

Licensed to Rochester Institute of Tech. HY-TEK's Meet Manager  
 2010 NYSCTC INDOOR TRACK & FIELD CHAMPIONSHIP  
 Results

## Women 55 Meter Dash

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=====
Championship: C 7.22 1986 Michelle Mazurick, U of Rochester
Association: A 7.22 1986 Michelle Mazurick, Rochester
                7.14 NC A
                7.30 NC P
                7.54 ECAC
  
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Name	Year	School	Prelims	H#
=====				
Preliminaries				
1 Marcia McCord		JR Ithaca Colle	7.29QNC P	3
2 Samantha Mitchell		Sr R.I.T.	7.43QECAC	2
2 Muriel Schwinn		FR Hamilton Col	7.43QECAC	1
4 Emma Dewart		SO Ithaca Colle	7.47qECAC	2
5 Casey Green		JR Rochester	7.55q	3
6 Kenisha Smith		SO Rochester	7.62q	1
7 Elizabeth Wahl		SR Hamilton Col	7.68q	2
8 Kelly Mulrey		FR Rochester	7.69q	1
9 Caitlyn Peterson		Sr R.I.T.	7.70	3
10 Corinne Becker		FR St. Lawrence	7.75	1
11 Paula Labaccaro		FR R.P.I	7.78	1
12 Cassie Clark		FR Ithaca Colle	7.80	3
13 Judy Horan		SO Union	7.87	1
14 Brittany Voll		SO Rochester	7.88	3
15 Desiree Edge		SO R.P.I	7.95	2
16 Jessica Singer		SO Union	8.08	3
17 Chanel Cohen		FR Ithaca Colle	8.11	3
18 Kelsey Greene		FR Ithaca Colle	8.33	2
-- Lauren Goldberg		FR Ithaca Colle	FS	2

## Women 55 Meter Dash

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=====
Championship: C 7.22 1986 Michelle Mazurick, U of Rochester
Association: A 7.22 1986 Michelle Mazurick, Rochester
                7.14 NC A
                7.30 NC P
                7.54 ECAC
  
```

Name	Year	School	Finals	H#
=====				
Finals				
1 Marcia McCord		JR Ithaca Colle	7.34 ECAC	
2 Samantha Mitchell		Sr R.I.T.	7.39 ECAC	
3 Muriel Schwinn		FR Hamilton Col	7.49 ECAC	
4 Emma Dewart		SO Ithaca Colle	7.63	
5 Casey Green		JR Rochester	7.63	
6 Elizabeth Wahl		SR Hamilton Col	7.71	
7 Kelly Mulrey		FR Rochester	7.81	
8 Kenisha Smith		SO Rochester	7.92	

## Women 200 Meter Dash

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=====
Championship: C 25.51 2008 Latoya Edwards, Buffalo Stat
Association: A 25.51 2008 Latoya Edwards, Buffalo Stat
                26.89 ECAC
  
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Name	Year	School	Prelims	H#
=====				
Preliminaries				
1 Marcia McCord		JR Ithaca Colle	26.22QECAC	3
2 Jacqueline Cinella		JR Rochester	26.53QECAC	1
3 Casey Green		JR Rochester	26.93Q	4
4 Abby Arday		Jr R.I.T.	27.01Q	2
5 Elizabeth Wahl		SR Hamilton Col	26.83qECAC	1
6 Kenisha Smith		SO Rochester	27.20q	2
7 Rachel Guillot		SR R.P.I	27.23q	3
8 Kelly Mulrey		FR Rochester	27.27q	2
9 Samantha Mitchell		Sr R.I.T.	27.60	4
10 Lauren Goldberg		FR Ithaca Colle	27.92	3
11 Chelsea Gallup		FR Ithaca Colle	28.02	1

12	Cassie Clark	FR	Ithaca Colle	28.37	1
13	Chanel Cohen	FR	Ithaca Colle	28.48	2
14	Judy Horan	SO	Union	28.76	4
15	Desiree Edge	SO	R.P.I	28.79	3

## Women 200 Meter Dash

=====  
Championship: C 25.51 2008 Latoya Edwards, Buffalo Stat  
Association: A 25.51 2008 Latoya Edwards, Buffalo Stat  
26.89 ECAC

Name	Year	School	Finals	H#	
=====					
Finals					
1	Marcia McCord	JR	Ithaca Colle	25.72 ECAC	2
2	Elizabeth Wahl	SR	Hamilton Col	26.79 ECAC	1
3	Abby Arday	Jr	R.I.T.	26.95	2
4	Jacqueline Cinella	JR	Rochester	26.96	2
5	Kenisha Smith	SO	Rochester	27.10	1
6	Casey Green	JR	Rochester	27.44	2
7	Rachel Guillot	SR	R.P.I	27.45	1
8	Kelly Mulrey	FR	Rochester	27.49	1

## Women 400 Meter Dash

=====  
Championship: C 57.29 2002 Sheri Kelleher, Hartwick  
Association: A 56.38 2004 Sheri Kelleher, Hartwick  
56.75 NC A  
58.70 NC P  
60.00 ECAC

Name	Year	School	Finals	H#	
=====					
1	Cassie Fortini	SR	R.P.I	60.38	2
2	Kenisha Smith	SO	Rochester	61.20	2
3	Rebecca Coffman	SO	Ithaca Colle	61.58	2
4	Olivia VonNieda	FR	R.P.I	62.91	2
5	Kristen Capaldi	SR	R.P.I	63.39	1
6	Sarah Hutchinson	SO	Rochester	63.56	1
7	Emily McCune	FR	Ithaca Colle	66.03	1

## Women 500 Meter Dash

=====  
Championship: C 76.79 2007 Danielle Simmons, RIT  
Association: A 76.01 2005 Danielle Simmons, RIT  
1:21.67 ECAC

Name	Year	School	Finals	H#	
=====					
1	Ebonie Howard	FR	Ithaca Colle	1:20.38 ECAC	4
2	Katie Ahart	FR	Ithaca Colle	1:20.85 ECAC	3
3	Rachel Guillot	SR	R.P.I	1:21.08 ECAC	4
4	Nikita Bourque	SO	Rochester	1:21.64 ECAC	4
5	Claire Crowther	FR	Rochester	1:21.65 ECAC	4
6	Glenn Watkins	SO	Hamilton Col	1:22.40	3
7	Liz Schwennker	SO	St. Lawrence	1:22.54	4
8	Kelsey Rebehn	JR	St. Lawrence	1:23.38	3
9	Jennie Springer	Fr	R.I.T.	1:24.09	3
10	Caitlin Hult	SO	Hamilton Col	1:24.41	3
11	Bridget Kruszka	FR	Rochester	1:24.98	2
12	Emily Moran	JR	Ithaca Colle	1:25.27	1
13	Amy Morrissey	FR	Alfred Unive	1:25.34	1
14	Laryssa Hebert	SO	Rochester	1:26.02	2
15	Kristin Miga	SO	Ithaca Colle	1:26.49	1
16	Evelyn DeSantis	SO	Nazareth Col	1:26.62	1
17	Alexandra Bush	Jr	R.I.T.	1:26.76	2
18	Rebecca Cleary	JR	R.P.I	1:26.97	2
19	Lindsay Harris	JR	Ithaca Colle	1:28.00	1
20	Elise DeSimone	SO	R.P.I	1:28.87	2

## Women 800 Meter Run

=====  
Championship: C 2:13.89 1985 Marie Bernard, Stonybrook  
Association: A 2:12.85 1985 Marie Bernard, Stonybrook  
2:13.50 NC A  
2:16.50 NC P

2:22.74 ECAC

Name	Year	School	Finals
1 Jacqueline Cinella	JR	Rochester	2:15.91 NC P
2 Jenne Randall	FR	Ithaca Colle	2:19.69 ECAC
3 Jacquelynn Lemme	FR	St. Lawrence	2:24.41
4 Stephanie Bardon	SO	R.P.I	2:24.49
5 Heather Graham	SR	Rochester	2:26.84
6 Emily Heckman	FR	Hamilton Col	2:27.62
7 Erica Parrinello	JR	Rochester	2:29.42
8 Brianne Yannotta	Fr	R.I.T.	2:29.75
9 Zarah Quinn	FR	Rochester	2:31.00
10 Megan Nuffer	FR	St. Lawrence	2:31.61
11 Molly Brown	SO	Ithaca Colle	2:32.30
12 Alexandra Leighton	SR	Hamilton Col	2:35.86

## Women 1000 Meter Run

Championship: C 2:57.98 2006 Marta Scott, Geneseo  
 Association: A 2:56.14 2003 Amanda Laytham, Ithaca  
 3:09.08 ECAC

Name	Year	School	Finals
1 Hillary Snyder	SO	Rochester	3:03.46 ECAC
2 Danielle Cohen	JR	R.P.I	3:05.53 ECAC
3 Lisa Cole	SR	Rochester	3:06.21 ECAC
4 Sarah Moskey	SR	Ithaca Colle	3:06.35 ECAC
5 Suzanne Giunta	SR	Rochester	3:08.60 ECAC
6 Megan Shanley	FR	Ithaca Colle	3:08.72 ECAC
7 Rachel Gaylord	SR	Alfred Unive	3:14.20
8 Rachel Spirito	FR	Ithaca Colle	3:14.43
9 Abigail Macbeth	FR	St. Lawrence	3:18.57
10 Melissa Haahr	JR	Alfred Unive	3:19.27
11 Chelsea Stone	SR	Hamilton Col	3:19.93
12 Ariel Mingrone	SO	R.P.I	3:20.40
13 Joelle Scarnati	Fr	R.I.T.	3:21.99
14 Marissa Eccleston	SO	Rochester	3:24.06
15 Julie Campbell	SO	R.P.I	3:24.52

## Women 1 Mile Run

Championship: C 5:02.57 2007 Meghan Nolan, Geneseo  
 Association: A 4:56.20 2006 Marta Scott, Geneseo  
 4:55.00 NC A  
 5:05.00 NC P  
 5:16.45 ECAC

Name	Year	School	Finals
1 Wendy Pavlus	JR	St. Lawrence	5:08.12 ECAC
2 Kate Leugers	JR	Ithaca Colle	5:08.54 ECAC
3 Zarah Quinn	FR	Rochester	5:12.08 ECAC
4 Jenna Hulton	SO	St. Lawrence	5:13.21 ECAC
5 Heidi Baumbach	SO	Ithaca Colle	5:14.31 ECAC
6 Suzanne Giunta	SR	Rochester	5:17.13
7 Lisa Cole	SR	Rochester	5:17.19
8 Sarah Gollub	SR	Rochester	5:30.81
9 Michelle Staiger	FR	Ithaca Colle	5:31.04
10 Maddy Gunter	JR	Hamilton Col	5:31.17
11 Kate Dubuisson	So	R.I.T.	5:31.24
12 Caitlyn Parmelee	SR	Nazareth Col	5:33.51
13 Lauren Jamieson	FR	Nazareth Col	5:33.54
14 Ariel Hubert	SR	R.P.I	5:34.45
15 Becca Skudder	SR	Union	5:35.22
16 Megan Crimmins	SR	Alfred Unive	5:35.95
17 Megan Ogle	FR	Rochester	5:48.03
18 Roxanne Makoff	SO	Hamilton Col	5:48.48

## Women 3000 Meter Run

Championship: C 9:44.7h 1984 Trisha Lacasse, Cortland  
 Association: A 9:37.0h 1989 Josefa Benzoni, Rochester  
 10:51.41 ECAC

Name	Year	School	Finals
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1	Erin Kyle	SR	R.P.I	10:42.55	ECAC
2	Hillary St. John	SR	St. Lawrence	10:42.75	ECAC
3	Amanda Boccio	SR	Ithaca Colle	10:43.67	ECAC
4	Melanie McCormick	JR	Ithaca Colle	10:43.94	ECAC
5	Marie Ferro	FR	R.P.I	10:45.80	ECAC
6	Arielle Januszkiewicz	Jr	R.I.T.	10:46.66	ECAC
7	Megan O'connor	JR	Rochester	10:54.52	
8	Rachel Zoyhofski	Fr	R.I.T.	10:54.81	
9	Christine Koch	JR	R.P.I	10:55.81	
10	Erikka Nuffer	FR	St. Lawrence	10:56.11	
11	Liz Schloss	JR	Ithaca Colle	11:03.14	
12	Cathy Ortiz	JR	Ithaca Colle	11:04.04	
13	McKayla Nuffer	SO	St. Lawrence	11:05.10	
14	Bridget Hastings	SR	Ithaca Colle	11:05.83	
15	Anna Guthrie	Fr	R.I.T.	11:10.67	
16	Molly Quinn	SO	Ithaca Colle	11:12.54	
17	Allison McComb	SR	Rochester	11:12.66	
18	Becca Skudder	SR	Union	11:23.12	
19	Jen Chan	SR	Alfred Unive	11:53.31	

## Women 5000 Meter Run

Championship: C	16:47.36	2003	Melissa White, Geneseo
Association: A	16:39.16	2003	Melissa White, Geneseo
	17:10.00	NC A	
	17:42.00	NC P	
	18:44.18	ECAC	

Name	Year	School	Finals
1	Melanie McCormick	JR Ithaca Colle	18:22.24 ECAC
2	Marie Ferro	FR R.P.I	18:31.76 ECAC
3	Hillary St. John	SR St. Lawrence	18:40.85 ECAC
4	Amanda Boccio	SR Ithaca Colle	18:41.11 ECAC
5	Christine Koch	JR R.P.I	18:44.10 ECAC
6	Megan O'connor	JR Rochester	19:01.16
7	Liz Schloss	JR Ithaca Colle	19:05.93
8	McKayla Nuffer	SO St. Lawrence	19:16.18
9	Bridget Hastings	SR Ithaca Colle	19:17.40
10	Allison McComb	SR Rochester	19:23.59
11	Molly Quinn	SO Ithaca Colle	19:29.74
12	Michelle Gillette	SO Nazareth Col	19:41.81
13	Chelsea Nuffer	SR St. Lawrence	19:48.53
14	Megan Schenk	FR Ithaca Colle	19:51.19
15	Kathryn Markowitz	SR R.P.I	19:53.05
16	Abby Aker	Jr R.I.T.	19:53.11
17	Rachel Cackett	FR Hamilton Col	20:10.60
18	Kelsey Ryan	FR Nazareth Col	20:34.16
19	Sarah Wilcox	JR Nazareth Col	20:39.28

## Women 55 Meter Hurdles

Championship: C	8.18	2006	Andrea Gentile, Cortland
Association: A	8.10	1998	Monique Hacker, Binghamton
	8.25	NC A	
	8.53	NC P	
	9.04	ECAC	

Name	Year	School	Prelims	H#
Preliminaries				
1	Lauren Koppel	SR Ithaca Colle	8.53QNC P	1
2	Emma Dewart	SO Ithaca Colle	8.59QECAC	2
3	Kiersten LaPorte	SO St. Lawrence	8.96QECAC	3
4	Tammia Hubbard	FR Ithaca Colle	8.95qECAC	2
5	Jillian Putney	Jr R.I.T.	9.00qECAC	3
6	Amanda Rissmeyer	FR Ithaca Colle	9.16q	2
7	Laryssa Hebert	SO Rochester	9.22q	1
8	Melissa Skevington	SR Rochester	9.26q	2
9	Kayla Twardzik	FR St. Lawrence	9.27	3
10	Breanna Eng	FR Rochester	9.31	3
11	Bethany Crowe	FR Union	9.34	1
12	Emily Palmer	SO St. Lawrence	9.35	3
12	Annie Mills	SO Alfred Unive	9.35	1

14	Kristen DeStefano	JR	Ithaca Colle	9.40	1
15	Brooke Rayder	JR	Hamilton Col	9.42	2
16	Leanna Coiro	SR	R.P.I	9.60	1
17	Ashley Wistner	FR	Ithaca Colle	9.64	2
18	Kailtyn Barbaritz	SO	Ithaca Colle	9.72	1
19	Amy Loud	Fr	R.I.T.	10.59	3

## Women 55 Meter Hurdles

Championship:	C	8.18	2006	Andrea Gentile, Cortland
Association:	A	8.10	1998	Monique Hacker, Binghamton
		8.25	NC A	
		8.53	NC P	
		9.04	ECAC	

Name	Year	School	Finals	H#
=====				
Finals				
1	Lauren Koppel	SR	Ithaca Colle	8.44 NC P
2	Emma Dewart	SO	Ithaca Colle	8.68 ECAC
3	Kiersten LaPorte	SO	St. Lawrence	9.03 ECAC
4	Jillian Putney	Jr	R.I.T.	9.04 ECAC
5	Melissa Skevington	SR	Rochester	9.26
6	Amanda Rissmeyer	FR	Ithaca Colle	9.30
7	Laryssa Hebert	SO	Rochester	9.41
8	Tammia Hubbard	FR	Ithaca Colle	9.45

## Women 4x200 Meter Relay

Championship:	C	1:45.23	2008	Buffalo State, Buffalo Stat
				L Edwards, K Marin, T Hollingsworth, A Niles
Association:	A	1:45.23	2008	Buffalo State, Buffalo Stat
				L Edwards, K Marin, T Hollingsworth, A Niles
		1:50.48	ECAC	

School	Finals	H#
=====		
1 Ithaca College	1:45.56 ECAC	3
1) Lauren Goldberg FR	2) Cassie Clark FR	
3) Marcia McCord JR	4) Emma Dewart SO	
2 R.I.T.	1:46.46 ECAC	3
1) Samantha Mitchell Sr	2) Abby Arday Jr	
3) Caitlyn Peterson Sr	4) Jennifer Adams So	
3 Rochester	1:48.02 ECAC	2
1) Jacqueline Cinella JR	2) Kelly Mulrey FR	
3) Casey Green JR	4) Carina Luck FR	
4 R.P.I.	1:50.01 ECAC	3
1) Morgan Danner SO	2) Cassie Fortini SR	
3) Paula Labaccaro FR	4) Rachel Guillot SR	
5 Hamilton College	1:50.32 ECAC	2
1) Elizabeth Wahl SR	2) Muriel Schwinn FR	
3) Danica Wuelfing SR	4) Alex Rimmer FR	
6 St. Lawrence	1:50.76	2
1) Kiersten LaPorte SO	2) Kelsey Rebehn JR	
3) Corinne Becker FR	4) Liz Schwennker SO	
7 Alfred University	1:55.86	1
1) Jordyn Larkins FR	2) Annie Mills SO	
3) Erin Johnstone FR	4) Amy Morrisey FR	
8 Union	1:56.19	1
1) Judy Horan SO	2) Bethany Crowe FR	
3) Jessica Singer SO	4) Kaitlin Camilleri SO	

## Women 4x400 Meter Relay

Championship:	C	3:58.83	2003	, Hartwick
				S Moreau S Wilson A Luomo S Kelleher
Association:	A	3:57.23	2003	Hartwick, Hartwick
				S Moreau S Wilson A Luomo S Kelleher
		3:53.50	NC A	
		4:00.00	NC P	
		4:10.48	ECAC	

School	Finals	H#
=====		
1 Rochester	4:05.42 ECAC	2
1) Kenisha Smith SO	2) Nikita Bourque SO	

3) Claire Crowther FR	4) Jacqueline Cinella JR	
2 R.P.I.	4:10.02 ECAC	2
1) Kristen Capaldi SR	2) Cassie Fortini SR	
3) Olivia VonNieda FR	4) Rachel Guillot SR	
3 Ithaca College	4:11.18	2
1) Rebecca Coffman SO	2) Ebonie Howard FR	
3) Emily Moran JR	4) Jenne Randall FR	
4 R.I.T.	4:14.07	2
1) Abby Arday Jr	2) Alexandra Bush Jr	
3) Jennie Springer Fr	4) Jillian Putney Jr	
5 St. Lawrence	4:18.38	2
1) Liz Schwennker SO	2) Whitney Koch JR	
3) Kylie Morris FR	4) Kelsey Rebehn JR	
6 Hamilton College	4:22.35	1
1) Caitlin Hult SO	2) Glenn Watkins SO	
3) Danica Wuelfing SR	4) Amelia Appel FR	
7 Union	4:24.09	1
1) Jessica Singer SO	2) Bethany Crowe FR	
3) Michelle Richter JR	4) Judy Horan SO	
8 Nazareth College	4:27.95	1
1) Evelyn DeSantis SO	2) Keaghan Morrissey FR	
3) Kelsey Mash FR	4) Lauren Jamieson FR	
9 Alfred University	4:41.12	1
1) Erin Johnstone FR	2) Annie Mills SO	
3) Jordyn Larkins FR	4) Jen Chan SR	

## Women 4x800 Meter Relay

=====  
Championship: C 9:29.10 2003 , Geneseo  
J Rettke J Zieno K Smith K Reale  
Association: A 9:26.35 2003 Geneseo, Geneseo  
J Rettke J Zieno K Smith K Reale  
10:11.68 ECAC

School	Finals
1 Ithaca College	9:51.50 ECAC
1) Heidi Baumbach SO	2) Molly Brown SO
3) Katie Ahart FR	4) Megan Shanley FR
2 Rochester	9:53.56 ECAC
1) Heather Graham SR	2) Erica Parrinello JR
3) Hillary Snyder SO	4) Sarah Gollub SR
3 St. Lawrence	10:00.96 ECAC
1) Jacquelynn Lemme FR	2) Megan Nuffer FR
3) Jenna Hulton SO	4) Wendy Pavlus JR
4 R.P.I.	10:05.85 ECAC
1) Julie Campbell SO	2) Stephanie Bardon SO
3) Ariel Mingrone SO	4) Danielle Cohen JR
5 R.I.T.	10:18.27
1) Brianne Yannotta Fr	2) Arielle Januszkiewicz Jr
3) Kate Dubuisson So	4) Joelle Scarnati Fr
6 Hamilton College	10:19.62
1) Sara Scheineson SO	2) Emily Heckman FR
3) Alexandra Leighton SR	4) Roxanne Makoff SO
7 Alfred University	10:29.09
1) Melissa Haahr JR	2) Amy Morrissey FR
3) Rachel Gaylord SR	4) Megan Crimmins SR
8 Nazareth College	10:43.82
1) Michelle Rombach SO	2) Kelsey Mash FR
3) Sarah Wilcox JR	4) Caitlyn Parmelee SR

## Women Distance Medley

=====  
Championship: C 11:51.09 2003 , Ithaca  
K Cravatta L Janovich E Maston A Laytham  
Association: A 11:51.09 2003 Ithaca, Ithaca  
K Cravotta L Janovich E Maston A Laytham  
11:53.60 NC A  
12:17.00 NC P  
13:00.00 ECAC

School	Finals
1 Ithaca College	12:10.39 NC P
1) Jenne Randall FR	2) Sarah Moskey SR

3) Ebonie Howard FR	4) Kate Leugers JR	
2 St. Lawrence	12:16.36 NC P	
1) Jenna Hulton SO	2) Liz Schwennker SO	
3) Jacquelynn Lemme FR	4) Wendy Pavlus JR	
3 Rochester	12:29.74 ECAC	
1) Hillary Snyder SO	2) Nikita Bourque SO	
3) Lisa Cole SR	4) Suzanne Giunta SR	
4 Alfred University	12:56.05 ECAC	
1) Rachel Gaylord SR	2) Amy Morrisey FR	
3) Melissa Haahr JR	4) Megan Crimmins SR	
5 R.P.I.	12:57.39 ECAC	
1) Stephanie Bardon SO	2) Elise DeSimone SO	
3) Danielle Cohen JR	4) Ariel Hubert SR	
6 Hamilton College	13:04.29	
1) Chelsea Stone SR	2) Glenn Watkins SO	
3) Emily Heckman FR	4) Maddy Gunter JR	
7 Nazareth College	13:15.65	
1) Sarah Wilcox JR	2) Evelyn DeSantis SO	
3) Caitlyn Parmelee SR	4) Lauren Jamieson FR	
8 R.I.T.	13:15.67	
1) Kate Dubuisson So	2) Alexandra Bush Jr	
3) Jennie Springer Fr	4) Rachel Zoyhofski Fr	
9 Union	13:36.69	
1) Michelle Richter JR	2) Jessica Singer SO	
3) Judy Horan SO	4) Becca Skudder SR	

## Women High Jump

=====  
Championship: C 1.75m 1999 Maria Megnin, Hartwick  
Association: A 1.80m 1999 Maria Megnin, Hartwick  
1.71m NC A  
1.66m NC P  
1.58m ECAC

Name	Year	School	Finals	
1 Emma Dewart	SO	Ithaca Colle	1.67m NC P	5-05.75
2 Amanda Rissmeyer	FR	Ithaca Colle	1.63m ECAC	5-04.25
3 Kylie Morris	FR	St. Lawrence	1.58m ECAC	5-02.25
3 Tracey Knoop	SR	R.P.I	1.58m ECAC	5-02.25
5 Melinda Niebuhr	FR	Nazareth Col	1.53m	5-00.25
6 Lindsey Rappleyea	FR	R.P.I	1.48m	4-10.25
6 Megan Nuffer	FR	St. Lawrence	1.48m	4-10.25
8 Lauren Koppel	SR	Ithaca Colle	J1.48m	4-10.25
9 Amy McDermott	GR	Union	1.43m	4-08.25
9 Kerry Tkacik	FR	Ithaca Colle	1.43m	4-08.25
9 Melissa Skevington	SR	Rochester	1.43m	4-08.25
12 Sarah Bennett	SR	Ithaca Colle	1.38m	4-06.25
13 Marissa Eccleston	SO	Rochester	J1.38m	4-06.25
13 Melissa Steciuk	JR	R.P.I	J1.38m	4-06.25
15 Keaghlan Morrisey	FR	Nazareth Col	J1.38m	4-06.25
-- Elise DeSimone	SO	R.P.I	NH	

## Women Pole Vault

=====  
Championship: C 3.50m 2/27/2010 Kristen DeStefano, Ithaca Colle  
Association: A 3.50m 2002 Allison Benson, Rensselaer  
3.45m NC P  
3.20m ECAC  
2.90m NC A

Name	Year	School	Finals	
1 Kristen DeStefano	JR	Ithaca Colle	3.50mCNC P	11-05.75
2 Julie Orlando	SO	Ithaca Colle	3.35m ECAC	10-11.75
3 Kaily Abbott	SO	Rochester	3.05m NC A	10-00.00
4 Amelia Folkins	SR	R.P.I	J3.05m NC A	10-00.00
5 Christine Niles	FR	Ithaca Colle	J3.05m NC A	10-00.00
6 Kristen Fekete	JR	Rochester	2.90m NC A	9-06.25
7 Brittany Voll	SO	Rochester	2.75m	9-00.25
7 Judy Horan	SO	Union	2.75m	9-00.25
9 Jessica Singer	SO	Union	J2.75m	9-00.25
10 Ashley Wistner	FR	Ithaca Colle	2.60m	8-06.25
11 Emily Valle	Fr	R.I.T.	J2.60m	8-06.25
-- Leanna Coiro	SR	R.P.I	NH	

-- Morgan Danner SO R.P.I NH

Women Long Jump

=====  
 Championship: C 5.86m 2/26/2010 Marcia McCord, Ithaca Colle  
 Association: A 5.87m 2003 Kate DePuy, St. Lawrence  
 5.70m NC A  
 5.43m NC P  
 5.15m ECAC

Name	Year	School	Finals
1 Marcia McCord	JR	Ithaca Colle	5.86mCNC A 19-02.75
2 Jennifer Adams	So	R.I.T.	5.63m NC P 18-05.75
3 Muriel Schwinn	FR	Hamilton Col	5.54m NC P 18-02.25
4 Emma Dewart	SO	Ithaca Colle	5.52m NC P 18-01.50
5 Morgan Danner	SO	R.P.I	5.34m ECAC 17-06.25
6 Melissa Skevington	SR	Rochester	5.31m ECAC 17-05.25
7 Amanda Rissmeyer	FR	Ithaca Colle	5.31m ECAC 17-05.25
8 Melissa Cutcliffe	SR	Nazareth Col	5.29m ECAC 17-04.25
9 Jessica Venezia	JR	St. Lawrence	5.16m ECAC 16-11.25
10 Lindsey Rappleyea	FR	R.P.I	5.15m ECAC 16-10.75
11 Carina Luck	FR	Rochester	5.13m 16-10.00
12 Lauren Koppel	SR	Ithaca Colle	5.06m 16-07.25
13 Whitney Koch	JR	St. Lawrence	4.90m 16-01.00
14 Paula Labaccaro	FR	R.P.I	4.89m 16-00.50
15 Kyra Pinsky	SR	Rochester	4.80m 15-09.00
16 Hannah Evans	SO	Ithaca Colle	4.73m 15-06.25
17 Susana Gutierrez	SO	Rochester	4.66m 15-03.50
18 Kelsey Greene	FR	Ithaca Colle	4.55m 14-11.25
19 Ashley Dlubac	SO	Ithaca Colle	4.37m 14-04.00

Women Triple Jump

=====  
 Championship: C 12.23m 1997 Monique Hacker, Binghamton  
 Association: A 12.71m 1998 Monique Hacker, Binghamton  
 11.75m NC A  
 11.18m NC P  
 10.75m ECAC

Name	Year	School	Finals
1 Marcia McCord	JR	Ithaca Colle	11.73m NC P 38-06.00
2 Kristi Custer	JR	Nazareth Col	11.15m ECAC 36-07.00
3 Melissa Skevington	SR	Rochester	11.13m ECAC 36-06.25
4 Jessica Venezia	JR	St. Lawrence	10.81m ECAC 35-05.75
5 Lindsey Rappleyea	FR	R.P.I	10.80m ECAC 35-05.25
6 Carina Luck	FR	Rochester	10.79m ECAC 35-05.00
7 Lauren Koppel	SR	Ithaca Colle	10.76m ECAC 35-03.75
8 Lindsay Johnston	JR	Ithaca Colle	10.43m 34-02.75
9 Sarah Bennett	SR	Ithaca Colle	10.42m 34-02.25
10 Chelsea Gallup	FR	Ithaca Colle	10.30m 33-09.50
10 Morgan Danner	SO	R.P.I	10.30m 33-09.50
12 Brittany Voll	SO	Rochester	10.17m 33-04.50
13 Kyra Pinsky	SR	Rochester	10.08m 33-01.00
14 Susana Gutierrez	SO	Rochester	10.06m 33-00.25
15 Hannah Evans	SO	Ithaca Colle	10.01m 32-10.25
16 Danica Wuelfing	SR	Hamilton Col	9.90m 32-05.75
17 Katherine Sessions	So	R.I.T.	9.89m 32-05.50
18 Kelsey Greene	FR	Ithaca Colle	9.77m 32-00.75
19 Tara Guhr	So	R.I.T.	9.66m 31-08.50
20 Christina Smith	Jr	R.I.T.	9.30m 30-06.25

Women Shot Put

=====  
 Championship: C 14.17m 2/27/2010 Alyssa Pirinelli, St. Lawrence  
 Association: A 14.52m 2009 Alyssa Pirinelli, St. Lawrence  
 14.00m NC A  
 12.90m NC P  
 11.58m ECAC

Name	Year	School	Finals
1 Alyssa Pirinelli	SR	St. Lawrence	14.17mCNC A 46-06.00
2 Antoinette Johnson	FR	Rochester	11.99m ECAC 39-04.00
3 Jenna Covill	JR	R.P.I	11.46m 37-07.25

4	Samantha Ramos	Fr	R.I.T.	11.24m	36-10.50
5	Colleen Garman	FR	Ithaca Colle	10.94m	35-10.75
6	Courtney Saunders	Fr	R.I.T.	10.80m	35-05.25
7	Lauren Koppel	SR	Ithaca Colle	10.73m	35-02.50
8	Jamie Morey	Sr	R.I.T.	10.35m	33-11.50
9	Amanda Rissmeyer	FR	Ithaca Colle	10.20m	33-05.75
10	Jessica Ingalls	SO	St. Lawrence	10.18m	33-04.75
11	Elise Scheid	SR	Rochester	10.02m	32-10.50
12	Ashley Dlubac	SO	Ithaca Colle	9.61m	31-06.50
13	Kelly Joe Beck	FR	Alfred Unive	9.42m	30-11.00
14	Kaitlin Camilleri	SO	Union	9.17m	30-01.00
15	Katie Middleton	SO	Ithaca Colle	8.75m	28-08.50

## Women Weight Throw 20#

Championship:	C	17.65m	2009	Alyssa Pirinelli, ST. LAWRENCE
Association:	A	17.65m	2009	Alyssa Pirinelli, ST. LAWRENCE
		17.00m	NC A	
		15.35m	NC P	
		14.05m	ECAC	

Name	Year	School	Finals		
1	Alyssa Pirinelli	SR	St. Lawrence	17.06m	NC A 55-11.75
2	Jamie Morey	Sr	R.I.T.	15.91m	NC P 52-02.50
3	Antoinette Johnson	FR	Rochester	13.87m	45-06.25
4	Elise Scheid	SR	Rochester	13.51m	44-04.00
5	Emily Morehead	FR	Alfred Unive	12.59m	41-03.75
6	Jenna Covill	JR	R.P.I	12.46m	40-10.50
7	Anna Lawrence	SO	Ithaca Colle	12.44m	40-09.75
8	Kaitlin Camilleri	SO	Union	12.10m	39-08.50
9	Samantha Ramos	Fr	R.I.T.	12.03m	39-05.75
10	Katie Litts	SR	Rochester	11.71m	38-05.00
11	Jessica Ingalls	SO	St. Lawrence	11.65m	38-02.75
12	Colleen Garman	FR	Ithaca Colle	11.25m	36-11.00
13	Caity Erickson	SO	Ithaca Colle	10.86m	35-07.75
14	Althea Pestine	SR	Rochester	10.64m	34-11.00
15	Katie Middleton	SO	Ithaca Colle	10.22m	33-06.50
16	Courtney Saunders	Fr	R.I.T.	10.12m	33-02.50
17	Emily Irish	SR	Nazareth Col	9.75m	32-00.00
18	Chelsea Dutton	SO	Ithaca Colle	8.94m	29-04.00

## Indoor Pentathlon: #5 Women 800 Meter Run Indoor Pentathlon

Name	Year	School	Finals	Points
1	Emma Dewart	SO	Ithaca Colle	2:28.64 710
2	Megan Nuffer	FR	St. Lawrence	2:30.88 682
3	Melissa Steciuk	JR	R.P.I	2:36.79 610
4	Whitney Koch	JR	St. Lawrence	2:37.64 600
5	Carina Luck	FR	Rochester	2:39.07 584
6	Kylie Morris	FR	St. Lawrence	2:41.01 561
7	Melissa Skevington	SR	Rochester	2:43.35 535
8	Lindsey Rappleyea	FR	R.P.I	2:46.04 506
9	Sarah Bennett	SR	Ithaca Colle	2:47.29 492
10	Kerry Tkacik	FR	Ithaca Colle	2:48.70 477
11	Ashley Dlubac	SO	Ithaca Colle	2:49.59 468
12	Amanda Rissmeyer	FR	Ithaca Colle	2:52.08 442
13	Hannah Evans	SO	Ithaca Colle	2:59.44 370
14	Lauren Koppel	SR	Ithaca Colle	3:00.01 365

## Indoor Pentathlon: #1 Women 55 Meter Hurdles Indoor Pentathlon

Name	Year	School	Finals	H#	Points
1	Lauren Koppel	SR	Ithaca Colle	8.55	4 869
2	Emma Dewart	SO	Ithaca Colle	8.75	1 826
3	Amanda Rissmeyer	FR	Ithaca Colle	9.28	3 716
4	Melissa Skevington	SR	Rochester	9.42	3 688
5	Lindsey Rappleyea	FR	R.P.I	9.59	1 655
6	Carina Luck	FR	Rochester	9.64	2 644
7	Ashley Dlubac	SO	Ithaca Colle	9.71	4 632
8	Melissa Steciuk	JR	R.P.I	9.87	4 601
9	Sarah Bennett	SR	Ithaca Colle	9.97	2 583

10	Hannah Evans	SO Ithaca Colle	10.01	3	575
11	Whitney Koch	JR St. Lawrence	10.22	2	538
12	Kerry Tkacik	FR Ithaca Colle	10.36	3	514
13	Megan Nuffer	FR St. Lawrence	11.12	1	389
14	Kylie Morris	FR St. Lawrence	11.26	4	368

## Indoor Pentathlon: #2 Women High Jump Indoor Pentathlon

Name	Year	School	Finals	Points
1	Emma Dewart	SO Ithaca Colle	1.64m	5-04.50 783
2	Kylie Morris	FR St. Lawrence	1.58m	5-02.25 712
2	Amanda Rissmeyer	FR Ithaca Colle	1.58m	5-02.25 712
2	Lauren Koppel	SR Ithaca Colle	1.58m	5-02.25 712
5	Lindsey Rappleyea	FR R.P.I	1.49m	4-10.50 610
6	Kerry Tkacik	FR Ithaca Colle	1.46m	4-09.50 577
6	Megan Nuffer	FR St. Lawrence	1.46m	4-09.50 577
6	Melissa Skevington	SR Rochester	1.46m	4-09.50 577
9	Sarah Bennett	SR Ithaca Colle	1.40m	4-07.00 512
9	Melissa Steciuk	JR R.P.I	1.40m	4-07.00 512
11	Carina Luck	FR Rochester	1.37m	4-06.00 481
11	Hannah Evans	SO Ithaca Colle	1.37m	4-06.00 481
13	Ashley Dlubac	SO Ithaca Colle	1.34m	4-04.75 449
13	Whitney Koch	JR St. Lawrence	1.34m	4-04.75 449

## Indoor Pentathlon: #4 Women Long Jump Indoor Pentathlon

Name	Year	School	Finals	Points
1	Emma Dewart	SO Ithaca Colle	5.45m	17-10.75 686
2	Melissa Skevington	SR Rochester	5.25m	17-02.75 628
3	Lauren Koppel	SR Ithaca Colle	5.10m	16-08.75 587
4	Lindsey Rappleyea	FR R.P.I	5.00m	16-05.00 559
5	Amanda Rissmeyer	FR Ithaca Colle	4.95m	16-03.00 546
6	Carina Luck	FR Rochester	4.89m	16-00.50 530
7	Whitney Koch	JR St. Lawrence	4.78m	15-08.25 500
8	Sarah Bennett	SR Ithaca Colle	4.73m	15-06.25 487
9	Hannah Evans	SO Ithaca Colle	4.68m	15-04.25 474
10	Ashley Dlubac	SO Ithaca Colle	4.52m	14-10.00 433
11	Kerry Tkacik	FR Ithaca Colle	4.49m	14-08.75 426
12	Kylie Morris	FR St. Lawrence	4.41m	14-05.75 406
13	Melissa Steciuk	JR R.P.I	4.19m	13-09.00 352
14	Megan Nuffer	FR St. Lawrence	4.03m	13-02.75 315

## Indoor Pentathlon: #3 Women Shot Put Indoor Pentathlon

Name	Year	School	Finals	Points
1	Lauren Koppel	SR Ithaca Colle	10.66m	34-11.75 573
2	Ashley Dlubac	SO Ithaca Colle	9.66m	31-08.50 507
3	Emma Dewart	SO Ithaca Colle	9.59m	31-05.75 503
4	Amanda Rissmeyer	FR Ithaca Colle	9.06m	29-08.75 468
5	Kerry Tkacik	FR Ithaca Colle	8.24m	27-00.50 415
6	Melissa Skevington	SR Rochester	8.22m	26-11.75 414
7	Melissa Steciuk	JR R.P.I	7.92m	26-00.00 394
8	Carina Luck	FR Rochester	7.84m	25-08.75 389
9	Lindsey Rappleyea	FR R.P.I	7.49m	24-07.00 366
10	Kylie Morris	FR St. Lawrence	7.24m	23-09.00 350
11	Hannah Evans	SO Ithaca Colle	6.89m	22-07.25 328
12	Whitney Koch	JR St. Lawrence	6.43m	21-01.25 299
12	Sarah Bennett	SR Ithaca Colle	6.43m	21-01.25 299
14	Megan Nuffer	FR St. Lawrence	6.24m	20-05.75 287

## Women Indoor Pentathlon

Championship: C	3380	1995	Carol Senn, Stonybrook
Association: A	3518		Caryl Senn, Stonybrook
	3000	NC P	
	2800	ECAC	
Name	Year	School	Finals
1	Emma Dewart	SO Ithaca Colle	3508.00CNC P
2	Lauren Koppel	SR Ithaca Colle	3106.00 NC P

3	Amanda Rissmeyer	FR	Ithaca Colle	2884.00	ECAC
4	Melissa Skevington	SR	Rochester	2842.00	ECAC
5	Lindsey Rappleyea	FR	R.P.I	2696.00	
6	Carina Luck	FR	Rochester	2628.00	
7	Ashley Dlubac	SO	Ithaca Colle	2489.00	
8	Melissa Steciuk	JR	R.P.I	2469.00	
9	Kerry Tkacik	FR	Ithaca Colle	2409.00	
10	Kylie Morris	FR	St. Lawrence	2397.00	
11	Whitney Koch	JR	St. Lawrence	2386.00	
12	Sarah Bennett	SR	Ithaca Colle	2373.00	
13	Megan Nuffer	FR	St. Lawrence	2250.00	
14	Hannah Evans	SO	Ithaca Colle	2228.00	

## Men 55 Meter Dash

Championship: C	6.39	2008	Amaan Siddeeq, Cortland
Association: A	6.30	2008	Amaan Siddeeq, Cortland
	6.36	NC A	
	6.47	NC P	
	6.63	ECAC	

Name	Year	School	Prelims	H#
Preliminaries				
1	Max Orenstein	JR Ithaca Colle	6.52QECAC	1
2	Austin Drexler	SO R.P.I	6.56QECAC	2
3	Christopher Webb	Fr R.I.T.	6.64q	1
4	Jeff Wetmore	JR Ithaca Colle	6.67q	2
5	Bradley Williams	SO St. Lawrence	6.70q	2
6	Anthony Schiavone	Jr R.I.T.	6.72q	2
6	Zachary Loughery	Jr R.I.T.	6.72q	1
8	Phil Lambert	JR Union	6.73q	1
9	Chris Mastrosimone	FR Ithaca Colle	6.75	1
10	Jon Lin	SR Ithaca Colle	6.77	2
11	Justin Lyttleton	JR Rochester	6.78	2
11	Ryan Owen	SO Union	6.78	1
11	Chris Lopez	FR Alfred Unive	6.78	2
14	Brian Turnbull	JR Ithaca Colle	6.86	1
15	Ryan Anderson	FR R.P.I	7.00	2

## Men 55 Meter Dash

Championship: C	6.39	2008	Amaan Siddeeq, Cortland
Association: A	6.30	2008	Amaan Siddeeq, Cortland
	6.36	NC A	
	6.47	NC P	
	6.63	ECAC	

Name	Year	School	Finals	H#
Finals				
1	Max Orenstein	JR Ithaca Colle	6.56 ECAC	
2	Austin Drexler	SO R.P.I	6.61 ECAC	
3	Bradley Williams	SO St. Lawrence	6.69	
4	Jeff Wetmore	JR Ithaca Colle	6.71	
5	Zachary Loughery	Jr R.I.T.	6.74	
6	Phil Lambert	JR Union	6.76	
7	Christopher Webb	Fr R.I.T.	6.82	
8	Anthony Schiavone	Jr R.I.T.	6.88	

## Men 200 Meter Dash

Championship: C	22.28	2/27/2010	Max Orenstein, Ithaca Colle
Association: A	21.46	2008	Amaan Siddeeq, Cortland
	23.00	ECAC	

Name	Year	School	Prelims	H#
Preliminaries				
1	Max Orenstein	JR Ithaca Colle	22.69QECAC	3
2	Austin Drexler	SO R.P.I	22.84QECAC	1
3	Richard Scott	SO Alfred Unive	22.90QECAC	2
4	Jeff Wetmore	JR Ithaca Colle	22.98QECAC	4
5	Kyle Barden	SR R.P.I	22.96qECAC	1
6	Chris Mastrosimone	FR Ithaca Colle	22.98qECAC	2
7	Phil Lambert	JR Union	23.01q	4

8	Davis Barber	JR Union	23.10q	3
9	Kyle Bucklin	SO Union	23.24	2
10	Andy Fisher	FR St. Lawrence	23.48	4
11	Nicholas Mello	SO St. Lawrence	23.56	1
12	Justin Lyttleton	JR Rochester	23.59	3
13	Lee Consolo	SR Alfred Unive	23.83	3
14	Brian Turnbull	JR Ithaca Colle	23.95	4
15	Joe Casey	So R.I.T.	23.99	1
16	Skylar Korb	So R.I.T.	24.01	2

## Men 200 Meter Dash

=====  
 Championship: C 22.28 2/27/2010 Max Orenstein, Ithaca Colle  
 Association: A 21.46 2008 Amaan Siddeeq, Cortland  
 23.00 ECAC

Name	Year	School	Finals	H#
=====				
Finals				
1	Max Orenstein	JR Ithaca Colle	22.28CECAC	2
2	Austin Drexler	SO R.P.I	22.72 ECAC	2
3	Jeff Wetmore	JR Ithaca Colle	23.00 ECAC	2
4	Kyle Barden	SR R.P.I	23.02	1 (.013)
5	Phil Lambert	JR Union	23.02	1 (.019)
6	Richard Scott	SO Alfred Unive	23.14	2 (.133)
7	Chris Mastrosimone	FR Ithaca Colle	23.14	1 (.136)
8	Davis Barber	JR Union	23.16	1

## Men 400 Meter Dash

=====  
 Championship: C 48.94 1989 Willie Mitchell, Colgate  
 Association: A 48.32 1987 Tim McCrossen, St. Lawrence  
 48.46 NC A  
 49.68 NC P  
 50.71 ECAC

Name	Year	School	Prelims	H#
=====				
Preliminaries				
1	Doug Koury	SO Ithaca Colle	50.22QECAC	3
2	Brecht Moulin	Jr R.I.T.	50.52QECAC	4
3	Kyle Barden	SR R.P.I	50.60QECAC	1
4	Leif Frymire	FR St. Lawrence	51.86Q	2
5	Davis Barber	JR Union	50.62qECAC	3
6	Richard Scott	SO Alfred Unive	51.45q	1
7	Timothy Jackson	JR R.P.I	51.80q	4
8	Ryan Taylor	JR Ithaca Colle	51.93q	1
9	Brenton Jones	FR St. Lawrence	52.36	1
10	Andrew Buresh	FR R.P.I	52.63	4
11	Andy Fisher	FR St. Lawrence	52.64	3
12	Jonathan Richardson	FR Rochester	52.92	4
13	Alex Moin	FR Ithaca Colle	53.68	4
14	Jeffrey Bordeaux	SO Rochester	53.69	2
15	Jacob Fredericks	FR St. Lawrence	53.78	2
16	Kevin Hurley	JR Ithaca Colle	53.99	2
17	Scott Hambleton	Fr R.I.T.	54.34	3
18	Ryan Doherty	FR R.P.I	54.91	1
--	Jonathan Sealander	Sr R.I.T.	DQ	2 ran inside line

## Men 400 Meter Dash

=====  
 Championship: C 48.94 1989 Willie Mitchell, Colgate  
 Association: A 48.32 1987 Tim McCrossen, St. Lawrence  
 48.46 NC A  
 49.68 NC P  
 50.71 ECAC

Name	Year	School	Finals	H#
=====				
Finals				
1	Doug Koury	SO Ithaca Colle	50.04 ECAC	2
2	Brecht Moulin	Jr R.I.T.	50.27 ECAC	2
3	Kyle Barden	SR R.P.I	50.29 ECAC	2
4	Richard Scott	SO Alfred Unive	50.39 ECAC	1
5	Davis Barber	JR Union	50.39 ECAC	1
6	Leif Frymire	FR St. Lawrence	52.08	2

7 Timothy Jackson	JR R.P.I	52.30	1
8 Ryan Taylor	JR Ithaca Colle	52.58	1

## Men 500 Meter Dash

=====  
 Championship: C 64.76 2003 Jim Ravener, Ithaca  
 Association: A 62.66 1993 Howard Sellers, Albany  
 68.23 ECAC

Name	Year	School	Finals	H#
1 Andrew J. Lee	JR	Rochester	67.06 ECAC	4
2 Nathanael Marsan	JR	R.P.I	67.14 ECAC	3
3 Francisco Ramirez	JR	Rochester	67.36 ECAC	4
4 John Scalon	FR	R.P.I	67.64 ECAC	4
5 Nick Jones	SO	R.P.I	67.79 ECAC	3
6 Lee Consolo	SR	Alfred Unive	67.92 ECAC	3
7 Josh Slocum	SO	R.P.I	68.14 ECAC	3
8 Matt Phillips	SR	Alfred Unive	68.23 ECAC	3
9 Joel Trager	SR	Ithaca Colle	68.82	2
10 Alex Federation	JR	Rochester	68.86	4
11 Nicholas Mello	SO	St. Lawrence	69.12	2
12 Christopher Pugliano	SO	St. Lawrence	69.38	4
13 Joshua Fallon	SO	R.P.I	69.49	1
14 Jeffrey Benton	FR	Rochester	69.52	2
15 Ceylon Mitchell	SO	Rochester	69.74	2
16 Matthew Nafie	FR	R.P.I	69.79	2
17 Kevin Hurley	JR	Ithaca Colle	70.35	1
18 Dave Patalano	SR	Nazareth Col	71.32	1
19 Matt Kastler	FR	Ithaca Colle	71.98	1

## Men 800 Meter Run

=====  
 Championship: C 1:53.21 2008 Justin Wager, Cortland  
 Association: A 1:52.34 1985 Mike Gaughran, Fredonia  
 1:52.80 NC A  
 1:54.85 NC P  
 1:57.17 ECAC

Name	Year	School	Finals
1 Robby Castor	SR	Nazareth Col	1:56.47 ECAC
2 Gregory Hartnett	SO	Rochester	1:56.74 ECAC
3 James Grebey	SO	Hamilton Col	1:58.27
4 David Geary	FR	Ithaca Colle	1:58.62
5 Sam Smolenski	So	R.I.T.	1:58.78
6 Dearon Panossian	JR	Union	2:00.09
7 Dan Keating	JR	Hamilton Col	2:00.11
8 Caryl Brunner	Fr	R.I.T.	2:01.80
9 Joseph McCormick	So	R.I.T.	2:02.01
10 Andrew Gotham	So	R.I.T.	2:02.22
11 Jarrett Kunze	FR	R.P.I	2:02.32
12 Andrew Goodwin	SO	St. Lawrence	2:02.46
13 Aaron Catlin	JR	Ithaca Colle	2:03.11
14 Chris Reilly	FR	Ithaca Colle	2:03.20
15 Joe Lapke	Jr	R.I.T.	2:04.16
16 Ethan Loew	FR	Union	2:06.44
17 Jordan Garfinkle	SR	St. Lawrence	2:12.76

## Men 1000 Meter Run

=====  
 Championship: C 2:27.82 2008 Peter Kosgei, Hamilton  
 Association: A 2:25.51 2008 Peter Kosgei, Hamilton  
 2:36.01 ECAC

Name	Year	School	Finals
1 Mike Zampi	SR	R.P.I	2:33.81 ECAC
2 Chris Funch	JR	St. Lawrence	2:34.36 ECAC
3 Terrence Fox	SR	St. Lawrence	2:34.38 ECAC
4 James Granata	So	R.I.T.	2:34.48 ECAC
5 Josh LeBlanc	JR	St. Lawrence	2:34.51 ECAC
6 John Holleran	Jr	R.I.T.	2:35.42 ECAC
7 Brian McCormick	SO	Ithaca Colle	2:35.91 ECAC
8 Brandon Kieft	SO	R.P.I	2:35.95 ECAC
9 James Rindfuss	FR	Rochester	2:38.05

10 Zach Borden	Fr R.I.T.	2:38.53
11 Paul Kintner	SO Rochester	2:39.03
12 Patrcik Cavanaugh	FR R.P.I	2:39.51
13 John Schoeniger	SO Rochester	2:40.09
14 Billy Savage	FR Ithaca Colle	2:42.12
15 Adam Irr	Fr R.I.T.	2:42.87
16 Jonathan Podeszek	Sr R.I.T.	2:44.57
17 James Rogers	FR Rochester	2:52.81

## Men 1 Mile Run

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=====
Championship: C 4:10.54 2008      Peter Kosgei, Hamilton
Association: A 4:09.08 2008      Justin Wager, Cortland
              4:11.00 NC A
              4:16.00 NC P
              4:23.54 ECAC

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Name	Year School	Finals
1 Andrew Goodwin	SO St. Lawrence	4:24.21
2 Andrew Fleisher	SO Rochester	4:24.68
3 Terrence Fox	SR St. Lawrence	4:24.79
4 Nicholas Cox	Sr R.I.T.	4:25.57
5 Geoff Millard	SR St. Lawrence	4:27.17
6 Adam Irr	Fr R.I.T.	4:28.96
7 Scott Walker	SR Ithaca Colle	4:29.75
8 Jacob Tutmaher	JR Rochester	4:29.94
9 Brian McCormick	SO Ithaca Colle	4:30.71
10 Nick Meeker	Sr R.I.T.	4:31.66
11 Nathan Bickell	FR Ithaca Colle	4:32.58
12 Devon Lynch	JR Hamilton Col	4:34.08
13 Jeff Corelli	SO R.P.I	4:35.23
14 Christopher Frank	JR R.P.I	4:35.51
15 Daniel Lane	JR Rochester	4:37.10
16 Garrett Armbruster	SR Hamilton Col	4:38.73
17 Ethan Bensley	So R.I.T.	4:41.75
-- Thomas Benner	So R.I.T.	DNF

## Men 3000 Meter Run

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=====
Championship: C 8:26.6h 1980      Tom Dalton, Siena
Association: A 8:14.6h 1984      Jukka Tammisuo, St. Lawrence
              8:50.00 ECAC

```

Name	Year School	Finals
1 Dan Ramsey	JR St. Lawrence	8:38.03 ECAC
2 Seth Jackson	SO St. Lawrence	8:45.04 ECAC
3 Brian Lang	JR Rochester	8:45.07 ECAC
4 John Johnston	SO St. Lawrence	8:47.07 ECAC
5 Curt Bell	SR Ithaca Colle	8:47.65 ECAC
6 Mike Kurvach	So R.I.T.	8:50.03
7 Jeremy Beaudette	SR St. Lawrence	8:50.56
8 Brian Debronsky	JR R.P.I	8:51.23
9 John Davis	JR Ithaca Colle	8:56.38
10 Dan Craighead	SO Ithaca Colle	9:01.04
11 Scott Bickard	JR Hamilton Col	9:01.36
12 James Vavra	SO Rochester	9:04.11
13 Geoff Millard	SR St. Lawrence	9:09.56
14 Jason Zayac	SO Rochester	9:12.50
15 Daniel Hamilton	FR Rochester	9:13.84
16 Patrick Condon	FR R.P.I	9:17.01
17 Jonathan Grossman	Jr R.I.T.	9:23.93
-- Tyle Stelzig	SR Rochester	DNF

## Men 5000 Meter Run

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=====
Championship: C 14:40.41 1983      Glenn Lamb, U of Rochester
Association: A 14:20.3h 1986      Jukka Tammisuo, St. Lawrence
              14:30.00 NC A
              14:53.00 NC P
              15:23.43 ECAC

```

Name	Year School	Finals
1 Dan Ramsey	JR St. Lawrence	15:07.30 ECAC

2	John Johnston	SO St. Lawrence	15:17.96	ECAC
3	Seth Jackson	SO St. Lawrence	15:20.42	ECAC
4	Jeremy Beaudette	SR St. Lawrence	15:27.99	
5	James Vavra	SO Rochester	15:32.71	
6	Dan Craighead	SO Ithaca Colle	15:33.34	
7	Scott Bickard	JR Hamilton Col	15:46.10	
8	Jimmy Mayers	JR St. Lawrence	15:48.45	
9	Craig Baumgartner	JR Rochester	15:51.40	
10	Jonathan Grossman	Jr R.I.T.	15:53.03	
11	Mike Bradley	So R.I.T.	15:55.48	
12	Todd Lavigne	SR St. Lawrence	15:56.11	
13	Ian Schofield	SO St. Lawrence	15:56.36	
14	Matt Morales	JR Nazareth Col	15:56.50	
15	Alex Calderwood	SO St. Lawrence	15:57.74	
16	Timothy Ryan	JR R.P.I	15:57.86	
17	Chas Mitchell	JR R.P.I	15:58.52	
18	Tyle Stelzig	SR Rochester	16:01.00	
19	Gabe Sturges	FR Union	16:05.08	
20	Nathaniel Huff	Fr R.I.T.	16:27.14	

## Men 55 Meter Hurdles

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=====
Championship: C 7.58 1982      Carl Boykin, Colgate
Association: A 7.31 1992      Jeffrey York, Albany
                7.55 NC A
                7.73 NC P
                8.00 ECAC

```

Name	Year	School	Prelims	H#
=====				
Preliminaries				
1	Alec Marshall	JR R.P.I	7.88QECAC	3
2	Cameron Lee	Fr R.I.T.	7.96QECAC	1
3	Phil Lambert	JR Union	8.12Q	2
4	Christopher Webb	Fr R.I.T.	8.02q	1
5	Casey McEvoy	SO R.P.I	8.04q	3
6	Alexander Morin	SO R.P.I	8.08q	1
7	David Kastner	FR R.P.I	8.09q	3
8	Justin Spalik	SO St. Lawrence	8.10q	1
9	Esteban Garcia	JR R.P.I	8.14	2
10	Dan Moloney	SO Ithaca Colle	8.19	2
11	Radford Arrindell	FR Ithaca Colle	8.39	3
12	Jacob Fredericks	FR St. Lawrence	8.40	2
13	Ceylon Mitchell	SO Rochester	8.42	1
14	Ian Tapler	FR Ithaca Colle	8.48	3
15	Zach Pfister	Fr R.I.T.	8.51	2
16	Garrett Harms	JR R.P.I	8.52	1
17	Jonathan Richardson	FR Rochester	8.53	3
18	Matt Confer	FR Ithaca Colle	8.74	2

## Men 55 Meter Hurdles

```

=====
Championship: C 7.58 1982      Carl Boykin, Colgate
Association: A 7.31 1992      Jeffrey York, Albany
                7.55 NC A
                7.73 NC P
                8.00 ECAC

```

Name	Year	School	Finals
=====			
Finals			
1	Alec Marshall	JR R.P.I	7.85 ECAC
2	Phil Lambert	JR Union	8.00 ECAC
3	David Kastner	FR R.P.I	8.01
4	Casey McEvoy	SO R.P.I	8.08
5	Christopher Webb	Fr R.I.T.	8.09
6	Cameron Lee	Fr R.I.T.	8.10
7	Justin Spalik	SO St. Lawrence	8.11
8	Alexander Morin	SO R.P.I	8.20

## Men 4x200 Meter Relay

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=====
Championship: C 1:29.66 2/26/2010 Ithaca College, Ithaca Colle
                D Koury, C Mastrosimone, M Orenstein, J Wetmore
Association: A 1:28.9h 1981      Buffalo State, Buffalo State

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R Mellard J Atzer W Woodburn E Harris

1:34.59 ECAC

School	Finals	H#
1 Ithaca College	1:29.66 ECAC	2
1) Doug Koury SO	2) Chris Mastrosimone FR	
3) Max Orenstein JR	4) Jeff Wetmore JR	
2 R.I.T.	1:31.56 ECAC	3
1) Brecht Moulin Jr	2) Jonathan Sealander Sr	
3) Anthony Schiavone Jr	4) Christopher Webb Fr	
3 R.P.I.	1:32.09 ECAC	3
1) Austin Drexler SO	2) Nick Jones SO	
3) John Scalon FR	4) Kyle Barden SR	
4 Union	1:32.47 ECAC	3
1) Phil Lambert JR	2) Davis Barber JR	
3) Kyle Bucklin SO	4) Ryan Owen SO	
5 Rochester	1:32.89 ECAC	1
1) Justin Lyttleton JR	2) Will McMunigal SO	
3) Ceylon Mitchell SO	4) Andrew J. Lee JR	
6 St. Lawrence	1:33.41 ECAC	2
1) Bradley Williams SO	2) Andy Fisher FR	
3) Nicholas Mello SO	4) Christopher Pugliano SO	
7 Alfred University	1:34.69	2
1) Chris Lopez FR	2) Jeremy Weaver FR	
3) Randy Brito SO	4) Justin Shardlow SO	
8 Hamilton College	1:39.37	1
1) Wlajimir Alexis FR	2) Jeffrey Blackburn FR	
3) Stephen Rosenman FR	4) Cooper Creagan FR	

## Men 4x400 Meter Relay

Championship: C 3:19.7h 1990 , Albany  
 L Richardson W Rodriquez D Westbrook H Sellers  
 Association: A 3:17.80 2004 Rochester, Rochester  
 M Tierney B Strandburg G Dusek C Clark  
 3:16.80 NC A  
 3:20.60 NC P  
 3:26.15 ECAC

School	Finals	H#
1 Ithaca College	3:22.52 ECAC	2
1) Doug Koury SO	2) Chris Mastrosimone FR	
3) Jeff Wetmore JR	4) Max Orenstein JR	
2 R.I.T.	3:24.32 ECAC	2
1) Brecht Moulin Jr	2) Skylar Korb So	
3) Cameron Lee Fr	4) Christopher Webb Fr	
3 Alfred University	3:25.22 ECAC	1
1) Lee Consolo SR	2) Matt Phillips SR	
3) Jeremy Weaver FR	4) Richard Scott SO	
4 Union	3:25.44 ECAC	1
1) Phil Lambert JR	2) Ethan Loew FR	
3) Davis Barber JR	4) Kyle Bucklin SO	
5 Rochester	3:29.61	2
1) Ceylon Mitchell SO	2) Gregory Hartnett SO	
3) Alex Federation JR	4) Will McMunigal SO	
6 St. Lawrence	3:30.53	2
1) Brenton Jones FR	2) Leif Frymire FR	
3) Christopher Pugliano SO	4) Bradley Williams SO	
7 R.P.I.	3:31.08	2
1) Nick Jones SO	2) Andrew Buresh FR	
3) John Scalon FR	4) Josh Slocum SO	
8 Nazareth College	3:35.15	1
1) Dave Patalano SR	2) Philip Schierer FR	
3) Dan Polino SO	4) Robby Castor SR	
9 Hamilton College	3:40.98	1
1) Wlajimir Alexis FR	2) Cooper Creagan FR	
3) Stephen Rosenman FR	4) Jeffrey Blackburn FR	

## Men 4x800 Meter Relay

Championship: C 7:50.73 1985 , Union  
 M Reed W Britton J Barker R Mohlar  
 Association: A 7:44.23 1987 Albany, Albany

D Reinhartdt S Thompson T Hoff V Miller

8:08.60 ECAC

School	Finals	
1 St. Lawrence	8:01.84	ECAC
1) Terrence Fox SR	2) Andrew Goodwin SO	
3) Josh LeBlanc JR	4) Chris Funch JR	
2 Rochester	8:04.11	ECAC
1) Francisco Ramirez JR	2) Andrew Fleisher SO	
3) Andrew J. Lee JR	4) Jacob Tutmaher JR	
3 R.P.I.	8:11.34	
1) Brandon Kieft SO	2) Mike Zampi SR	
3) Jarrett Kunze FR	4) Nathanael Marsan JR	
4 R.I.T.	8:15.14	
1) Sam Smolenski So	2) Caryl Brunner Fr	
3) James Granata So	4) John Holleran Jr	
5 Hamilton College	8:15.43	
1) Dan Keating JR	2) Devon Lynch JR	
3) James Grebey SO	4) Garrett Armbruster SR	
6 Ithaca College	8:16.12	
1) David Geary FR	2) Billy Savage FR	
3) Aaron Catlin JR	4) Chris Reilly FR	
7 Alfred University	8:32.46	
1) Derek Denkenberger SO	2) Kenny Noll SO	
3) Jesse Schuster SR	4) Ben Pelto SO	
8 Union	8:38.80	
1) Dearon Panossian JR	2) Gabe Sturges FR	
3) Brian Solinsky FR	4) Connor Gagliardi FR	
9 Nazareth College	8:44.16	
1) Peter Fekete SO	2) Matt Morales JR	
3) Tim Rutan SO	4) Donato DiRenzo SO	

## Men Distance Medley

Championship: C 10:05.30 2003 , Ithaca  
 B Cocca J Ravener B Mallette G Wagner  
 Association: A 9:56.49 2008 Cortland, Cortland  
 N Viglione J Riese A Kalinkos J Wager  
 10:00.00 NC A  
 10:10.00 NC P  
 10:37.68 ECAC

School	Finals	
1 R.I.T.	10:24.94	ECAC
1) Adam Irr Fr	2) Skylar Korb So	
3) John Holleran Jr	4) Mike Kurvach So	
2 St. Lawrence	10:28.05	ECAC
1) Chris Funch JR	2) Jordan Garfinkle SR	
3) Josh LeBlanc JR	4) Terrence Fox SR	
3 Ithaca College	10:30.75	ECAC
1) Scott Walker SR	2) Joel Trager SR	
3) Billy Savage FR	4) Curt Bell SR	
4 Rochester	10:30.85	ECAC
1) Andrew Fleisher SO	2) Andrew J. Lee JR	
3) Francisco Ramirez JR	4) Daniel Lane JR	
5 Nazareth College	10:43.48	
1) Dave Patalano SR	2) Philip Schierer FR	
3) Tim Rutan SO	4) Robby Castor SR	
6 R.P.I.	10:44.28	
1) Patrcik Cavanaugh FR	2) Joshua Fallon SO	
3) Zach Harper FR	4) Jeff Corelli SO	
7 Hamilton College	10:52.40	
1) James Grebey SO	2) Mark Breazzano SR	
3) Dan Keating JR	4) Garrett Armbruster SR	
8 Alfred University	11:06.20	
1) Kenny Noll SO	2) Lee Consolo SR	
3) Matt Phillips SR	4) Derek Denkenberger SO	
9 Union	11:09.54	
1) Connor Gagliardi FR	2) Ethan Loew FR	
3) Brian Solinsky FR	4) Dearon Panossian JR	

## Men High Jump

Championship: C 2.13m 1985 Kym Orr, Fredonia  
 Association: A 2.21m 1986 Kym Orr, Fredonia  
 2.10m NC A  
 2.02m NC P  
 1.93m ECAC

Name	Year	School	Finals
1 Michael Cipollone	SR	R.P.I	1.93m ECAC 6-04.00
2 Graham Sadler	FR	Hamilton Col	1.88m 6-02.00
3 Doug Koury	SO	Ithaca Colle	J1.88m 6-02.00
3 Will McMunigal	SO	Rochester	J1.88m 6-02.00
5 Dan Jimenez	SR	R.P.I	J1.88m 6-02.00
5 Chris Stahlmann	JR	Ithaca Colle	J1.88m 6-02.00
7 Alexander Morin	SO	R.P.I	1.83m 6-00.00
7 David Kastner	FR	R.P.I	1.83m 6-00.00
7 Justin Spalik	SO	St. Lawrence	1.83m 6-00.00
7 Chris Wilber	JR	Ithaca Colle	1.83m 6-00.00
11 Radford Arrindell	FR	Ithaca Colle	1.78m 5-10.00
11 Matthew Wing	FR	R.P.I	1.78m 5-10.00
11 Mike Scott	FR	St. Lawrence	1.78m 5-10.00
14 Garrett Harms	JR	R.P.I	J1.78m 5-10.00
15 Austin Drexler	SO	R.P.I	J1.78m 5-10.00
16 Kieran Davis	FR	R.P.I	J1.78m 5-10.00
17 Alec Svoboda	FR	Ithaca Colle	1.73m 5-08.00
-- Ethan Alderman	FR	Ithaca Colle	NH

## Men Pole Vault

Championship: C 4.91m 2/27/2010 Michael Dempsey, R.I.T.  
 Association: A 4.87m 1988 Alex Grelland, St. Lawrence  
 5.06m NC A  
 4.68m NC P  
 4.40m ECAC

Name	Year	School	Finals
1 Michael Dempsey	Jr	R.I.T.	4.91mCNC P 16-01.25
2 Justin Metzger	SR	R.P.I	4.70m NC P 15-05.00
3 Andrew Brown	SR	Ithaca Colle	J4.70m NC P 15-05.00
4 Jeff Willis	FR	Ithaca Colle	4.40m ECAC 14-05.25
5 Casey Lewis	SR	R.P.I	J4.40m ECAC 14-05.25
6 Bradley Williams	SO	St. Lawrence	4.10m 13-05.25
7 Chris Mieney	Sr	R.I.T.	J4.10m 13-05.25
8 Wlajimir Alexis	FR	Hamilton Col	3.95m 12-11.50
9 Gerald Meade	JR	R.P.I	3.80m 12-05.50
9 Steven Rosen	SR	Rochester	3.80m 12-05.50
9 David Volzer	So	R.I.T.	3.80m 12-05.50
12 Garrett Harms	JR	R.P.I	J3.80m 12-05.50
-- Steven Di Gerardo	Fr	R.I.T.	NH
-- Jacob Hyer	SO	Rochester	NH

## Men Long Jump

Championship: C 7.39m 1993 Bob Jones, Buffalo  
 Association: A 7.39m 1993 Bob Jones/James Nixon, Buffalo State/Albany  
 7.24m NC A  
 6.96m NC P  
 6.70m ECAC

Name	Year	School	Finals
1 Will McMunigal	SO	Rochester	6.88m ECAC 22-07.00
2 Kyle Bucklin	SO	Union	6.80m ECAC 22-03.75
3 Marquis Moore	Fr	R.I.T.	6.79m ECAC 22-03.50
4 Christopher Libera	So	R.I.T.	6.68m 21-11.00
5 Travis Johnson	SO	Ithaca Colle	6.65m 21-10.00
6 Austin Drexler	SO	R.P.I	6.53m 21-05.25
7 Nick Jones	SO	R.P.I	6.50m 21-04.00
8 Richard Scott	SO	Alfred Unive	6.29m 20-07.75
9 Sean Scott	SO	St. Lawrence	6.21m 20-04.50
10 Justin Spalik	SO	St. Lawrence	6.18m 20-03.50
11 Eric Ambrosino	SO	Ithaca Colle	6.14m 20-01.75
12 Dan Polino	SO	Nazareth Col	6.06m 19-10.75
12 Chris Hartmann	So	R.I.T.	6.06m 19-10.75
14 Chris Lopez	FR	Alfred Unive	6.03m 19-09.50

15 Justin Shardlow	SO Alfred Unive	5.94m	19-06.00
16 Max Balter	SO Union	5.81m	19-00.75
-- Doug Koury	SO Ithaca Colle	FOUL	

## Men Triple Jump

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=====
Championship: C 14.89m 1994      Geoffrey Rono, Roberts Wesleyan
Association: A 14.98m 2004      Dwaine Alleyne, Rensselaer
14.65m NC A
14.05m NC P
13.51m ECAC

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Name	Year	School	Finals	
1 Marquis Moore	Fr	R.I.T.	13.84m ECAC	45-05.00
2 Sean Scott	SO	St. Lawrence	13.45m	44-01.50
3 Travis Johnson	SO	Ithaca Colle	12.98m	42-07.00
4 Evan Roush	SO	Alfred Unive	12.89m	42-03.50
5 Dan Polino	SO	Nazareth Col	12.77m	41-10.75
6 Jacob Fredericks	FR	St. Lawrence	12.73m	41-09.25
7 Casey McEvoy	SO	R.P.I	12.72m	41-08.75
8 John Scalon	FR	R.P.I	12.63m	41-05.25
9 John Knight	SO	R.P.I	12.61m	41-04.50
10 Matt DeRosa	Sr	R.I.T.	12.35m	40-06.25
11 Stephen Heffernan	Jr	R.I.T.	12.26m	40-02.75
12 Kyle Bucklin	SO	Union	12.16m	39-10.75
13 Chris Stahlmann	JR	Ithaca Colle	12.06m	39-07.00
14 Axel DeAngelis	FR	R.P.I	11.86m	38-11.00
15 Eric Ambrosino	SO	Ithaca Colle	11.79m	38-08.25
16 Matthew Wing	FR	R.P.I	11.74m	38-06.25
17 Jeffrey Blackburn	FR	Hamilton Col	11.73m	38-06.00

## Men Shot Put

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=====
Championship: C 17.33m 1983      Dan Mlodozeniec, Fredonia
Association: A 17.33m 1983      Dan Mlodozeniec, Fredonia
16.90m NC A
15.50m NC P
14.35m ECAC

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Name	Year	School	Finals	
1 Shawn Ross	JR	Alfred Unive	14.15m	46-05.25
2 Joshua Orndorff	JR	Hamilton Col	13.60m	44-07.50
3 Jacob Gardner	JR	Rochester	13.29m	43-07.25
4 Danton Brewington	JR	Union	13.24m	43-05.25
5 Mike Raplee	FR	Alfred Unive	13.12m	43-00.50
6 Patrick Single	SO	Rochester	12.94m	42-05.50
7 Michael Haynes	Fr	R.I.T.	12.67m	41-07.00
8 Steven Arni	Fr	R.I.T.	12.18m	39-11.50
9 John Milks	JR	Rochester	12.13m	39-09.75
10 Erik Whiting	SR	R.P.I	11.67m	38-03.50
11 Paul Helm	JR	Ithaca Colle	11.65m	38-02.75
-- A.J. Blaisdell	FR	St. Lawrence	FOUL	

## Men Weight Throw 35#

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=====
Championship: C 18.65m 1994      Trevor Hitchcock, Fredonia
Association: A 19.16m 1994      Trevor Hitchcock, Fredonia
18.34m NC A
16.55m NC P
15.20m ECAC

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Name	Year	School	Finals	
1 Erik Whiting	SR	R.P.I	15.33m ECAC	50-03.50
2 Ethan Kaplan	SR	Rochester	15.31m ECAC	50-02.75
3 Brian Walker	Jr	R.I.T.	15.23m ECAC	49-11.75
4 Jacob Gardner	JR	Rochester	14.75m	48-04.75
5 John Milks	JR	Rochester	13.87m	45-06.25
6 Markenson Joseph	SR	Alfred Unive	13.65m	44-09.50
7 Mike Raplee	FR	Alfred Unive	13.25m	43-05.75
8 A.J. Blaisdell	FR	St. Lawrence	13.05m	42-09.75
9 Joshua Orndorff	JR	Hamilton Col	12.91m	42-04.25
10 Patrick Lutz	SR	Rochester	12.49m	40-11.75
11 Michael Haynes	Fr	R.I.T.	12.39m	40-07.75

12	Spencer Barry	SO Ithaca Colle	12.20m	40-00.50
13	Patrick Burke	SR Rochester	12.02m	39-05.25
14	Paul Helm	JR Ithaca Colle	11.73m	38-06.00
--	Danton Brewington	JR Union	FOUL	

## Indoor Pentathlon: #5 Men 1000 Meter Run Indoor Pentathlon

Name	Year	School	Finals	Points
1	Doug Koury	SO Ithaca Colle	2:45.41	814
2	Will McMunigal	SO Rochester	2:47.69	790
3	Garrett Harms	JR R.P.I	2:47.91	788
4	Ceylon Mitchell	SO Rochester	2:48.39	782
5	Jonathan Richardson	FR Rochester	2:49.60	770
6	Justin Spalik	SO St. Lawrence	2:52.11	744
7	Dan Moloney	SO Ithaca Colle	2:53.07	734
8	Kieran Davis	FR R.P.I	2:53.25	732
9	Alec Svoboda	FR Ithaca Colle	2:53.94	725
10	Alexander Morin	SO R.P.I	2:54.05	724
11	Ryan Taylor	JR Ithaca Colle	3:03.42	631
12	David Kastner	FR R.P.I	3:04.09	625
13	Radford Arrindell	FR Ithaca Colle	3:04.84	618

## Indoor Pentathlon: #1 Men 55 Meter Hurdles Indoor Pentathlon

Name	Year	School	Finals	H#	Points
1	Justin Spalik	SO St. Lawrence	8.03	1	825
2	David Kastner	FR R.P.I	8.12	3	804
3	Alexander Morin	SO R.P.I	8.21	1	781
4	Jonathan Richardson	FR Rochester	8.25	2	772
5	Dan Moloney	SO Ithaca Colle	8.36	4	746
6	Radford Arrindell	FR Ithaca Colle	8.37	3	744
7	Garrett Harms	JR R.P.I	8.40	1	737
8	Ceylon Mitchell	SO Rochester	8.41	4	735
9	Doug Koury	SO Ithaca Colle	8.87	2	629
10	Kieran Davis	FR R.P.I	9.00	4	601
11	Ryan Taylor	JR Ithaca Colle	9.00	2	601
12	Alec Svoboda	FR Ithaca Colle	9.06	4	589
13	Will McMunigal	SO Rochester	9.27	3	545

## Indoor Pentathlon: #4 Men High Jump Indoor Pentathlon

Name	Year	School	Finals	Points
1	Doug Koury	SO Ithaca Colle	1.95m	6-04.75 758
2	Will McMunigal	SO Rochester	1.92m	6-03.50 731
3	Radford Arrindell	FR Ithaca Colle	1.86m	6-01.25 679
4	Garrett Harms	JR R.P.I	1.83m	6-00.00 653
5	David Kastner	FR R.P.I	1.80m	5-10.75 627
6	Kieran Davis	FR R.P.I	1.77m	5-09.75 602
7	Alexander Morin	SO R.P.I	1.74m	5-08.50 577
7	Jonathan Richardson	FR Rochester	1.74m	5-08.50 577
7	Dan Moloney	SO Ithaca Colle	1.74m	5-08.50 577
7	Alec Svoboda	FR Ithaca Colle	1.74m	5-08.50 577
11	Ryan Taylor	JR Ithaca Colle	1.71m	5-07.25 552
11	Justin Spalik	SO St. Lawrence	1.71m	5-07.25 552
13	Ceylon Mitchell	SO Rochester	1.68m	5-06.00 528

## Indoor Pentathlon: #2 Men Long Jump Indoor Pentathlon

Name	Year	School	Finals	Points
1	Will McMunigal	SO Rochester	6.81m	22-04.25 769
2	Doug Koury	SO Ithaca Colle	6.25m	20-06.25 641
3	Ryan Taylor	JR Ithaca Colle	6.01m	19-08.75 589
3	Justin Spalik	SO St. Lawrence	6.01m	19-08.75 589
5	Alec Svoboda	FR Ithaca Colle	5.91m	19-04.75 567
6	Garrett Harms	JR R.P.I	5.81m	19-00.75 546
7	Ceylon Mitchell	SO Rochester	5.64m	18-06.00 510
8	Jonathan Richardson	FR Rochester	5.57m	18-03.25 496
9	David Kastner	FR R.P.I	5.55m	18-02.50 492
10	Alexander Morin	SO R.P.I	5.49m	18-00.25 479

11	Radford Arrindell	FR	Ithaca Colle	5.38m	17-08.00	457
12	Dan Moloney	SO	Ithaca Colle	5.36m	17-07.00	453
13	Kieran Davis	FR	R.P.I	5.24m	17-02.25	429

## Indoor Pentathlon: #3 Men Shot Put Indoor Pentathlon

Name	Year	School	Finals		Points	
1	Alexander Morin	SO	R.P.I	10.64m	34-11.00	524
2	Garrett Harms	JR	R.P.I	10.44m	34-03.00	512
3	Alec Svoboda	FR	Ithaca Colle	10.16m	33-04.00	495
4	David Kastner	FR	R.P.I	9.68m	31-09.25	466
5	Dan Moloney	SO	Ithaca Colle	9.64m	31-07.50	464
6	Ryan Taylor	JR	Ithaca Colle	9.54m	31-03.75	458
7	Justin Spalik	SO	St. Lawrence	9.37m	30-09.00	448
8	Will McMunigal	SO	Rochester	8.75m	28-08.50	411
9	Ceylon Mitchell	SO	Rochester	8.70m	28-06.50	408
10	Kieran Davis	FR	R.P.I	8.43m	27-08.00	392
11	Jonathan Richardson	FR	Rochester	8.23m	27-00.00	380
12	Radford Arrindell	FR	Ithaca Colle	8.21m	26-11.25	379
13	Doug Koury	SO	Ithaca Colle	6.67m	21-10.75	288

## Men Indoor Pentathlon

Championship: C	3701	2006	Zane Buckingham, St. Lawrence
Association: A	3701		Zane Buckingham, St. Lawrence
	3400	NC P	
	3100	ECAC	

Name	Year	School	Finals	
1	Will McMunigal	SO	Rochester	3246.00 ECAC
2	Garrett Harms	JR	R.P.I	3236.00 ECAC
3	Justin Spalik	SO	St. Lawrence	3158.00 ECAC
4	Doug Koury	SO	Ithaca Colle	3130.00 ECAC
5	Alexander Morin	SO	R.P.I	3085.00
6	David Kastner	FR	R.P.I	3014.00
7	Jonathan Richardson	FR	Rochester	2995.00
8	Dan Moloney	SO	Ithaca Colle	2974.00
9	Ceylon Mitchell	SO	Rochester	2963.00
10	Alec Svoboda	FR	Ithaca Colle	2953.00
11	Radford Arrindell	FR	Ithaca Colle	2877.00
12	Ryan Taylor	JR	Ithaca Colle	2831.00
13	Kieran Davis	FR	R.P.I	2756.00

## Women - Team Rankings - 21 Events Scored

1) Ithaca College	271	2) Rochester	178.50
3) R.P.I.	123	4) St. Lawrence	99
5) R.I.T.	67	6) Hamilton College	42
7) Nazareth College	17	8) Alfred University	15
9) UNION	5.50		

## Men - Team Rankings - 21 Events Scored

1) R.P.I.	159	2) St. Lawrence	149.75
3) Ithaca College	125.75	4) R.I.T.	119
5) Rochester	117.50	6) Alfred University	48
7) UNION	47	8) Hamilton College	34
9) Nazareth College	19		