

**2009 Liberty League
Championships
St. Lawrence University
Canton, NY
October 10, 2009**



Women's 6km Team Summary

Place	Team	Points
1	St. Lawrence	21
2	Rensselaer	55
3	Vassar	62
4	Union	111
5	Clarkson	153
6	William Smith	161

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Women's 6km Individual Results

Course Record: 21:17 Jodi Schoppmann (Potsdam) 2005 Hoffmann Invit.
Liberty League 6km Meet Record: 22:28 Wendy Pavlus (St. Lawrence) 2008 at St. Lawrence

Place	Pts	Time	Name	Class	Team-Place	Mile	KM	Winner
1	1	22:42	Johannah Ludington	SR	St. Lawrence-1	6:06	3:47	-:--
2	2	22:44	Jenna Hulton	SO	St. Lawrence-2	6:07	3:47	+0:02
3	3	22:44	Wendy Pavlus	JR	St. Lawrence-3	6:07	3:47	+0:02
4	4	23:05	Grace Tilton	FR	Rensselaer-1	6:12	3:51	+0:23
5	5	23:08	Johanna Spangler	SO	Vassar-1	6:13	3:51	+0:26
6	6	23:39	Marie Ferro	FR	Rensselaer-2	6:21	3:57	+0:57
7	7	23:56	Jackie Lemme	FR	St. Lawrence-4	6:26	3:59	+1:14
8	8	24:02	Hillary St. John	SR	St. Lawrence-5	6:28	4:00	+1:20
9	9	24:04	McKayla Nuffer	SO	St. Lawrence-6	6:28	4:01	+1:22
10	10	24:14	Zoe Carpenter	JR	Vassar-2	6:31	4:02	+1:32
11	11	24:19	Sarah Tardiff	SR	Union-1	6:32	4:03	+1:37
12	12	24:21	Christine Koch	JR	Rensselaer-3	6:33	4:04	+1:39
13	13	24:30	Kelly Holmes	SR	Vassar-3	6:35	4:05	+1:48
14	14	24:31	Megan Derby	SO	St. Lawrence-7	6:35	4:05	+1:49
15		24:33	Jenny Kaagan	SO	St. Lawrence-8	6:36	4:06	+1:51
16		24:37	Alexis Nuffer	SR	St. Lawrence-9	6:37	4:06	+1:55
17	15	24:53	Nina Huang	FR	Vassar-4	6:41	4:09	+2:11
18	16	25:03	Danielle Cohen	JR	Rensselaer-4	6:44	4:11	+2:21
19		25:10	Andrea Maynard	FR	St. Lawrence-10	6:46	4:12	+2:28
20	17	25:13	Erin Kyle	SR	Rensselaer-5	6:47	4:12	+2:31
21		25:25	Elizabeth Atwood	JR	St. Lawrence-11	6:50	4:14	+2:43
22	18	25:27	Ariel Hubert	SO	Rensselaer-6	6:50	4:15	+2:45
23		25:30	Ericka Nuffer	FR	St. Lawrence-12	6:51	4:15	+2:48
24		25:35	Melanie Solandt	SO	St. Lawrence-13	6:52	4:16	+2:53
25		25:35	Abbie MacBeth	SO	St. Lawrence-14	6:52	4:16	+2:53
26	19	25:37	Kristine Olson	FR	Vassar-5	6:53	4:16	+2:55
27	20	25:39	Erin Horgan	SO	Union-2	6:54	4:17	+2:57
28	21	25:44	Rebecca Valencia	JR	Vassar-6	6:55	4:17	+3:02
29	22	25:50	Alyssa Charney	SR	Vassar-7	6:56	4:18	+3:08
30	23	25:52	Kathryn Pietrak	SR	William Smith-1	6:57	4:19	+3:10
31		25:54	Jenica Law	SR	Vassar-8	6:58	4:19	+3:12
32		25:55	Chelsea Nuffer	SR	St. Lawrence-15	6:58	4:19	+3:13
33		25:56	Caroline Raue	FR	St. Lawrence-16	6:58	4:19	+3:14
34	24	26:00	Ramsey Steiner	SO	Union-3	6:59	4:20	+3:18
35	25	26:09	Rebecca Skudder	SR	Union-4	7:02	4:22	+3:27
36	26	26:11	Ariel Mingrone	JR	Rensselaer-7	7:02	4:22	+3:29
37		26:13	Katie Loignon	JR	St. Lawrence-17	7:03	4:22	+3:31
38		26:15	Brittany Davis	FR	Vassar-9	7:03	4:23	+3:33
39		26:16	Nicole Nolan	JR	Rensselaer-8	7:03	4:23	+3:34
40	27	26:18	Maureen Hill	SO	Clarkson-1	7:04	4:23	+3:36
41		26:26	Melissa McClung	SO	Vassar-10	7:06	4:24	+3:44
42	28	26:32	Audrey Keene	SO	Clarkson-2	7:08	4:25	+3:50

43		26:33	Elizabeth Edwards	SO	St. Lawrence-18	7:08	4:26	+3:51
44		26:45	Erin Lefkowiz	JR	Vassar-11	7:11	4:28	+4:03
45		26:49	Leslie Hamilton	SO	Vassar-12	7:12	4:28	+4:07
46	29	26:52	Elizabeth Mills	SR	William Smith-2	7:13	4:29	+4:10
47	30	27:10	Bethann Parmelee	SO	Clarkson-3	7:18	4:32	+4:28
48	31	27:15	Kyra Burnett	FR	Union-5	7:19	4:33	+4:33
49	32	27:21	Carolyn Canetti	JR	Union-6	7:21	4:34	+4:39
50	33	27:29	Rachel Bachman	FR	Clarkson-4	7:23	4:35	+4:47
51	34	27:35	Rebecca Felt	FR	William Smith-3	7:25	4:36	+4:53
52		27:37	Megan Nuffer	FR	St. Lawrence-19	7:25	4:36	+4:55
53	35	27:41	Jessica Hernandez	FR	Clarkson-5	7:26	4:37	+4:59
54	36	27:44	Michelle Richter	JR	Union-7	7:27	4:37	+5:02
55		27:44	Stephanie Malek	FR	Vassar-13	7:27	4:37	+5:02
56	37	27:50	Hilary Dreyer	FR	William Smith-4	7:29	4:38	+5:08
57		27:55	Arial Shogren	FR	Vassar-14	7:30	4:39	+5:13
58	38	28:04	Deirdre Wholly	JR	William Smith-5	7:32	4:41	+5:22
59	39	28:15	Sydney Laramie	FR	Clarkson-6	7:35	4:43	+5:33
60	40	28:27	Ryan Kincaid	JR	William Smith-6	7:39	4:45	+5:45
61		28:45	Molly Brunelle	FR	Rensselaer-9	7:43	4:48	+6:03
62	41	28:49	Alicia Perras	JR	Clarkson-7	7:44	4:48	+6:07
63		28:54	Laura Gribbell	SO	Union-8	7:46	4:49	+6:12
64		29:09	Kathleen Dwyer	JR	Vassar-15	7:50	4:52	+6:27
65		29:11	Suzanne Estok	JR	Union-9	7:50	4:52	+6:29
66	42	29:25	Jena Ko	FR	William Smith-7	7:54	4:54	+6:43
67		29:29	Anna Sise	SO	Union-10	7:55	4:55	+6:47
68		29:58	Anna Hertlein	SO	William Smith-8	8:03	5:00	+7:16
69		30:05	Claudette Foisy	GR	Clarkson-8	8:05	5:01	+7:23
70		30:12	Kathleen Lewicki	SO	Clarkson-9	8:07	5:02	+7:30
71		30:21	Kaileigh Moore	SO	Union-11	8:09	5:04	+7:39
72		30:24	Kelsey Casale	FR	Clarkson-10	8:10	5:04	+7:42
73		30:29	Christa Harper	FR	Clarkson-11	8:11	5:05	+7:47
74		30:47	Samantha Steenburn	FR	Union-12	8:16	5:08	+8:05
75		31:23	Molly Sharry	SO	William Smith-9	8:26	5:14	+8:41
76		32:28	Kallie Desmond	SO	Clarkson-12	8:43	5:25	+9:46
77		32:51	Sarah Wilson	SO	William Smith-10	8:49	5:29	+10:09
78		33:10	Sarah Doucett	SR	Union-13	8:54	5:32	+10:28
79		33:38	Alyssa Turose	JR	William Smith-11	9:02	5:36	+10:56
80		40:12	Margaret Ngami	FR	Clarkson-13	10:48	6:42	+17:30

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Women's 6km Team Results

1	St. Lawrence	21 Pts	1	2	3	7	8	(9)	(14)	5	Avg: 23:14	5	Gap:+1:20
2	Rensselaer	55 Pts	4	6	12	16	17	(18)	(26)	5	Avg: 24:16	5	Gap:+2:08
3	Vassar	62 Pts	5	10	13	15	19	(21)	(22)	5	Avg: 24:28	5	Gap:+2:29
4	Union	111 Pts	11	20	24	25	31	(32)	(36)	5	Avg: 25:52	5	Gap:+2:56
5	Clarkson	153 Pts	27	28	30	33	35	(39)	(41)	5	Avg: 27:02	5	Gap:+1:23
6	William Smith	161 Pts	23	29	34	37	38	(40)	(42)	5	Avg: 27:15	5	Gap:+2:12

1	St. Lawrence	21 Points				1	2	3	7	8	(9)	(14)	
	Name	Class	Place	Pts / Tot	Time	Mile	KM	Winner	Team#1				
1	Johannah Ludington	SR	1	1 / 1	22:42	6:06	3:47	-:-	-:-				
2	Jenna Hulton	SO	2	2 / 3	22:44	6:07	3:47	+0:02	+0:02				
3	Wendy Pavlus	JR	3	3 / 6	22:44	6:07	3:47	+0:02	+0:02				
4	Jackie Lemme	FR	7	7 / 13	23:56	6:26	3:59	+1:14	+1:14				
5	Hillary St. John	SR	8	8 / 21	24:02	6:28	4:00	+1:20	+1:20				
---	Top Five ---	Total Time:	116:08	Average:	23:14	6:15	3:52	+0:32					
6	McKayla Nuffer	SO	9	9 / 30	24:04	6:28	4:01	+1:22	+1:22				
7	Megan Derby	SO	14	14 / 44	24:31	6:35	4:05	+1:49	+1:49				
---	Top Seven ---	Total Time:	164:43	Average:	23:32	6:19	3:55	+0:50					

2	Rensselaer	55 Points				4	6	12	16	17	(18)	(26)	
	Name	Class	Place	Pts / Tot	Time	Mile	KM	Winner	Team#1				
1	Grace Tilton	FR	4	4 / 4	23:05	6:12	3:51	+0:23	-:-				
2	Marie Ferro	FR	6	6 / 10	23:39	6:21	3:57	+0:57	+0:34				
3	Christine Koch	JR	12	12 / 22	24:21	6:33	4:04	+1:39	+1:16				
4	Danielle Cohen	JR	18	16 / 38	25:03	6:44	4:11	+2:21	+1:58				
5	Erin Kyle	SR	20	17 / 55	25:13	6:47	4:12	+2:31	+2:08				
---	Top Five ---	Total Time:	121:21	Average:	24:16	6:31	4:03	+1:34					
6	Ariel Hubert	SO	22	18 / 73	25:27	6:50	4:15	+2:45	+2:22				
7	Ariel Mingrone	JR	36	26 / 99	26:11	7:02	4:22	+3:29	+3:06				
---	Top Seven ---	Total Time:	172:59	Average:	24:43	6:38	4:07	+2:01					

3	Vassar	62 Points				5	10	13	15	19	(21)	(22)	
	Name	Class	Place	Pts / Tot	Time	Mile	KM	Winner	Team#1				
1	Johanna Spangler	SO	5	5 / 5	23:08	6:13	3:51	+0:26	-:-				
2	Zoe Carpenter	JR	10	10 / 15	24:14	6:31	4:02	+1:32	+1:06				
3	Kelly Holmes	SR	13	13 / 28	24:30	6:35	4:05	+1:48	+1:22				
4	Nina Huang	FR	17	15 / 43	24:53	6:41	4:09	+2:11	+1:45				
5	Kristine Olson	FR	26	19 / 62	25:37	6:53	4:16	+2:55	+2:29				
---	Top Five ---	Total Time:	122:22	Average:	24:28	6:35	4:05	+1:46					
6	Rebecca Valencia	JR	28	21 / 83	25:44	6:55	4:17	+3:02	+2:36				
7	Alyssa Charney	SR	29	22 / 105	25:50	6:56	4:18	+3:08	+2:42				
---	Top Seven ---	Total Time:	173:56	Average:	24:51	6:41	4:08	+2:09					

4	Union	111 Points	11	20	24	25	31	(32)	(36)
	Name	Class	Place	Pts / Tot	Time	Mile	KM	Winner	Team#1
1	Sarah Tardiff	SR	11	11 / 11	24:19	6:32	4:03	+1:37	-:--
2	Erin Horgan	SO	27	20 / 31	25:39	6:54	4:17	+2:57	+1:20
3	Ramsey Steiner	SO	34	24 / 55	26:00	6:59	4:20	+3:18	+1:41
4	Rebecca Skudder	SR	35	25 / 80	26:09	7:02	4:22	+3:27	+1:50
5	Kyra Burnett	FR	48	31 / 111	27:15	7:19	4:33	+4:33	+2:56
	--- Top Five ---	Total Time:	129:22	Average:	25:52	6:57	4:19	+3:10	
6	Carolyn Canetti	JR	49	32 / 143	27:21	7:21	4:34	+4:39	+3:02
7	Michelle Richter	JR	54	36 / 179	27:44	7:27	4:37	+5:02	+3:25
	--- Top Seven ---	Total Time:	184:27	Average:	26:21	7:05	4:24	+3:39	
5	Clarkson	153 Points	27	28	30	33	35	(39)	(41)
	Name	Class	Place	Pts / Tot	Time	Mile	KM	Winner	Team#1
1	Maureen Hill	SO	40	27 / 27	26:18	7:04	4:23	+3:36	-:--
2	Audrey Keene	SO	42	28 / 55	26:32	7:08	4:25	+3:50	+0:14
3	Bethann Parmelee	SO	47	30 / 85	27:10	7:18	4:32	+4:28	+0:52
4	Rachel Bachman	FR	50	33 / 118	27:29	7:23	4:35	+4:47	+1:11
5	Jessica Hernandez	FR	53	35 / 153	27:41	7:26	4:37	+4:59	+1:23
	--- Top Five ---	Total Time:	135:10	Average:	27:02	7:16	4:30	+4:20	
6	Sydney Laramie	FR	59	39 / 192	28:15	7:35	4:43	+5:33	+1:57
7	Alicia Perras	JR	62	41 / 233	28:49	7:44	4:48	+6:07	+2:31
	--- Top Seven ---	Total Time:	192:14	Average:	27:28	7:23	4:35	+4:46	
6	William Smith	161 Points	23	29	34	37	38	(40)	(42)
	Name	Class	Place	Pts / Tot	Time	Mile	KM	Winner	Team#1
1	Kathryn Pietrak	SR	30	23 / 23	25:52	6:57	4:19	+3:10	-:--
2	Elizabeth Mills	SR	46	29 / 52	26:52	7:13	4:29	+4:10	+1:00
3	Rebecca Felt	FR	51	34 / 86	27:35	7:25	4:36	+4:53	+1:43
4	Hilary Dreyer	FR	56	37 / 123	27:50	7:29	4:38	+5:08	+1:58
5	Deirdre Wholly	JR	58	38 / 161	28:04	7:32	4:41	+5:22	+2:12
	--- Top Five ---	Total Time:	136:13	Average:	27:15	7:19	4:32	+4:33	
6	Ryan Kincaid	JR	60	40 / 201	28:27	7:39	4:45	+5:45	+2:35
7	Jena Ko	FR	66	42 / 243	29:25	7:54	4:54	+6:43	+3:33
	--- Top Seven ---	Total Time:	194:05	Average:	27:44	7:27	4:37	+5:02	