	3:33.22
33	Kellar, Leah	W Royal Military C	3:35.56
34	Croney, Mathias	M Cornwall Cougars	4:12.64
35	Bouvier, Lecours	W Cornwall Cougars	4:14.04
36	Densham, Olivia	W Cornwall Cougars	4:15.25

Event 15 Mixed 1500 Meter Run

Name	Year	Team	Finals
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1	Fox, Terrence	M St. Lawrence	4:01.83
2	Goodwin, Andrew	M St. Lawrence	4:02.42
3	Brennan, Kevin	M Uottawa	4:04.02
4	Cargill, Chantry	M Uottawa	4:04.87
5	Millard, Geoff	M St. Lawrence	4:09.17
6	Binns, Remy	M Uottawa	4:19.03
7	Harrigan, Shane	M Uottawa	4:22.07
8	Marshall, John	M Royal Military C	4:23.04
9	Shearman, Simon	M On-Ottawa Lions	4:24.76
10	Bergeron, Michael	M Uottawa	4:26.61
11	Belgherbi, Lotfi	M Enduromax Club	4:27.17
12	Hoskins, Jeff	M Uottawa	4:27.43
13	Malleck, Julia	W Uottawa	4:29.74
14	Jessup, Jammie	M Royal Military C	4:44.40
15	Pavlus, Wendy	W St. Lawrence	4:44.48
16	Colwell, Declam	M Brockville Legio	4:44.70
17	Baxter, Iain	M On-Ottawa Lions	4:50.08
18	Jarvis, Alec	M Bytown Storm	4:50.56
19	Everson, Phil	M Cornwall Cougars	4:51.87
20	Dysart, Michael	M On-Ottawa Lions	4:52.15
21	Bijam, Heather	W University OF QU	4:52.48
22	Locke, Tiffany	W Uottawa	4:53.84
23	Fleet, Matt	M Royal Military C	4:53.85
24	Pennell, Rip	M Royal Military C	4:57.25
25	Vadala, Jordan	M On-Ottawa Lions	5:00.57
26	Andrews, Megan	W University OF QU	5:01.52
27	Dysart, Robert	M On-Ottawa Lions	5:03.20
28	Carmichale, Emily	W Brockville Legio	5:04.18
29	Klus, Samantha	W Bytown Storm	5:04.92
30	Fazelpour, Matin	M Uottawa	5:07.54
31	Nuffer, Erikka	W St. Lawrence	5:13.04
32	Tino, Caitlin	W University OF QU	5:17.34
33	Jeannotte Maranda, Gabri	W Cirrus Gatineau	5:19.66
34	Maynard, Andrea	W St. Lawrence	5:22.91
35	Sun, Mary	W Royal Military C	5:26.80
36	Pinch, Amanda	W Uottawa	5:41.27
37	Maxwell, Alex	M Bytown Storm	5:42.64
38	Knox, Qlexandre	M Bytown Storm	5:44.08
39	Timbrell, Shannon	W Cornwall Cougars	5:44.42
40	Timbrell, Mataya	W Cornwall Cougars	5:49.64
41	Cronney, Malik	M Cornwall Cougars	5:58.33
42	Charrier, Elyse	W Bytown Storm	6:12.12
43	Byway, Connor	M Bytown Storm	6:12.60
44	Burton, Myriam	W Bytown Storm	6:39.91
45	Densham, Olivia	W Cornwall Cougars	7:00.01

Event 16 Mixed 3000 Meter Run

Name	Year Team	Finals	
1	Ramsey, Dan	M St. Lawrence	8:40.03
2	Jackson, Seth	M St. Lawrence	8:49.77
3	Johnston, John	M St. Lawrence	8:50.15
4	Beaudette, Jeremy	M St. Lawrence	8:56.26
5	Yawney, Joseph	M On-Ottawa Lions	8:59.59
6	Fluet, Vincent	M Uottawa	9:04.22
7	de Jong, Garrett	M Uottawa	9:12.48
8	Binns, Remy	M Uottawa	9:15.81
9	Lavigne, Todd	M St. Lawrence	9:17.66
10	Malcomb, Jacob	M St. Lawrence	9:20.12
11	Calderwood, Alex	M St. Lawrence	9:22.17
12	Schofield, Ian	M St. Lawrence	9:23.18
13	Mahler, Luc	M Uottawa	9:24.20

14	Stewart, Thor	M On-Ottawa Lions	9:25.25
15	Mayers, Jimmy	M St. Lawrence	9:28.04
16	Liponis, Timothy	M St. Lawrence	9:39.07
17	Hayes, Richard	M On-Ottawa Lions	9:45.11
18	Matthewman, Joshua	M Uottawa	9:51.64
19	Saul, Donald	M On-Ottawa Lions	10:11.35
20	Davies, Trevor	M Royal Military C	10:44.56
21	Vadala, Jordan	M On-Ottawa Lions	10:51.29
22	Seymour, Jill	W Uottawa	10:56.42
23	St John, Hillary	W St. Lawrence	11:00.78
24	Britton, Julia	W Uottawa	11:09.97
25	Badry, Nicole	W Uottawa	11:13.61
26	Nuffer, McKayla	W St. Lawrence	11:17.35
27	Nuffer, Chelsea	W St. Lawrence	12:01.80
28	Caceres, Duneraci	W Royal Military C	13:54.29

Event 17 Women 4x200 Meter Relay

Team	Finals	H#
1 U. of Ottawa 'A'	1:50.26	1
2 St. Lawrence 'A'	1:54.83	1
3 U. of Ottawa 'B'	1:57.80	2
4 St. Lawrence 'B'	2:03.42	2
5 Cornwall Cougars 'A'	2:16.08	2

Event 18 Men 4x200 Meter Relay

Team	Finals	H#
1 U. of Ottawa 'A'	1:26.96	2
2 U. of Ottawa 'B'	1:33.14	2
3 St. Lawrence 'A'	1:33.64	2
1) Scott, Sean	2) Mello, Nicholas	
3) Williams, Bradley	4) Fisher, Andy	
4 Unattached 'A'	1:34.80	3
5 U. of Ottawa 'C'	1:40.07	1
6 ON - Ottawa Lions T&F Club 'A'	1:43.81	3
7 Royal Military College 'A'	1:46.08	1
8 Royal Military College 'B'	1:48.48	1
9 Royal Military College 'C'	1:57.77	1
10 Cornwall Cougars 'A'	2:00.57	3

Event 19 Women 4x400 Meter Relay

Team	Finals
1 ON - Ottawa Lions T&F Club 'A'	3:57.04
2 U. of Ottawa 'A'	4:21.46
3 St. Lawrence 'A'	4:29.01
4 St. Lawrence 'B'	4:39.40
5 Cornwall Cougars 'A'	5:21.94

Event 20 Men 4x400 Meter Relay

Team	Finals	H#
1 U. of Ottawa 'A'	3:25.04	1
2 St. Lawrence 'A'	3:34.78	1
1) Pugliano, Christopher	2) Frymire, Leif	
3) Mosenthal, Will	4) Spalik, Justin	
3 St. Lawrence 'B'	3:35.28	1
1) Fox, Michael	2) Beaudette, Jeremy	

3) LeBlanc, Josh	4) Fox, Terrence		
4 U. of Ottawa 'B'		3:44.00	1
5 Cornwall Cougars 'A'		3:48.08	2
6 St. Lawrence 'D'		3:49.15	2
1) Ramsey, Dan	2) Jackson, Seth		
3) Goodwin, Andrew	4) Johnston, John		
7 Unattached 'A'		3:50.84	2
8 St. Lawrence 'E'		3:57.93	2
1) Schofield, Ian	2) Malcomb, Jacob		
3) Liponis, Timothy	4) Mayers, Jimmy		

Event 21 Women High Jump

Name	Year Team	Finals
1 Morris, Kylie	St. Lawrence	1.56m

Event 22 Men High Jump

Name	Year Team	Finals
1 Scott, Mike	St. Lawrence	1.81m
2 Phillips, Colin	Brookfield High	1.76m
3 Busseau, Bruno-Charles	Uottawa	1.61m

Event 23 Women High Jump

Name	Year Team	Finals
1 Nuffer, Megan	St. Lawrence	J1.51m
2 LI, Emma	Bramalea Bullets	J1.46m
3 Chainey, Marie-Eve	Uottawa	1.46m
4 Whitley, Tayler	Uottawa	J1.56m
5 Smith, Hannah	Airborne Ath	1.36m

Event 25 Women Pole Vault

Name	Year Team	Finals
1 Terrell, Emery	On-Ottawa Lions	2.66m

Event 26 Men Pole Vault

Name	Year Team	Finals
1 Farnsworth, Mark	Uottawa	4.16m
2 Williams, Bradley	St. Lawrence	4.01m
3 Percival, Dan	On-Ottawa Lions	3.41m
3 Proulx, Emmett	On-Ottawa Lions	3.41m
5 Arbour, Patrick	Uottawa	3.11m
6 Dyer, James	On-Ottawa Lions	2.81m

Event 27 Women Long Jump

Name	Year Team	Finals
1 Dillon, Krista	On-Ottawa Lions	4.87m
2 Ndikumasabo, Sandra	Uottawa	4.43m
3 Zimmerly, Ayla	On-Ottawa Lions	4.42m
4 Zhang, Wendy	Uottawa	4.36m
5 Venezia, Jessica	St. Lawrence	4.34m
6 Morris, Kylie	St. Lawrence	4.27m
7 Bush, Kendra	St. Lawrence	4.08m

8 Ducasse, Sarah	Uottawa	4.05m
9 Leduc, Audrey	C.A Gatineau	3.70m

Event 28 Men Long Jump

Name	Year Team	Finals
1 Greenaway, Christopher	Uottawa	7.38m
2 Gauthier-Kwan, Olivier	Uottawa	6.64m
3 Spalik, Justin	St. Lawrence	6.39m
4 Scott, Sean	St. Lawrence	6.06m
5 Cotten, David	On-Ottawa Lions	5.82m
6 Noln, Mat	Thousand Island	5.80m
7 Smyth, Graham	On-Ottawa Lions	5.50m
8 Tebrake, Brandon	On-Ottawa Lions	5.48m
9 Itani, Al	On-Ottawa Lions	5.06m
10 Croney, Malik	Cornwall Cougars	4.07m
11 Appianing, Richmond	Uottawa	3.97m
-- Yarney, Thaddeus Ekow	On-Ottawa Lions	ND

Event 29 Women Triple Jump

Name	Year Team	Finals
1 Stille, Julia	On-Ottawa Lions	10.65m
2 Phillips, Clara	On-Ottawa Lions	10.19m
3 LI, Emma	Bramalea Bullets	9.63m

Event 30 Men Triple Jump

Name	Year Team	Finals
1 Scott, Sean	St. Lawrence	12.38m
2 Fritshaw, Bruce	Unattached	7.37m
-- Chung, Kevin	On-Ottawa Lions	ND

Event 31 Women Shot Put

Name	Year Team	Finals
1 Pirinelli, Alyssa	St. Lawrence	13.87m
2 Ingalls, Jessica	St. Lawrence	10.02m
3 Krech, Michele	On-Ottawa Lions	9.76m
4 Hill, Elizabeth	Masters Athletic	9.60m
5 Edwards, Alicia	On-Ottawa Lions	9.23m
6 Dobransky, Johanna	Uottawa	8.81m
7 Terrell, Emery	On-Ottawa Lions	7.95m
8 Coulas, Cheryl	Uottawa	7.90m

Event 32 Men Shot Put

Name	Year Team	Finals
1 Arbour, Patrick	Uottawa	13.91m
2 Wingate, Corey	On-Ottawa Lions	13.26m
3 Fraser, Thomas	On-Ottawa Lions	12.15m
4 Blaisdell, A.J.	St. Lawrence	11.48m
5 Dyer, James	On-Ottawa Lions	11.19m

Event 33 Women Weight Throw

Name	Year Team	Finals
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1 Pirinelli, Alyssa	St. Lawrence	16.83m
2 Ingalls, Jessica	St. Lawrence	10.78m

Event 34 Men Weight Throw

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Name	Year Team	Finals
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1 Jones, Eric	St. Lawrence	16.41m
2 Blaisdell, A.J.	St. Lawrence	10.52m