

## SLU Holiday Relay Meet - 12/12/2009

## Newell Field House

## Results - Holiday Relay Meet

## Event 7 Men 55 Meter Hurdles

**Meet Record:** 7.75 \* 12/11/2008 Joe Keleher  
**Field House:** 7.28 ^ 1/14/2006 Charles Allen  
**SLU Record:** 7.83 s 3/5/2004 Robert Ames  
 7.55 NC A  
 7.74 NC P  
 8.00 ECAC

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Fawcett, Tyler	9-	Uottawa	7.78QECAC
2 Spalik, Justin	SO	St. Lawrence	8.01q NYSA
3 Cox, Dustin	FR	Oneonta	8.51q
4 Depo, Ben	FR	Plattsburgh St.	8.83q
5 Matthews, Elliott	FR	Plattsburgh St.	8.86q
6 Spicer, Dylan	FR	St. Lawrence	9.30q
7 Mercer, Kevin	FR	Plattsburgh St.	9.38q

## Event 8 Women 55 Meter Hurdles

**Meet Record:** 8.86 \* 12/14/2002 Alissa Bibb  
**Field House:** 8.28 ^ 2/24/2007 Christina Acquaviva  
**SLU Record:** 8.55 s 3/1/2003 Alissa Bibb  
 8.20 NC A  
 8.53 NC P  
 9.04 ECAC

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Schafer, Nicole	FR	Cortland St.	* 8.72QECAC
2 LaPorte, Kiersten	SO	St. Lawrence	9.10Q NYSA
3 Darling, Katie	FR	Cortland St.	8.94q ECAC
4 Maziejka, Liz	JR	Oneonta	9.16q NYSA
5 Palmer, Emily	SO	St. Lawrence	9.75q
6 TeRiele, Joanne	SO	Plattsburgh St.	9.77q
7 Alsdorf, Sara	FR	Plattsburgh St.	10.22q
8 Filipello, Brenna	SO	Cortland St.	10.67q
9 Houle, Allysa	FR	St. Lawrence	10.99

## Event 9 Women 55 Meter Dash

**Meet Record:** 7.20 \* 12/13/2003 Summer McCollum  
**Field House:** 7.20 ^ 12/13/2003 Summer McCollum  
**SLU Record:** 7.38 s 2/28/2003 Kara Simpson  
 7.10 NC A  
 7.29 NC P  
 7.54 ECAC

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Belkevich, Connie	JR	Oneonta	7.63Q NYSA
2 Evarts, Jenna	SO	Cortland St.	7.69Q NYSA
3 Militello, Erin	FR	Cortland St.	7.87Q
4 Boggan, Megan	SR	Oswego State	7.80q NYSA
5 Becker, Corinne	FR	St. Lawrence	7.87q
6 Sahn, Brittani	SO	Cortland St.	7.92q
7 Catanese, Kristan	JR	Oneonta	7.95q
8 Ripple, Christine	SO	Oswego State	8.02q
9 Boyce, Melinda	FR	Oneonta	8.03
10 Loveland, Kim	JR	Oneonta	8.13

11 Callahan, Ashley	FR	Oneonta	8.14
12 Grosso, Mariah	FR	Oneonta	8.21
13 Venezia, Jessica	JR	St. Lawrence	8.26
14 Brown, Samantha	FR	Oneonta	8.29
15 Cunningham, Emily	FR	Oneonta	8.32
16 Bush, Kendra	FR	St. Lawrence	8.33
17 Sanges, Felicia	SO	Plattsburgh St.	8.47
18 Colligan, Kaitlyn	FR	Oneonta	8.51
19 Dutches, Janell	SR	Oswego State	8.53
20 Backer, Diana	FR	Oswego State	8.55
21 Tammaro, Elizabeth	FR	St. Lawrence	8.84

## Event 10 Men 55 Meter Dash

**Meet Record:** 6.40 \* 12/8/2007 Joe Reed  
**Field House:** 6.36 ^ 1/17/2004 Tanko Abass  
**SLU Record:** 6.43 s 1987 Tim McCrossen  
 6.34 NC A  
 6.47 NC P  
 6.63 ECAC

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Owens, Darnell	SR	Cortland St.	6.59QECAC
2 Risling, Tony	9-	Uottawa	6.67Q NYSA
3 Shakir, Sa-Id	JR	Cortland St.	6.72Q NYSA
4 Bieber, Jordan	SR	Plattsburgh St.	6.78Q NYSA
5 Bernstein, Sean	FR	Oneonta	6.69q NYSA
6 Drollette, Brian	FR	Plattsburgh St.	6.80q NYSA
7 Wren, Sean	SO	Oneonta	6.83q
8 Galletta, Josh	SR	Oswego State	6.84q
9 Fugazot, Dan	FR	Cortland St.	6.87
10 Fisher, Andy	FR	St. Lawrence	6.87
11 Karpinski, Zachary	FR	Cortland St.	6.88
12 Carapella, AJ	SR	Oswego State	6.89
13 Fawcett, Tyler	9-	Uottawa	6.93
14 Woods, Brad	JR	Plattsburgh St.	6.95
15 English, Andy	SR	Oswego State	6.98
16 Romer, Fred	SR	Oneonta	6.98
17 Kobuszewski, Geoff	SR	Oswego State	6.98
18 Dubzinski, Kyle	SO	Oswego State	7.04
19 Kramarchyk, Demetrius	FR	Oswego State	7.10
20 Sullivan, Joe	SR	Oneonta	7.13
21 Helveston, Thomas	FR	Plattsburgh St.	7.25
22 LeBlanc, Ben	FR	St. Lawrence	7.33
23 Vedder, Steven	FR	Oswego State	7.36
24 Depugh, Chris	FR	Oswego State	7.39
25 Steinhofer, Tim	SR	Oneonta	7.45

## SLU Holiday Relay Meet - 12/12/2009

## Newell Field House

## Results - Holiday Relay Meet

## Event 11 Women 1 Mile Run

Meet Record: 5:14.14 \* 12/11/2008 Jenna Hulton

Field House: 5:02.57 ^ 2/24/2007 Meagan Nolan

SLU Record: 5:08.94 s 2/23/2007 Laura Clarke

4:55.00 NC A

5:05.00 NC P

5:16.45 ECAC

Name	Yr	School	Finals
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## Finals

1	Facteau, Sara	33	Unattached	5:16.66	NYSA
2	Fairbanks, Alexis	FR	Cortland St.	5:22.76	NYSA
3	Seymour, Jill	9-	Uottawa	5:23.48	NYSA
4	Naylon, Jordyn	FR	Cortland St.	5:25.45	NYSA
5	Yernye, Krystal	JR	Plattsburgh St.	5:34.07	
6	MacNaughton, Kate	9-	Uottawa	5:40.58	
7	Evarts, Janet	FR	Oswego State	6:34.91	

## Event 12 Men 1 Mile Run

Meet Record: 4:23.27 \* 12/8/2001 Kris Enwright

Field House: 4:10.54 ^ 3/1/2008 Peter Kosgei

SLU Record: 4:12.02 s 3/8/2008 Erik Donohoe

4:11.00 NC A

4:16.00 NC P

4:23.54 ECAC

Name	Yr	School	Finals
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## Finals

1	Ramsey, Dan	JR	St. Lawrence	4:17.47*	ECAC
2	Fox, Terrence	SR	St. Lawrence	4:23.78	NYSA
3	Beaudette, Jeremy	SR	St. Lawrence	4:24.45	NYSA
4	Yernye, Seth	SR	Plattsburgh St.	4:25.50	
5	Millard, Geoff	SR	St. Lawrence	4:25.90	
6	LeBlanc, Josh	JR	St. Lawrence	4:28.94	
7	Jackson, Seth	SO	St. Lawrence	4:29.25	
8	Johnston, John	SO	St. Lawrence	4:35.91	
9	Twomey, Sean	SO	Cortland St.	4:38.58	
10	Malcomb, Jacob	SR	St. Lawrence	4:40.17	
11	Adickes, Rich	FR	Plattsburgh St.	4:40.79	
12	Mayers, Jimmy	JR	St. Lawrence	4:46.76	
13	Bergeron, Michael	9-	Uottawa	4:48.39	
14	Martin, Chris	FR	Plattsburgh St.	4:49.34	
15	Newell, Jared		Unattached	4:50.64	
16	Sargrad, Andrew	SO	St. Lawrence	4:56.39	
17	Machia, Kevin	SO	St. Lawrence	4:58.39	
18	Kaplan, Peter	FR	Plattsburgh St.	4:59.52	
19	Metzger, Tom	SO	St. Lawrence	5:03.39	
20	Matthews, Elliott	FR	Plattsburgh St.	5:12.18	

## Event 13 Women 55 Meter Hurdles

Meet Record: 8.86 \* 12/14/2002 Alissa Bibb

Field House: 8.28 ^ 2/24/2007 Christina Acquaviva

SLU Record: 8.55 s 3/1/2003 Alissa Bibb

8.20 NC A

8.53 NC P

9.04 ECAC

Name	Yr	School	Finals
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## Finals

1	Schafer, Nicole	FR	Cortland St.	8.81*	ECAC
2	Darling, Katie	FR	Cortland St.	8.82*	ECAC
3	Filipello, Brenna	SO	Cortland St.	9.24	NYSA
4	LaPorte, Kiersten	SO	St. Lawrence	9.25	NYSA
5	TeRiele, Joanne	SO	Plattsburgh St.	9.64	
6	Palmer, Emily	SO	St. Lawrence	9.79	
7	Alsdorf, Sara	FR	Plattsburgh St.	10.15	

## Event 14 Men 55 Meter Hurdles

Meet Record: 7.75 \* 12/11/2008 Joe Keleher

Field House: 7.28 ^ 1/14/2006 Charles Allen

SLU Record: 7.83 s 3/5/2004 Robert Ames

7.55 NC A

7.74 NC P

8.00 ECAC

Name	Yr	School	Finals
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## Finals

1	Fawcett, Tyler	9-	Uottawa	7.78	ECAC
2	Spalik, Justin	SO	St. Lawrence	8.01	NYSA
3	Cox, Dustin	FR	Oneonta	8.51	
4	Depo, Ben	FR	Plattsburgh St.	8.83	
5	Matthews, Elliott	FR	Plattsburgh St.	8.86	
6	Spicer, Dylan	FR	St. Lawrence	9.30	
7	Mercer, Kevin	FR	Plattsburgh St.	9.39	

## Event 15 Women 400 Meter Dash

Meet Record: 57.85 \* 12/11/2004 Ashlee Robertson

Field House: 56.95 ^ 1/22/2005 Bailey Lewis

SLU Record: 58.31 s 3/7/1998 Bridget Reichhart

56.75 NC A

58.64 NC P

1:00.00 ECAC

Name	Yr	School	Finals
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## Finals

1	McCasland, Amy	SO	Plattsburgh St.	1:00.49	NYSA
2	Marini, Jessica	FR	St. Lawrence	1:00.80	NYSA
3	Maziejka, Liz	JR	Oneonta	1:01.05	NYSA
4	Belkevich, Connie	JR	Oneonta	1:01.42	NYSA
5	Montrose, Veronica	SO	Cortland St.	1:02.38	
6	Schwennker, Liz	SO	St. Lawrence	1:02.72	
7	Rebehn, Kelsey	JR	St. Lawrence	1:03.95	
8	Risler, Jen	JR	Plattsburgh St.	1:04.58	
9	Battaglia, Nicole	FR	Cortland St.	1:04.62	
10	Traintafillou, Caitlin	FR	Cortland St.	1:04.82	
11	Timbrell, Reba	9-	Uottawa	1:05.01	
12	Cunningham, Emily	FR	Oneonta	1:05.10	

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**Finals ... (Event 15 Women 400 Meter Dash)**

Name	Yr	School	Finals
13 TeRiele, Joanne	SO	Plattsburgh St.	1:05.52
14 Colligan, Kaitlyn	FR	Oneonta	1:07.30
15 Callahan, Ashley	FR	Oneonta	1:08.08
16 Houle, Allysa	FR	St. Lawrence	1:10.45
17 Wessing, Samantha	SO	Oswego State	1:15.07

**Event 16 Men 400 Meter Dash**

**Meet Record:** 48.62 \* 12/11/2008 Eric Theiss  
**Field House:** 48.62 ^ 12/13/2008 Eric Theiss  
**SLU Record:** 48.32 s 1987 Tim McCrossen  
 48.75 NC A  
 49.85 NC P  
 50.71 ECAC

Name	Yr	School	Finals
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**Finals**

1 Bisceglia, Gino	JR	Cortland St.	50.21 ECAC
2 Wren, Sean	SO	Oneonta	50.35 ECAC
3 Romer, Fred	SR	Oneonta	52.04
4 Bernstein, Sean	FR	Oneonta	52.32
5 Francisco, Nate	FR	Cortland St.	52.61
6 Garren, Josh	FR	Plattsburgh St.	52.89
7 Frymire, Leif	FR	St. Lawrence	53.28
8 Burgess, Kewsi	SO	Plattsburgh St.	53.60
9 Risling, Tony	9-	Uottawa	53.93
10 Mello, Nicholas	SO	St. Lawrence	54.07
11 Jones, Brenton	FR	St. Lawrence	54.23
12 Malloney, Russell	FR	Plattsburgh St.	55.78
13 Kramarchyk, Demetrius	FR	Oswego State	56.90
14 Hamm, Peter	JR	Plattsburgh St.	57.51
15 Mitchell, William	FR	St. Lawrence	57.56
16 Wilmot, Brett		Unattached	57.93
17 Bennett, Joe	FR	Oswego State	58.01

**Event 17 Women 55 Meter Dash**

**Meet Record:** 7.20 \* 12/13/2003 Summer McCollum  
**Field House:** 7.20 ^ 12/13/2003 Summer McCollum  
**SLU Record:** 7.38 s 2/28/2003 Kara Simpson  
 7.10 NC A  
 7.29 NC P  
 7.54 ECAC

Name	Yr	School	Finals
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**Finals**

1 Evarts, Jenna	SO	Cortland St.	7.59 NYSA
2 Boggan, Megan	SR	Oswego State	7.74 NYSA
3 Militello, Erin	FR	Cortland St.	7.76 NYSA
4 Sahn, Brittani	SO	Cortland St.	7.79 NYSA
5 Catanese, Kristan	JR	Oneonta	7.91
6 Becker, Corinne	FR	St. Lawrence	7.95
7 Ripple, Christine	SO	Oswego State	8.03

**Event 18 Men 55 Meter Dash**

**Meet Record:** 6.40 \* 12/8/2007 Joe Reed  
**Field House:** 6.36 ^ 1/17/2004 Tanko Abass  
**SLU Record:** 6.43 s 1987 Tim McCrossen  
 6.34 NC A  
 6.47 NC P  
 6.63 ECAC

Name	Yr	School	Finals
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**Finals**

1 Owens, Darnell	SR	Cortland St.	6.59 ECAC
2 Shakir, Sa-Id	JR	Cortland St.	6.68 NYSA
3 Drollette, Brian	FR	Plattsburgh St.	6.80 NYSA
4 Bieber, Jordan	SR	Plattsburgh St.	6.81
5 Galletta, Josh	SR	Oswego State	6.91
6 Risling, Tony	9-	Uottawa	6.98

**Event 19 Women 800 Meter Run**

Name	Yr	School	Finals
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**Finals**

1 Facticeau, Sara	33	Unattached	2:23.43
2 Lemme, Jacquelynn	FR	St. Lawrence	2:25.57
3 Fairbanks, Alexis	FR	Cortland St.	2:26.15
4 Basciano, Val	SO	Cortland St.	2:28.31
5 Naylon, Jordyn	FR	Cortland St.	2:28.65
6 Maynard, Andrea	FR	St. Lawrence	2:31.90
7 Doores, Jessi	FR	Oswego State	2:32.27
8 Nuffer, Erikka	FR	St. Lawrence	2:33.24
9 Macbeth, Abigail	FR	St. Lawrence	2:39.83
10 Raue, Caroline	FR	St. Lawrence	2:44.17
11 Conroy, Amanda	FR	Oswego State	2:54.47

**Event 20 Men 800 Meter Run**

Name	Yr	School	Finals
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**Finals**

1 Fox, Michael	SO	St. Lawrence	1:58.99
2 Fitzpatrick, Kyle	SO	Cortland St.	1:59.06
3 Pugliano, Christopher	SO	St. Lawrence	2:02.17
4 Burnham, Mark		Unattached	2:02.97
5 Panetta, Joe	FR	Cortland St.	2:06.17
--- Twomey, Sean	SO	Cortland St.	DNF

**Event 21 Women 200 Meter Dash**

Name	Yr	School	Finals
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**Finals**

1 Ewers, Mahalia	JR	Plattsburgh St.	27.62
2 Boggan, Megan	SR	Oswego State	27.65
3 Catanese, Kristan	JR	Oneonta	27.66
4 Militello, Erin	FR	Cortland St.	27.72
5 Montrose, Veronica	SO	Cortland St.	27.92
6 Battaglia, Nicole	FR	Cortland St.	28.22
7 Evarts, Jenna	SO	Cortland St.	28.24
8 Boyce, Melinda	FR	Oneonta	28.26
9 Darling, Katie	FR	Cortland St.	28.89
10 Brown, Samantha	FR	Oneonta	28.90
11 Sahn, Brittani	SO	Cortland St.	29.01

## SLU Holiday Relay Meet - 12/12/2009

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## Results - Holiday Relay Meet

**Finals ... (Event 21 Women 200 Meter Dash)**

Name	Yr	School	Finals
12 Ripple, Christine	SO	Oswego State	29.01
13 Becker, Corinne	FR	St. Lawrence	29.11
14 Grosso, Mariah	FR	Oneonta	29.94
15 Loveland, Kim	JR	Oneonta	30.00
16 Traintafillou, Caitlin	FR	Cortland St.	30.44
17 Backer, Diana	FR	Oswego State	30.55
18 Palmer, Emily	SO	St. Lawrence	31.42
19 DeLuca, Kaitlyn	FR	Plattsburgh St.	31.52
20 Tammaro, Elizabeth	FR	St. Lawrence	32.12
21 Green, Kathryn	FR	St. Lawrence	33.79

**Event 22 Men 200 Meter Dash**

Name	Yr	School	Finals
1 Williams, Nate	FR	Plattsburgh St.	23.28
2 Carapella, AJ	SR	Oswego State	23.29
3 Francisco, Nate	FR	Cortland St.	23.39
4 Fisher, Andy	FR	St. Lawrence	23.69
5 Karpinski, Zachary	FR	Cortland St.	23.88
6 Woods, Brad	JR	Plattsburgh St.	23.90
7 Bieber, Jordan	SR	Plattsburgh St.	23.91
8 English, Andy	SR	Oswego State	23.94
9 McManus, Dan	SO	Cortland St.	24.00
10 Kobuszewski, Geoff	SR	Oswego State	24.11
11 Sullivan, Joe	SR	Oneonta	24.54
12 Frymire, Leif	FR	St. Lawrence	24.61
13 Dubzinski, Kyle	SO	Oswego State	24.89
14 Steinhofer, Tim	SR	Oneonta	25.58
15 Depugh, Chris	FR	Oswego State	25.59
16 LeBlanc, Ben	FR	St. Lawrence	25.78
17 Vedder, Steven	FR	Oswego State	26.38
18 Hummel, Bob	JR	St. Lawrence	27.10

**Event 23 Women 5000 Meter Run**

**Meet Record:** 17:31.09 \* 12/11/2008 **Andi Palen**  
**Field House:** 16:47.36 ^ 3/1/2003 **Melissa White**  
**SLU Record:** 17:16.05 s 3/7/2008 **Wendy Pavlus**  
 17:10.00 NC A  
 17:42.00 NC P  
 18:44.18 ECAC

Name	Yr	School	Finals
1 Derby, Megan	JR	St. Lawrence	18:33.75 ECAC
2 St John, Hillary	JR	St. Lawrence	19:00.13 NYSA

**Event 24 Men 5000 Meter Run**

**Meet Record:** 14:35.05 \* 12/11/2008 **Seth DuBois**  
**Field House:** 14:35.05 ^ 12/13/2008 **Seth DuBois**  
**SLU Record:** 14:20.3h s 1986 **Jukka Tammisuo**  
 14:30.00 NC A  
 14:53.00 NC P  
 15:23.43 ECAC

Name	Yr	School	Finals
1 Russell, Matt		Unattached	15:45.10
2 Goodwin, Andrew	SO	St. Lawrence	15:46.31
3 Lavigne, Todd	SR	St. Lawrence	16:03.12
4 Calderwood, Alex	SO	St. Lawrence	16:13.64
5 Schofield, Ian	JR	St. Lawrence	16:13.73
6 Liponis, Timothy	SO	St. Lawrence	16:29.85
7 Callahan, Sean	SO	St. Lawrence	16:56.93
8 Perlman, Mark	FR	St. Lawrence	18:16.49
9 Harris, Tyler	FR	St. Lawrence	18:45.46

**Event 25 Women 4x400 Meter Relay**

**Meet Record:** 4:20.12 \* 12/8/2007 **St. Lawrence University**  
**A Nuffer, C McKenzie, W Koch, L Taylor**  
**Field House:** 3:58.32 ^ 3/5/2005  
**B Boyd, A Tecco, E Huggler, J Bonelli**  
**SLU Record:** 4:02.11 s 3/7/1998  
**S Smith, M Pease, R Liiva, B Reichhart**  
 3:53.50 NC A  
 4:00.00 NC P  
 4:12.24 ECAC

Team	Relay	Finals
1 Cortland St.	D	x4:20.66
2 St. Lawrence	A	4:24.60
1) Schwennker, Liz SO	2) Morris, Kylie FR	
3) Rebehn, Kelsey JR	4) Marini, Jessica FR	
3 Oswego State	A	4:53.45
1) Doores, Jessi FR	2) Conroy, Amanda FR	
3) Wessing, Samantha SO	4) Everts, Janet FR	

**Event 26 Men 4x400 Meter Relay**

**Meet Record:** 3:29.50 \* 12/10/2005 **Plattsburgh State**  
**M Bauer, A Jinks, J Dobson, S Guthrie**  
**Field House:** 3:22.19 ^ 3/5/2005  
**R Hussey, A Miles, J Taylor, A Campbell**  
**SLU Record:** 3:20.17 s 1985  
**T Plimpton, J Disotelle, A Silver, T McCrossen**  
 3:16.70 NC A  
 3:20.50 NC P  
 3:28.54 ECAC

Team	Relay	Finals
1 St. Lawrence	A	3:37.14
1) Spicer, Dylan FR	2) Jones, Brenton FR	
3) Machia, Kevin SO	4) Pugliano, Christopher SO	

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## Results - Holiday Relay Meet

## Finals ... (Event 26 Men 4x400 Meter Relay)

Team	Relay	Finals
2 Cortland St.	A	3:38.10
1) Francisco, Nate FR	2) Fitzpatrick, Kyle SO	
3) Panetta, Joe FR	4) Twomey, Sean SO	
3 Plattsburgh St.	A	3:56.31
1) Martin, Chris FR	2) Kaplan, Peter FR	
3) Malloney, Russell FR	4) Adickes, Rich FR	

## Event 28 Men Distance Medley

Meet Record: 10:26.09 \* 12/14/2002

A Van Nortwick, S Coffin, K Enwright, M Migonis

Field House: 10:05.30 ^ 2/28/2003

B Cocca, J Ravener, B Mallette, G Wagner

SLU Record: 10:02.98 s 3/7/2003 3:04.3, 51.2, 1:53.0, 4:14.4

A Dana, J Kent, K Enwright, M Migonis

10:00.00 NC A

10:10.00 NC P

10:37.68 ECAC

Team	Relay	Finals
1 St. Lawrence	A	10:44.83
1) Fox, Terrence SR	2) Beaudette, Jeremy SR	
3) Millard, Geoff SR	4) LeBlanc, Josh JR	

## Event 29 Women 4x200 Meter Relay

Meet Record: 1:48.35 \* 12/8/2007 Ithaca College

S Donahue, L Klumpp, L Gallup, M McCord

Field House: 1:45.23 ^ 2/29/2008

L Edwards, K Marin, T Hollingsworth, A Niles

SLU Record: 1:45.85 s 2/28/2003

A Nortz, K DePuy, A Bibb, K Simpson

1:52.94 ECAC

Team	Relay	Finals
1 Oneonta	A	1:49.81 ECAC
1) Maziejka, Liz JR	2) Belkevich, Connie JR	
3) Boyce, Melinda FR	4) Catanese, Kristan JR	
2 Cortland St.	A	1:50.34 ECAC
1) Evarts, Jenna SO	2) Militello, Erin FR	
3) Schafer, Nicole FR	4) Green, Wan'Que FR	
3 Plattsburgh St.	A	1:51.52 ECAC
1) TeRiele, Joanne SO	2) Risler, Jen JR	
3) Ewers, Mahalia JR	4) McCasland, Amy SO	
4 Cortland St.	C	x1:53.61
1) Sahm, Brittani SO	2) Montrose, Veronica SO	
3) Filipello, Brenna SO	4) Thomas, Michelle FR	
5 Oneonta	B	x1:56.38
1) Cunningham, Emily FR	2) Callahan, Ashley FR	
3) Colligan, Kaitlyn FR	4) Brown, Samantha FR	
6 Oswego State	A	1:57.32
1) Ripple, Christine SO	2) Boggan, Megan SR	
3) Dutchess, Janell SR	4) Backer, Diana FR	
7 St. Lawrence	A	1:58.04
1) LaPorte, Kiersten SO	2) Palmer, Emily SO	
3) Venezia, Jessica JR	4) Becker, Corinne FR	

## Event 30 Men 4x200 Meter Relay

Meet Record: 1:30.35 \* 12/8/2007 SUNY Cortland

K Ma, J Riese, M Bieringer, A Siddeeq

Field House: 1:28.49 ^ 3/4/2005

S Bullock, A Campbell, A Miles, R Hussey

SLU Record: 1:31.38 s 2/23/2007 22.70, 23.49, 22.35, 22.84

J Thornhill, D McFarland, K Burrall, S Heiss

1:35.44 ECAC

Team	Relay	Finals
1 Oneonta	A	1:33.14 ECAC
1) Bernstein, Sean FR	2) Romer, Fred SR	
3) Wren, Sean SO	4) Cox, Dustin FR	
2 Cortland St.	A	1:33.57 ECAC
1) McManus, Dan SO	2) Karpinski, Zachary FR	
3) Daves, Josh FR	4) Fugazot, Dan FR	
3 Plattsburgh St.	A	1:33.60 ECAC
1) Bieber, Jordan SR	2) Drollette, Brian FR	
3) Williams, Nate FR	4) Hamm, Peter JR	
4 Oswego State	A	1:34.64 ECAC
1) English, Andy SR	2) Kobuszewski, Geoff SR	
3) Galletta, Josh SR	4) Carapella, AJ SR	
5 St. Lawrence	A	1:36.18
1) Scott, Sean SO	2) Fisher, Andy FR	
3) Frymire, Leif FR	4) Mello, Nicholas SO	
6 Plattsburgh St.	B	x1:37.03
1) Burgess, Kewsi SO	2) Mercer, Kevin FR	
3) Stitt, Jeff SO	4) Garren, Josh FR	
7 Oswego State	B	x1:39.76
1) Kramarchyk, Demetrius FR	2) Dubzinski, Kyle SO	
3) Depugh, Chris FR	4) Vedder, Steven FR	
8 Oswego State	C	x1:46.48
1) Bennett, Joe FR	2) Meehan, Sean FR	
3) Watson, Jameel FR	4) Kane, Thorin FR	

## Event 31 Women Shot Put

Meet Record: 14.02m \* 12/11/2008 Alyssa Pirinelli

Field House: 15.22m ^ 1/18/2003 Caroline Larose

SLU Record: 14.20m s 3/7/2008 Alyssa Pirinelli

14.00m NC A

12.90m NC P

11.58m ECAC

Name	Yr	School	Finals
1 Pirinelli, Alyssa	SR	St. Lawrence	14.08m* NC A
2 Young, Shannon	SR	Plattsburgh St.	11.40m NYSA
3 Timmons, Sarah	SO	Oneonta	10.46m
4 Bley, Jillian	SR	Oneonta	10.30m
5 Yager, Samantha	FR	Oswego State	10.19m
6 Ingals, Jessica	SO	St. Lawrence	9.79m
7 Cutler, Heather	SO	St. Lawrence	7.78m

## SLU Holiday Relay Meet - 12/12/2009

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## Results - Holiday Relay Meet

## Event 32 Women Pole Vault

Meet Record: 3.45m \* 12/8/2007 Sarah Kimball  
 Field House: 3.46m ^ 2/28/2004 Allison Benson  
 SLU Record: 3.25m s 2/21/2004 Greta Elliott  
 3.85m NC A  
 3.50m NC P  
 3.20m ECAC

Name	Yr	School	Finals
<b>Finals</b>			
1 Nassauer, Christi	FR	Cortland St.	3.35m ECAC
2 Wignall, Sarah	JR	Cortland St.	3.05m NYSA
2 Ragard, Nicole	SR	Cortland St.	3.05m NYSA

## Event 33 Women Long Jump

Meet Record: 5.50m \* 12/14/2002 Kate De Puy  
 Field House: 5.84m ^ 2/28/2003 Kate De Puy  
 SLU Record: 5.87m s 2/22/2003 Kate DePuy  
 5.70m NC A  
 5.44m NC P  
 5.15m ECAC

Name	Yr	School	Finals
<b>Finals</b>			
1 Hotchkiss, Alana	FR	Cortland St.	4.91m NYSA
2 Stephens, Amber	FR	Cortland St.	4.79m
3 Venezia, Jessica	JR	St. Lawrence	4.76m
4 Harrington, Alexis	FR	Plattsburgh St.	4.65m
5 Green, Wan'Que	FR	Cortland St.	4.50m
6 Morris, Kylie	FR	St. Lawrence	4.49m
7 Thomas, Michelle	FR	Cortland St.	4.40m
8 Girsdansky, Gwendolyn	FR	Oswego State	4.37m
9 Wood, Cailey	SO	Oneonta	4.11m
10 Bush, Kendra	FR	St. Lawrence	4.08m

## Event 34 Men High Jump

Meet Record: 1.92m \* 12/9/2006 Andrew Krug  
 Field House: 2.10m ^ 1/27/2007 Nick Stanisavljevic  
 SLU Record: 2.04m s 1996 Pete Basta  
 2.10m NC A  
 2.02m NC P  
 1.93m ECAC

Name	Yr	School	Finals
<b>Finals</b>			
1 Manos, Steve	SO	Cortland St.	1.88m NYSA
2 Hilker, Drew	SR	Cortland St.	J1.88m NYSA
2 Cox, Dustin	FR	Oneonta	J1.88m NYSA
4 Hinds, Jerome	FR	Plattsburgh St.	1.83m NYSA
5 Scott, Mike	FR	St. Lawrence	J1.83m NYSA
6 Flynn, PJ	FR	Cortland St.	J1.83m NYSA
7 Drollette, Brian	FR	Plattsburgh St.	J1.83m NYSA

## Event 35 Men Shot Put

Meet Record: 16.55m \* 12/9/2006 Josh Dupuis  
 Field House: 16.63m ^ 3/5/2005 Matt Kuenzel  
 SLU Record: 16.54m s 3/14/2008 Geoff Grambo  
 16.75m NC A  
 15.54m NC P  
 14.35m ECAC

Name	Yr	School	Finals
<b>Finals</b>			
1 Trigo, Roger	FR	Oswego State	13.28m NYSA
2 Harding, Kevin	JR	Oneonta	13.27m NYSA
3 Watson, Jameel	FR	Oswego State	12.32m
4 Bereza, Sean	SO	Oswego State	12.12m
5 Rollo, Chris	SO	Oneonta	11.91m
6 Zink, Ian	SO	Plattsburgh St.	11.31m
7 Synder, Josh	SO	Oswego State	11.20m
8 Humbert, Greg	SO	Oneonta	10.39m
9 Bushey, Joshua	SR	Plattsburgh St.	10.33m
10 Meyer, Charles	SO	Plattsburgh St.	10.23m
11 Havener, Tom		Unattached	10.04m
12 Blaisdell, A.J.	FR	St. Lawrence	9.76m
13 Matthews, Elliott	FR	Plattsburgh St.	9.69m
14 Carboni, Alex	SR	Plattsburgh St.	9.50m
15 Ronayne, James		Unattached	9.36m
16 Depo, Ben	FR	Plattsburgh St.	9.02m
17 Woods, Brad	JR	Plattsburgh St.	8.03m
18 Payne, Duncan		Syr Chargers	7.49m

## Event 36 Men Pole Vault

Meet Record: 4.75m \* 12/11/2008 Ryan Pericozzi  
 Field House: 4.75m ^ 12/13/2008 Ryan Pericozzi  
 SLU Record: 4.89m s 1989 Alexander Grelland  
 5.10m NC A  
 4.65m NC P  
 4.40m ECAC

Name	Yr	School	Finals
<b>Finals</b>			
1 Field, Schuyler	JR	Cortland St.	4.10m NYSA
2 Williams, Bradley	SO	St. Lawrence	J4.10m NYSA
3 Nguyen, Tony	JR	Cortland St.	3.95m
4 Fugazot, Dan	FR	Cortland St.	J3.95m
5 Schwartz, Jake	JR	Cortland St.	3.80m
6 Jenkins, Michael	SO	St. Lawrence	3.20m
7 Meehan, Sean	FR	Oswego State	J3.20m
8 Bell, David	FR	St. Lawrence	3.05m
--- Kane, Thorin	FR	Oswego State	NH
--- Helveston, Thomas	FR	Plattsburgh St.	NH

## SLU Holiday Relay Meet - 12/12/2009

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## Results - Holiday Relay Meet

## Event 37 Men Long Jump

Meet Record: 6.73m \* 12/8/2001 Ohene Cornelius  
 Field House: 7.07m ^ 1/26/2002 Ohene Cornelius  
 SLU Record: 7.32m s 1997 Chris Burgess  
 7.20m NC A  
 6.92m NC P  
 6.70m ECAC

Name	Yr	School	Finals
<b>Finals</b>			
1 Hamm, Peter	JR	Plattsburgh St.	6.48m NYSA
2 Scott, Sean	SO	St. Lawrence	6.38m NYSA
2 Chamberlain, Mike	SO	Oswego State	6.38m NYSA
4 Daves, Josh	FR	Cortland St.	6.34m NYSA
5 Spalik, Justin	SO	St. Lawrence	6.32m NYSA
6 Hilker, Drew	SR	Cortland St.	6.31m NYSA
7 Garren, Josh	FR	Plattsburgh St.	6.29m
8 Galletta, Josh	SR	Oswego State	5.92m
9 Hinds, Jerome	FR	Plattsburgh St.	5.85m
10 Manos, Steve	SO	Cortland St.	5.83m
11 Ellis, Dasheen	FR	Cortland St.	5.72m
12 Depo, Ben	FR	Plattsburgh St.	5.67m
13 Matthews, Elliott	FR	Plattsburgh St.	5.50m

## Event 38 Women High Jump

Meet Record: 1.67m \* 12/11/2004 Imola Major  
 Field House: 1.78m ^ 1/17/2004 Kristy Kerin  
 SLU Record: 1.57m s K LaMora, S Smith  
 1.71m NC A  
 1.66m NC P  
 1.58m ECAC

Name	Yr	School	Finals
<b>Finals</b>			
1 Morris, Kylie	FR	St. Lawrence	1.53m NYSA
2 Filipello, Brenna	SO	Cortland St.	1.48m
3 Thomas, Michelle	FR	Cortland St.	J1.48m
4 Schafer, Nicole	FR	Cortland St.	J1.48m
5 Maynard, Amanda	SO	St. Lawrence	1.43m
5 Sanges, Felicia	SO	Plattsburgh St.	1.43m
5 Stephens, Amber	FR	Cortland St.	1.43m

## Event 39 Women Weight Throw

Meet Record: 16.22m \* 12/11/2008 Alyssa Pirinelli  
 Field House: 18.65m ^ 3/4/2005 Kelly Godsey  
 SLU Record: 15.89m s 2/29/2008 Alyssa Pirinelli  
 17.30m NC A  
 15.50m NC P  
 14.05m ECAC

Name	Yr	School	Finals
<b>Finals</b>			
1 Pirinelli, Alyssa	SR	St. Lawrence	15.75m NC P
2 Timmons, Sarah	SO	Oneonta	13.56m NYSA
3 Bley, Jillian	SR	Oneonta	12.62m
4 Ingals, Jessica	SO	St. Lawrence	11.35m
5 Cutler, Heather	SO	St. Lawrence	8.77m

## Event 40 Women Triple Jump

Meet Record: 10.81m \* 12/9/2006 Nicole Sosnoski  
 Field House: 11.69m ^ 3/5/2005 Diamond Jones  
 SLU Record: 11.56m s 3/8/2008 Jessica Venezia  
 11.80m NC A  
 11.23m NC P  
 10.75m ECAC

Name	Yr	School	Finals
<b>Finals</b>			
1 Green, Wan'Que	FR	Cortland St.	10.68m NYSA
2 Venezia, Jessica	JR	St. Lawrence	10.16m
3 Hotchkiss, Alana	FR	Cortland St.	10.15m
4 Maynard, Amanda	SO	St. Lawrence	9.95m
5 Harrington, Alexis	FR	Plattsburgh St.	9.93m
6 Schultz, Jenny	JR	Oneonta	9.39m
7 Girsdansky, Gwendolyn	FR	Oswego State	9.11m

## Event 41 Men Weight Throw

Meet Record: 21.69m \* 12/9/2006 Jesse Doty  
 Field House: 21.69m ^ 12/9/2006 Jesse Doty  
 SLU Record: 18.94m s 3/8/2008 Eric Jones  
 18.43m NC A  
 16.69m NC P  
 15.20m ECAC

Name	Yr	School	Finals
<b>Finals</b>			
1 Basher, Jake		Unattached	18.99m NC A
2 Jones, Eric	SR	St. Lawrence	17.86m NC P
3 Harding, Kevin	JR	Oneonta	14.06m NYSA
4 Franks, Anthony	FR	Plattsburgh St.	13.30m
5 Humbert, Greg	SO	Oneonta	12.33m
6 Meyer, Charles	SO	Plattsburgh St.	11.78m
7 Bereza, Sean	SO	Oswego State	11.43m
8 Rollo, Chris	SO	Oneonta	11.36m
9 Carboni, Alex	SR	Plattsburgh St.	10.67m
10 Brown, Dan		Unattached	9.87m
11 Blaisdell, A.J.	FR	St. Lawrence	8.22m
12 Ronayne, James		Unattached	7.29m
13 Payne, Duncan		Syr Chargers	6.90m
--- Bly, Kris	JR	Oswego State	FOUL
--- Bushey, Joshua	SR	Plattsburgh St.	FOUL

## Event 42 Men Triple Jump

Meet Record: 14.01m \* 12/11/2004 Shaun Hurley  
 Field House: 14.61m ^ 3/1/2003 Dwaine Alleyne  
 SLU Record: 14.18m s 1985 Mike O'Neil  
 14.68m NC A  
 14.08m NC P  
 13.51m ECAC

Name	Yr	School	Finals
<b>Finals</b>			
1 Ellis, Dasheen	FR	Cortland St.	14.14m* NC P
2 Chamberlain, Mike	SO	Oswego State	13.51m ECAC
3 Ofosu, Michael	FR	Cortland St.	13.45m NYSA
4 Flynn, PJ	FR	Cortland St.	13.22m NYSA

**SLU Holiday Relay Meet - 12/12/2009****Newell Field House****Results - Holiday Relay Meet**

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**Finals ... (Event 42 Men Triple Jump)**

<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Finals</b>
5 Scott, Sean	SO	St. Lawrence	13.14m NYSA
6 Stitt, Jeff	SO	Plattsburgh St.	12.99m NYSA
7 Hummel, Bob	JR	St. Lawrence	10.87m