

OPPORTUNITIES

AS A STUDENT, you will have many opportunities to learn through academic challenges in and out of the classroom and through interaction with faculty, staff and other students. However, the learning does not stop there. There are many opportunities for you to gain leadership experience and valuable skills through membership and involvement in student organizations. New students are strongly encouraged to integrate co- and extra-curricular experiences into your daily life at St. Lawrence and to participate fully in the many opportunities before you.

Following is a sample of the many organizations that are or have recently been available to students; the list is subject to frequent change, depending upon student interest. You will hear much more about these when you reach campus. Many students build connections through co-curricular involvement that last well past college.

We ask that you take a few moments to complete the **Co-Curricular Involvement Questionnaire** enclosed. This information will be used to connect you with opportunities you are interested in after you arrive on campus.

Student Organizations Campus Media and Publications

Gridiron (yearbook)
The Hill News (student newspaper)
KSLU Radio
The Laurentian Magazine (literary magazine)
St. Lawrence Review (published research)
SexEDitorial (student newsletter)
SLU Photo Service
The Stump (student free speech magazine)

Governing Bodies

Academic Honor Council
Class Councils
Panhellenic Council
St. Lawrence University Student Activities Fund (SLUSAF)
Student Judiciary Board
Thelomathesian Society (student government)

Club Sports

(subject to change as determined by student interest)
Alpine Ski/Snowboard Club Mountain Bike Club
Club Hockey (men's and women's) Nordic Ski Club
Club Lacrosse (men's and women's) Powder Coalition
Cricket Club Rugby (men's and women's)
Cycling Saints Ultimate Frisbee Club
Fencing Club Wrestling Club

Community Service

Alpha Phi Omega SLU ACT!
Circle K SLU Rotaract
Habitat for Humanity

Fraternities and Sororities

(Greek chapters)
Alpha Tau Omega
Chi Omega
Delta Delta Delta
Kappa Delta Sigma
Kappa Kappa Gamma

Special-Interest

(subject to change as determined by student interest)

A Latino Multicultural Alliance (ALMA)
Africa Student Union
Amnesty International
Animal Welfare Enthusiasts (AWE)
Anime/Manga Club
Anthropology Club
Asian Students Increasing Awareness (ASIA)
Association for Campus Entertainment (ACE) *(student programming board)*
Biology Society
Black Cultural Center
Black Student Union
Club PEACE (Promoting Equality and Compassion on Earth)
Coalition on Climate Change
Democracy Matters
Electronic Entertainment Club
Environmental Action Organization (EAO)
First Peoples Student Alliance
First Response Team (EMS)
French Club
Geology Club
Global Engagement Club
History Society
International House
Intersarsity Christian Fellowship
Investment Club
Jewish Student Union
Male Athletes Against Sexual Violence
Mathematics Club
Newman Club
Pink Triangle
The Rounder's Club
Omicron Delta Kappa (national leadership honorary)
Outing Club
SABHA (South Asia Bollywood and Holiday Association)
Sexual and Gender Activists (SAGA)
SLU American Chemical Society
SLU Democrats
SLU Model United Nations
SLU Republicans
Society of Physics Students
Society of United Laurentians (SOUL)
Student Alumni Association
Women's Action Group
Women's Resource Center



Visual and Performing Arts Groups

Dance Ensemble Sinners (women's a cappella chorus)
Dance Team Student Art Union
Early Music Ensemble Swinging Saints
Laurentian Singers (choral group) University Chorus
Saints (men's a cappella chorus)

Sports and Recreation Facilities

- Augsbury Physical Education Center including the Frank & Lee Augsbury swimming pool and Burkman gymnasium
- Newell Field House including a 200-meter indoor track, indoor tennis courts, 133-station Stafford Fitness Center and Munro Family Climbing Wall, Littlejohn Athletic Training Center
- Leithead Field House
- Robie Squash Center

- Leckonby Stadium, overlooking Weeks Field for football, Merrick-Pinkard Track (nine lanes) and field venues
- North Country Field with Astroturf and lights
- Appleton Arena (hockey)
- Saints Softball Field
- Sammis Tennis Courts
- Sandy MacAllaster Soccer Stadium
- Tom Fay Field for Baseball
- Ronald C. Hoffman Cross Country Course
- Elsa Gunnison Appleton Riding Center and outdoor grounds
- The boat house, on the St. Lawrence River
- An 18-hole golf course
- An indoor golf training center that features a simulator, computer swing analysis, putting green, chipping area and hitting nets.

Intramurals: Basketball, Broomball, Flag Football

Varsity Sports: go to www.stlawu.edu/sports/sports.html.

Student Leadership

Student leadership at St. Lawrence University happens through a variety of intentionally designed programs, activities and opportunities. The overriding goal of student leadership at St. Lawrence University is to create co-curricular opportunities for students to learn, develop and practice principles of ethical leadership. Programs targeted at students' needs and interests are offered throughout the year.

The Student Activities and Leadership office makes a special effort to reach out to first-year students to get them connected with other first-year colleges through the formation of the First-Year Council. Students can also participate in co-curricular leadership development programs scheduled throughout the year.

First-Year Cup

You are about to join the community of learners that is St. Lawrence. We hope that you will never forget your

days here, and the First-Year Cup is one way to begin to create those memories. Being a student at St. Lawrence means being engaged — both inside and outside the classroom.

The First-Year Cup seeks to promote and recognize student involvement in a variety of campus activities including our annual Writers Series, special lectures, events at the Student Center, First-Year Cup intramural sports, concerts and plays, and much more. By attending these events, you accumulate points and win prizes for your FYP college as well as for yourself. The FYP college with the most points wins the First-Year Cup, including a special prize, and is recognized at Moving-Up Day. Information will be available about the First-Year Cup through the Web site (www.stlawu.edu/fycup), announcements and regular e-mails listing the events.



Volunteer Center

The Volunteer Center coordinates community and campus service projects and provides students with a choice of alternative Spring Break trips. In 2007, 20 St. Lawrence volunteers went to Slidell, LA, to help build houses in this hurricane-devastated area for Habitat for Humanity's Collegiate Challenge program. Another 10 volunteers went on a trip to the St. Francis Inn in the inner city of Philadelphia, PA, to help the Franciscan living and working community in their soup kitchen and women's center.

Outdoor Program

The Outdoor Program seeks to educate students in outdoor leadership and skills, instill an environmental ethic, and empower students through outdoor and wilderness exploration and experiences. Course offerings are one to ten days in length and include backpacking, whitewater canoeing and kayaking, rock climbing, mountaineering, ice climbing, snowshoeing, and Telemark and backcountry skiing. The Outdoor Program also offers a semester-long course during spring semester; Guide Training prepares student guides in technical, backcountry and leadership skills.

The Munro Family Climbing Wall is St. Lawrence's indoor climbing facility, managed by the Outdoor Program. Novices can take an introduction to climbing and belaying clinic. Advanced clinics such as movement and lead climbing are also offered. Events at the wall include two annual climbing competitions, theme nights and women's night. The wall is open daily for open climbing hours. Climbing gear is provided.

The Outdoor Program administers an on-campus recreational paddling facility on the Little River, just downstream of the Park Street Bridge. Tandem canoes and flatwater kayaks are available for on-site day use in the fall until the onset of cold weather, and in the spring as soon as weather and water levels permit. Paddles and personal floatation devices (PFDs) are provided.

The Outdoor Program and the St. Lawrence University Outing Club jointly administer an outdoor equipment cache located at the Outdoor Program office. General-use items such as tents, camp stoves, sleeping bags, touring skis, snowshoes and backpacks are available to all St. Lawrence community members for a nominal fee. An annual fee of \$20 covers unlimited use of our inventory. For more information on the outdoor program, check the Web site at www.stlawu.edu/outdoor.

Co-Curricular Involvement Questionnaire

ST. LAWRENCE UNIVERSITY

SLU Class of _____

Please print legibly

Name Mr. Ms. _____

While academics are the primary reason for attending St. Lawrence, many students complete that experience with co-curricular involvement. This information will help us assist you in making connections with interests and other students during your first year on campus.

Do you intend to get involved in campus life during your first year at St. Lawrence? Yes No

If yes, what are you most interested in?

Communications

- Newspaper
- Radio
- Magazine/Publications
- Yearbook

Arts

- Theater
- Music
- Dance
- Other _____

Government/Leadership

- Student government
- Class officer/council member
- Leadership development
- Other _____

Special Interest Groups

- Political _____
- Religious _____
- Activist _____
- Other _____

Community Service (Please list your interest areas):

Sports Clubs/Intramurals (Please list your interest areas):

Campus Events

- Coordinating campus activities and entertainment
- Other _____
- Late night programs

PLEASE RETURN THIS IN THE LARGE ENVELOPE PROVIDED.

Spiritual Information *and* Activities ST. LAWRENCE UNIVERSITY

SLU Class of _____

Please print legibly

Name Mr. Ms. _____

Religious community at home _____ Name of clergy/leader: _____

Please indicate your religious affiliation:

- | | | | |
|---|--|---|---|
| <input type="checkbox"/> Bahá'í | <input type="checkbox"/> Greek Orthodox | <input type="checkbox"/> Lutheran | <input type="checkbox"/> Russian Orthodox |
| <input type="checkbox"/> Baptist | <input type="checkbox"/> Hindu | <input type="checkbox"/> Methodist | <input type="checkbox"/> Sikh |
| <input type="checkbox"/> Buddhist | <input type="checkbox"/> Historically African American Denominations | <input type="checkbox"/> Muslim | <input type="checkbox"/> United Church of Christ (Congregational) |
| <input type="checkbox"/> Christian Science | <input type="checkbox"/> Jain | <input type="checkbox"/> Presbyterian | <input type="checkbox"/> Unitarian-Universalist |
| <input type="checkbox"/> Earth-Based Traditions | <input type="checkbox"/> Jewish | <input type="checkbox"/> Quaker | <input type="checkbox"/> None |
| <input type="checkbox"/> Episcopal | | <input type="checkbox"/> Roman Catholic | <input type="checkbox"/> Other: _____ |

The information collected here is used for reporting affiliation in total numbers, and your name may be forwarded to your religious community in Canton.

Please check here if you do *not* wish your religious affiliation shared.

Signature _____ Date _____

Please check organizations below if you would like information about them sent to you once you are on campus:

- | | |
|---|--|
| <input type="checkbox"/> African Student Union | <input type="checkbox"/> First Peoples Student Alliance (Native American Organization) |
| <input type="checkbox"/> ALMA (Latino, multi-cultural organization) | <input type="checkbox"/> Jewish Student Union |
| <input type="checkbox"/> ASIA (Asian student organization) | <input type="checkbox"/> Muslim Student Association |
| <input type="checkbox"/> Black Student Union | <input type="checkbox"/> St. Thomas More Newman Club |
| <input type="checkbox"/> Christian Fellowship | |

Interests:

- Community volunteer service
- Worship (planning, leading, special music)
- Spirituality and career choices

PLEASE RETURN THIS IN THE LARGE ENVELOPE PROVIDED.