

2011 SAINTS HOCKEY SCHOOL

Monday, August 29th - Thursday, September 1st

Camper Name: _____ Birth Date: (dd/mm/yy) _____

Address: _____ City _____ State/Prov. _____ ZIP _____

Home Phone: (_____) _____ Email: _____

Please select the appropriate box and complete the information

| |
|--------------------------|
| <input type="checkbox"/> |
| Ages 6 - 8 |
| Jersey size (circle one) |
| S M L XL |
| Cost \$180.00 |

| |
|--------------------------|
| <input type="checkbox"/> |
| Ages 9 - 10 |
| Jersey size (circle one) |
| S M L XL |
| Cost \$180.00 |

| |
|--------------------------|
| <input type="checkbox"/> |
| Ages 11 - 12 |
| Jersey size (circle one) |
| S M L XL |
| Cost \$180.00 |

\$50 Non-refundable deposit: Please make checks payable to St. Lawrence University Hockey School

Send deposit to: St. Lawrence University Hockey School • Appleton Arena • Canton, NY 13617



Chris Wells, Director of Hockey School

SLU Women's Hockey Coach



Chris Wells, who has coached the Saints' Women's Hockey team for each of the past three seasons, will again serve as the Director of the 2011 St. Lawrence Hockey School. Wells, a Canton, NY native, will be joined on the ice by fellow women's coaches Ted Wisner and Mare MacDougall. Several current Saint men's and women's hockey players will also serve as staff members throughout the 2011 hockey school.

cwells@stlawu.edu
(315) 229-5740

Monday-Wednesday Schedules

6-8 yr. Group

8am-8:30am Skating
8:30-8:50 Puck skills
8:50-9:20 Shooting
9:20-9:30 Small Games
9:30-9:45 Ice Flood
9:45-10:00 Team Concepts
10:00-10:30 Game

9-10 yr. Group

10:30-11:00 Skating
11:00-11:20 Puck Skills
11:20 Ice Flood
11:35-12:00 Shooting/Puck Skills
12:00-12:20 Small Games
12:20-12:30 Team concepts
12:30- 1:00 Game

11-12 yr. Group

1:15-1:45 Skating
1:45-2:15 Puck Skills
2:15-2:35 Shooting
2:35-2:45 Small Games
2:45 Ice Flood
3:00-3:15 Team Concepts
3:15-3:45 Game

Thursday Schedule

6-8 yr. Group

8-8:30 Skills Challenge
8:30-9:15 Game-Awards

11-12 yr. Group

11:00-11:30 Skills Challenge
11:30- 12:15 Game -Awards

9-10 yr. Group

9:30-10 Skills Challenge
10-10:45 Game-Awards

