

OPPORTUNITIES

AS A STUDENT, YOU WILL have many opportunities to learn through academic challenges in and out of the classroom and through interaction with faculty, staff and other students. However, the learning does not stop there. There are many opportunities for you to gain leadership experience and valuable skills through membership and involvement in student organizations. New students are strongly encouraged to integrate co- and extracurricular experiences into your daily life at St. Lawrence and to participate fully in the many opportunities before you.

Following is a sample of the many organizations that are or have recently been available to students; the list is subject to frequent change, depending upon student interest. You will hear much more about these when you reach campus. Many students build connections through co-curricular involvement that last well past college.

We ask that you take a few moments to complete the **Co-Curricular Involvement Questionnaire** enclosed. This information will be used to connect you with opportunities you are interested in after you arrive on campus.

Campus Media and Publications

Gridiron (yearbook)
The Hill News (student newspaper)
KSLU Radio
The Laurentian Magazine (literary magazine)
St. Lawrence Review (published research)
The SEX Editorial (student newsletter)
SLU Photo Service
The Stump (student free speech magazine)

Governing Bodies

Academic Honor Council
Class Councils
Panhellenic Council
St. Lawrence University Student Activities Fund (SLUSAF)
Student Judiciary Board
Thelomathesian Society (student government)

Club Sports

(*subject to change as determined by student interest*)
Alpine Ski/Snowboard Club Nordic Ski Club
Club Hockey (men's and women's) Rugby Club (men's and women's)
Club Lacrosse Soccer
Cricket Club SLU Harriers (cross-country)
Cycling Saints Ultimate Frisbee
Fencing Club

Community Service

Circle K Senior Buddies
Habitat for Humanity SLU Act!
Rotaract SLU Buddies

Fraternities and Sororities

(*Greek chapters*)
Alpha Tau Omega
Chi Omega
Delta Delta Delta
Kappa Delta Sigma
Kappa Kappa Gamma

Special-Interest Organizations

(*subject to change as determined by student interest*)

Association for Campus Entertainment (ACE)
(student programming board)
A Latino Multicultural Alliance (ALMA)
Africa Student Union
Amnesty International
Anthropology Club
Biology Society
Black Cultural Center
Black Student Union
Chess Club
Democracy Matters
Electronic Entertainment Club
Environmental Action Organization (EAO)
First Peoples Student Alliance
First Response Team (EMS)
French Club
Geology Club
Historical Society
International House
Intersivity Christian Fellowship
Investment Club
Jewish Student Union
Justice for Children International
Male Athletes Against Sexual Violence
Mathematics Club
Newman Club
Oxfam: CHANGE
Pink Triangle
PRIDES (People Recognizing Individual, Diversity and Equality of Sexuality)
The Rounder's Club
Omicron Delta Kappa (national leadership honorary)
Outing Club
SABHA (South Asia Bollywood and Holiday Association)
SLU American Chemical Society
SLU Democrats
SLU Model United Nations
SLU Republicans
SLU Rotaract
Society of Physics Students
Student Alumni Association
Women's Action Group
Women's Resource Center

Visual and Performing Arts Groups

Dance Ensemble
Dance Team
Early Music Ensemble
Laurentian Singers (choral group)
Saints (men's *a cappella* chorus)
Sinners (women's *a cappella* chorus)
Student Art Union
Swinging Saints
University Chorus

Sports and Recreation Facilities

Augsbury Physical Education Center including the Frank & Lee
Augsbury swimming pool and Burkman gymnasium
Newell Field House including a 200-meter indoor track, indoor tennis courts, 133-station Stafford Fitness Center and Munro Family Climbing Wall, Littlejohn Athletic Training Center

Leithhead Field House
 Robie Squash Center
 Leckonby Stadium, overlooking Weeks Field for football, Merrick-Pinkard Track (nine lanes) and field venues
 North Country Field with Astroturf and lights
 Appleton Arena (hockey)
 Saints Softball Field
 Sammis Tennis Courts
 Sandy MacAllaster Soccer Stadium
 Tom Fay Field for Baseball
 Ronald C. Hoffman Cross Country Course
 Elsa Gunnison Appleton Riding Center and outdoor grounds
 The boat house, on the St. Lawrence River
 An 18-hole golf course
 An indoor golf training center that features a simulator, computer swing analysis, putting green, chipping area and hitting nets.
 Intramurals:
 Basketball
 Broomball
 Flag Football
 Ice Hockey
 Sand Volleyball

Varsity Sports: go to www.stlawu.edu/sports/sports.html.

Leadership Academy and David Garner Center for Collegiate Volunteerism

Student leadership and community service at St. Lawrence University happen through a variety of intentionally designed programs, activities and opportunities. The overriding goal of the Leadership Academy and the David Garner Center for Collegiate Volunteerism is to create co-curricular opportunities for students to learn, develop and practice principles of ethical leadership and service to others. Programs targeted at students' needs and interests are offered throughout the year.

First-Year Cup

You are about to join the community of learners that is St. Lawrence. We hope that you will never forget your days here, and the First-Year Cup is one way to begin to create those memories. Being a student at St. Lawrence means being engaged and learning both inside and outside the classroom. The First-Year Cup seeks to promote and recognize student involvement in a variety of campus activities including the Writers Series, visiting lecturers, events at the Student Center, First-Year Cup intramural sports, various concerts and plays, and much more. By attending these events, you accumulate points and win prizes for your FYP college as well as for yourself. The FYP college with the most points wins the First-Year Cup, including a special prize, and is recognized at Moving-Up



Day. Information will be available about the First-Year Cup through a Web site, announcements, and regular e-mails listing the events.

We hope you will join us for the annual First-Year Cup Festival on the first weekend of fall semester!

The Leadership Academy makes a special effort to reach out to first-year students to get them connected with other first-year colleges through the formation of the First-Year Council. Students can also participate in Leadership Academy sponsored co-curricular leadership development programs scheduled throughout the year. The Volunteer Center coordinates community and campus service projects and provides students with a choice of alternative Spring Break trips. In 2006, 20 St. Lawrence volunteers went to Slidell, LA, to help build houses in this Hurricane-devastated area for Habitat for Humanity's Collegiate Challenge program. Another 10 volunteers went on a trip to the St. Francis Inn in the inner city of Philadelphia, PA, to help the Franciscan living and working community in their soup kitchen and women's center. A third group of 10 went to Los Angeles as part of their course in Transformative Leadership, Peace Making and Non-Violent Communication to be trained in peace games and other experiential learning models related to peacemaking.

Anchored in the belief that all of our students will at some point be in positions of leadership, leadership and volunteer programs are open to the entire student body. The lounge in the Hulett-Jencks commons area provides an ideal gathering space for representatives from our theme halls, First-Year Council and other leadership and volunteer organizations on campus.

Outdoor Program

The Outdoor Program seeks to educate students in outdoor leadership and skills, instill an environmental ethic, and empower students through outdoor and wilderness exploration and experiences. Course offerings are one to 10 days in length and include backpacking, whitewater canoeing and kayaking, rock climbing, mountaineering, ice climbing, snowshoeing, and Telemark and backcountry skiing. The Outdoor Program also offers a semester-long course during spring semester called Guide Training, during which we train student guides in technical, backcountry and leadership skills.

The Munro Family Climbing Wall is St. Lawrence's indoor climbing facility, managed by the Outdoor Program. Novices can take an introduction to climbing and belaying clinic. Advanced clinics such as movement and lead climbing are also offered. Events at the wall include two annual climbing competitions, theme nights and women's night. The wall is open daily for open climbing hours. Climbing gear is provided.

The Outdoor Program administers an on-campus recreational paddling facility on the Little River, just downstream of the Park Street Bridge. Tandem canoes and flatwater kayaks are available for on-site day use in the fall until the onset of cold weather, and in the spring as soon as weather and water levels permit. Paddles and personal floatation devices (PFDs) are provided.

The Outdoor Program and the St. Lawrence University Outing Club jointly administer an outdoor equipment cache located at the Outdoor Program office. General-use items such as tents, camp stoves, sleeping bags, touring skis, snowshoes and backpacks are available to all St. Lawrence community members for a nominal fee. An annual fee of \$20 covers unlimited use of our inventory. For more information on the outdoor program, check the Web site at stlawu.edu/outdoor.