

2009 Cardinal Classic Men.txt

2009 PLATTSBURGH STATE "CARDINAL CLASSIC"
MEN'S RACE, SEPTEMBER 5, 2009

PLACE	TEAM	POINTS	PLACES OF FINISHERS							AVG. TIME SPREAD	
1	St. Lawrence	27	2	3	5	8	9	10	11	15:39.1	0:27.6
2	Plattsburgh	36	1	4	6	12	13	14	15	15:44.0	0:58.8
3	Clarkson	79	7	16	17	18	21	22	23	16:40.5	1:19.6
4	Norwich	114	19	20	24	25	26	27	28	17:30.0	0:51.3
5	Lion's Pride	155	29	30	31	32	33	34	35	20:37.2	1:49.5

PLACE	FINISHER	TIME	PACE
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1. St. Lawrence

2	Daniel Ramsey, Jr	15:24.5	4:58
3	Jeremy Mwenda, Jr	15:25.4	4:59
5	Seth Jackson, So	15:42.1	5:04
8	Jacob Malcomb, Sr	15:51.6	5:07
9	Joshua LeBlanc, Jr	15:52.0	5:07
10	Jeremy Beaudette, Sr	15:55.6	5:08
11	Terrence Fox, Sr	15:57.3	5:09
Total Time = 1:18:15.5		Total Places = 27	

2. Plattsburgh

1	Mike Heymann, Jr	15:08.7	4:53
4	Seth Yernye, Sr	15:31.3	5:00
6	Bobby Grim, Jr	15:45.2	5:05
12	Alex Sico, Sr	16:07.2	5:12
13	Josh Mitchell, So	16:07.5	5:12
14	James Biondi, So	16:12.3	5:14
15	Chris Martin, Fr	16:20.7	5:16
Total Time = 1:18:39.7		Total Places = 36	

3. Clarkson

7	Alex Benway, So	15:50.7	5:07
16	Andrew Nadeau, Sr	16:33.6	5:21
17	Neal Campbell, So	16:53.7	5:27
18	Tim Sick, So	16:54.4	5:27
21	Conor Cullinane, Fr	17:10.2	5:32
22	Jeff Jones, So	17:29.4	5:38
23	Jerry D'Acchille, Sr	17:33.0	5:40
Total Time = 1:23:22.5		Total Places = 79	

4. Norwich

19	Michael Monaghan, Jr	17:02.2	5:30
20	Joseph Rosenthal, Fr	17:06.4	5:31
24	Samuel Spinrad, So	17:43.8	5:43
25	Michael Christopher, Jr	17:44.6	5:43
26	Richard Well, Fr	17:53.4	5:46
27	Seth Larimore, Fr	18:10.0	5:52
28	Joseph Santarelli, Fr	18:16.6	5:54
Total Time = 1:27:30.1		Total Places = 114	

5. Lion's Pride

29	Rob Noonan	19:53.5	6:25
30	Josh Mockus	20:05.6	6:29
31	Kewsi Burgess	20:37.9	6:39
32	Jordan Bieber	20:46.3	6:42
33	Bryan Mockus	21:42.9	7:00
34	Pete Hamm	22:52.2	7:23
35	Andrew Krug	23:00.4	7:25

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Total Time = 1:43:05.9

Total Places = 155

PLACE	TEAM SCORE	FINISHER	TIME	PACE	TEAM
1	1	Mike Heymann, Jr	15:08.7	4:53	Plattsburgh
2	2	Daniel Ramsey, Jr	15:24.5	4:58	St. Lawrence
3	3	Jeremy Mwenda, Jr	15:25.4	4:59	St. Lawrence
4	4	Seth Yernye, Sr	15:31.3	5:00	Plattsburgh
5	5	Seth Jackson, So	15:42.1	5:04	St. Lawrence
6	6	Bobby Grim, Jr	15:45.2	5:05	Plattsburgh
7	7	Alex Benway, So	15:50.7	5:07	Clarkson
8	8	Jacob Malcomb, Sr	15:51.6	5:07	St. Lawrence
9	9	Joshua LeBlanc, Jr	15:52.0	5:07	St. Lawrence
10	10	Jeremy Beaudette, Sr	15:55.6	5:08	St. Lawrence
11	11	Terrence Fox, Sr	15:57.3	5:09	St. Lawrence
12		Andrew Goodwin, So	16:05.6	5:11	St. Lawrence
13		Sam Rakoc, Fr	16:05.9	5:12	St. Lawrence
14		Brandon Kenny, Jr	16:06.3	5:12	St. Lawrence
15		Chris Funch, Jr	16:06.3	5:12	St. Lawrence
16	12	Alex Sico, Sr	16:07.2	5:12	Plattsburgh
17	13	Josh Mitchell, So	16:07.5	5:12	Plattsburgh
18		John Johnston, So	16:10.3	5:13	St. Lawrence
19		Geoff Millard, Sr	16:11.2	5:13	St. Lawrence
20	14	James Biondi, So	16:12.3	5:14	Plattsburgh
21	15	Chris Martin, Fr	16:20.7	5:16	Plattsburgh
22		Matt Medeiros	16:23.0	5:17	Norther Lights Tc
23		Todd Lavigne, Sr	16:30.6	5:20	St. Lawrence
24		Chris Taylor, Fr	16:33.3	5:20	Plattsburgh
25	16	Andrew Nadeau, Sr	16:33.6	5:21	Clarkson
26		Chris Ketcham, Jr	16:43.2	5:24	Plattsburgh
27		Will Mosenthal, Jr	16:43.8	5:24	St. Lawrence
28		Kyle Dunn, Jr	16:46.5	5:25	Plattsburgh
29		Justin Harrington, So	16:50.2	5:26	Plattsburgh
30		Alex Calderwood, So	16:51.0	5:26	St. Lawrence
31		John Knych, So	16:52.1	5:26	St. Lawrence
32		Jordan Garfinkle, Sr	16:52.8	5:27	St. Lawrence
33		Ian Schofield, Jr	16:53.1	5:27	St. Lawrence
34	17	Neal Campbell, So	16:53.7	5:27	Clarkson
35		Matthew Burdick, Sr	16:54.1	5:27	Plattsburgh
36	18	Tim Sick, So	16:54.4	5:27	Clarkson
37		James Mayers, Jr	17:00.8	5:29	St. Lawrence
38	19	Michael Monaghan, Jr	17:02.2	5:30	Norwich
39		Landen Elliott-Knaggs, Fr	17:02.4	5:30	St. Lawrence
40		Jack Swartz, Sr	17:05.8	5:31	Plattsburgh
41	20	Joseph Rosenthal, Fr	17:06.4	5:31	Norwich
42	21	Conor Cullinane, Fr	17:10.2	5:32	Clarkson
43		Sean Callahan, So	17:12.1	5:33	St. Lawrence
44		Matt Burton, So	17:13.3	5:33	Plattsburgh
45		Ryan Millar, Fr	17:14.9	5:34	Plattsburgh
46		Landen Elliott-Knaggs, Fr	17:20.7	5:36	St. Lawrence
47		Andrew Sargrad, So	17:22.5	5:36	St. Lawrence
48		Richard Adickes, So	17:22.8	5:36	Plattsburgh
49		Kevin Portillo, Fr	17:26.3	5:38	Plattsburgh
50		Kevin Bouchard-Hall	17:28.4	5:38	Norther Lights Tc
51	22	Jeff Jones, So	17:29.4	5:38	Clarkson
52	23	Jerry D'Acchille, Sr	17:33.0	5:40	Clarkson
53		Ryan Douglas, So	17:41.4	5:42	Plattsburgh
54		Matt Roberts, Fr	17:41.9	5:43	Plattsburgh
55	24	Samuel Spinrad, So	17:43.8	5:43	Norwich
56		Charles Rumpfelt, Fr	17:44.3	5:43	Plattsburgh
57	25	Michael Christopher, Jr	17:44.6	5:43	Norwich
58		Russ Seidel, Fr	17:46.5	5:44	Clarkson

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59	26	Richard Well, Fr	17: 53. 4	5: 46	Norwich
60		Dave Witman, So	17: 55. 2	5: 47	Clarkson
61		Zachary Russo, Fr	17: 59. 0	5: 48	Clarkson
62	27	Seth Larimore, Fr	18: 10. 0	5: 52	Norwich
63	28	Joseph Santarelli, Fr	18: 16. 6	5: 54	Norwich
64		Dan Smith, So	18: 24. 0	5: 56	Clarkson
65		Dustin Nuhfer, Jr	18: 28. 7	5: 58	Clarkson
66		Brian Wilson	18: 30. 5	5: 58	Norther Lights Tc
67		Thomas Malinowski, Jr	18: 39. 9	6: 01	Norwich
68		Mario Leonard, Fr	18: 44. 2	6: 03	Norwich
69		Chris Lamothe, Sr	18: 44. 8	6: 03	Clarkson
70		Jordan Garrison, So	19: 03. 6	6: 09	Clarkson
71		Andrew Groth, So	19: 06. 1	6: 10	Clarkson
72		Kyle Fritz, Jr	19: 09. 5	6: 11	Clarkson
73		Matt Dimasi, Fr	19: 17. 2	6: 13	Clarkson
74		Corey Wicks, Fr	19: 22. 1	6: 15	Clarkson
75		Lucas Roods, So	19: 31. 7	6: 18	Clarkson
76		Chris McKinney, Fr	19: 34. 2	6: 19	Clarkson
77		Derek Fessette	19: 37. 0	6: 20	Norther Lights Tc
78		Peter Kaplan	19: 38. 0	6: 20	Unattached
79		David Rugari, Fr	19: 38. 7	6: 20	Norwich
80		Matthew Pierce, Fr	19: 39. 5	6: 20	Norwich
81		Jordan Angerosa, So	19: 40. 0	6: 21	Clarkson
82		Greg Matthews, Jr	19: 47. 2	6: 23	Clarkson
83		Bruce Weinheimer, Sr	19: 48. 0	6: 23	Clarkson
84	29	Rob Noonan	19: 53. 5	6: 25	Lion's Pride
85		Matthew McClellan, Jr	20: 02. 2	6: 28	Norwich
86	30	Josh Mockus	20: 05. 6	6: 29	Lion's Pride
87		Shaquile Adams, Fr	20: 12. 0	6: 31	Norwich
88		Eric Burlee, So	20: 29. 5	6: 37	Clarkson
89	31	Kewsi Burgess	20: 37. 9	6: 39	Lion's Pride
90		Seth Brown, Jr	20: 43. 1	6: 41	Norwich
91	32	Jordan Bieber	20: 46. 3	6: 42	Lion's Pride
92		John Chevalier	21: 09. 2	6: 49	
93	33	Bryan Mockus	21: 42. 9	7: 00	Lion's Pride
94		Bennett Johnson, Sr	22: 29. 2	7: 15	Norwich
95		Matt Drowne	22: 42. 1	7: 19	
96	34	Pete Hamm	22: 52. 2	7: 23	Lion's Pride
97	35	Andrew Krug	23: 00. 4	7: 25	Lion's Pride
98		Doug McAlpine	23: 19. 4	7: 31	Lion's Pride
99		Samuel Spinrad, So	23: 25. 1	7: 33	Norwich
100		Charlie Berg	23: 25. 4	7: 33	Lion's Pride
101		Brad Woods	23: 41. 5	7: 39	Lion's Pride
102		Alex Carboni	26: 04. 7	8: 25	Lion's Pride
103		Erik Genalo	26: 05. 2	8: 25	Lion's Pride
104		Josh Bushey	29: 04. 4	9: 23	Lion's Pride
105		Charles Meyer	29: 04. 6	9: 23	Lion's Pride